Topical resiquimod can induce disease regression and enhance T-cell effector functions in cutaneous T-cell lymphoma

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Abstract: Early-stage cutaneous T-cell lymphoma (CTCL) is a skin-limited lymphoma with no cure aside from stem cell transplantation. Twelve patients with stage IA-IIA CTCL were treated in a phase 1 trial of 0.03% and 0.06% topical resiquimod gel, a Toll-like receptor 7/8 agonist. Treated lesions significantly improved in 75% of patients and 30% had clearing of all treated lesions. Resiquimod also induced regression of untreated lesions. Ninety-two percent of patients had more than a 50% improvement in body surface area involvement by the modified Severity-Weighted Assessment Tool analysis and 2 patients experienced complete clearing of disease. Four of 5 patients with folliculotropic disease also improved significantly. Adverse effects were minor and largely skin limited. T-cell receptor sequencing and flow cytometry studies of T cells from treated lesions demonstrated decreased clonal malignant T cells in 90% of patients and complete eradication of malignant T cells in 30%. High responses were associated with recruitment and expansion of benign T-cell clones in treated skin, increased skin T-cell effector functions, and a trend toward increased natural killer cell functions. In patients with complete or near eradication of malignant T cells, residual clinical inflammation was associated with cytokine production by benign T cells. Fifty percent of patients had increased activation of circulating dendritic cells, consistent with a systemic response to therapy. In summary, topical resiquimod is safe and effective in early-stage CTCL and the first topical therapy to our knowledge that can induce clearance of untreated lesions and complete remissions in some patients. This trial was registered at www.clinicaltrials.gov as NCT813320.

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LYMPHOID NEOPLASIA

Topical resiquimod can induce disease regression and enhance T-cell effector functions in cutaneous T-cell lymphoma

Alain H. Rook, Joel M. Gelfand, Maria Wysocka, Andrea B. Troxel, Bernice Benoit, Christian Surber, Rosalie Elenitzas, Marie A. Buchanan, Deborah S. Leahy, Rei Watanabe, Ilan R. Kirsch, Ellen J. Kim, and Rachael A. Clark

Introduction

Cutaneous T-cell lymphomas (CTCL) are a heterogeneous collection of non-Hodgkin lymphomas derived from T cells that traffic to the skin. Distinct clinical subtypes of CTCL include mycosis fungoides (MF), in which patients present with skin-limited disease consisting of inflammatory patches and plaques, and leukemic CTCL, in which malignant T cells accumulate in the skin, blood, and lymph nodes. Although approximately 80% of early-stage CTCL (MF) patients have a normal life expectancy, approximately 20% of patients progress to more aggressive disease, which can include development of skin tumors and systemic metastases. The only potentially curative therapy for both advanced MF and leukemic CTCL is stem cell transplantation. MF is a lifelong disease, even in patients who do not develop progressive disease. Topical steroids, light therapy, and other skin-directed therapies suppress the disease but skin lesions commonly recur following discontinuation of therapy. A curative therapy is needed, both to eradicate disease when it is still manageable in patients who will progress and to spare patients with stable disease from lifelong skin-directed therapies that can weaken the immune system and put patients at increased risk for skin cancer.

Substantial emerging data indicate that host antitumor immunity plays a critical role in controlling CTCL disease progression. For example, the beneficial effects of recombinant interleukin-12 (IL-12) in CTCL are likely mediated through the induction of cellular immunity and cytotoxic T-cell responses. The imidazoquinolines are a class of small organic molecules with potent antiviral and anticancer activities. Imiquimod, a Toll-like receptor 7 (TLR7) agonist, is Food and Drug Administration–approved for the topical treatment of genital warts, basal cell carcinomas, and low-risk squamous cell carcinomas of the skin; there have also been reports of efficacy in cutaneous metastases of malignant melanoma, invasive squamous cell carcinomas, and MF.

Imiquimod induces production of multiple inflammatory cytokines, including interferon-α (IFN-α), tumor necrosis factor-α (TNF-α), IL-1α,
IL-6, and IL-8, from human plasmacytoid dendritic cells (PDCs), the only human dendritic cell (DC) population that expresses TLR7.12,13 PDCs are frequent in inflamed skin and skin cancers but are rare in healthy skin.9,14 In human basal cell carcinoma, the lack of PDCs in tumors was associated with imiquimod treatment failure.14 Resiquimod is an imidazoquinoline with potent TLR7 and TLR8 stimulating activity.15 In humans, TLR8 is expressed by myeloid-derived DCs, the dominant population of DCs in healthy and inflamed human skin; resiquimod but not imiquimod potently activates these cells.13,15 Given resiquimod’s ability to stimulate DC in both healthy and inflamed skin, we chose this medication to test in the treatment of CTCL.

We describe here a phase 1 trial of 0.06% and 0.03% topical resiquimod gel applied to a limited number of skin lesions in patients with stage IA-IIA CTCL. Resiquimod had high clinical response rates, even in refractory early-stage patients, and some patients also had regression of untreated lesions. Translational studies demonstrated reduction in the malignant T-cell clones in 90% of patients and complete eradication of malignant T cells from the studied lesions in 30% of patients. High-responding patients had recruitment and expansion of benign T-cell clones in treated lesions and activation of T cells and natural killer (NK) cells in the skin.

Methods

Human subjects

All studies were conducted in accordance with the Declaration of Helsinki and approved by the University of Pennsylvania’s Institutional Review Board and the Institutional Review Board of the Partners Human Research Committee (Partners Research Management). Written consent was obtained from all patients before study entry and sample collection. Patients who entered into the study met the World Health Organization-European Organization of Research and Treatment of Cancer (EORTC) definition of MF, and to be eligible to participate were required to have early-stage CTCL (IA-IIA) in accordance with the Tumor-Node-Metastasis-Blood 2007 and EORTC revised classification system. Each was assigned a unique study number permitting the study principal investigator and study coordinator to have access to patient historical information. J.G. and A.T. analyzed the data and all authors had access to primary clinical trial data.

Study procedures and treatment

This was an open-label phase 1 trial with the objective of exploring the safety and efficacy of 2 concentrations of resiquimod gel (0.06% and 0.03%) applied to lesions of early-stage (IA, IB, IIA) CTCL. Subjects applied up to 500 mg of drug per day to up to 4 target lesions in the 0.06% group or to 5 target lesions in the 0.03% group covering a surface area of up to 100 cm². No other therapies, with several having failed as many as 11 prior therapies of DNA template.16-18 Frozen and FFPE tissues gave comparable results (supplemental Figure 2).

DC and T-cell flow cytometry analyses

Peripheral blood mononuclear cells (PBMCs) were isolated by Ficoll centrifugation. T cells were isolated from skin by short-term explant culture as previously described.19,20 Cells were immunostained with directly conjugated monoclonal antibodies (BD Biosciences, eBioscience, Biologic, Beckman Coulter, or R&D Systems). For cytokine analyses, T cells were treated for 4 hours with control medium or 50 ng/mL PMA (Sigma Aldrich) and 750 ng/mL ionomycin (Life Technologies) plus 10 μg/mL Brefeldin A (BD Biosciences). Cells were surface stained, fixed, permeabilized, stained with anticytokine antibodies, and then analyzed on a Becton Dickinson FACSCanto or FACSCalibur instrument. Results were analyzed using FACSDivine or FlowJo software. Resiquimod-treated DC PBMCs were cultured with 10 μg/mL resiquimod in RPMI 1640 medium with 10% fetal bovine serum, penicillin/streptomycin, and l-glutamine for 18 hours. DCs were identified by gating on CD11c+ cells.

Statistical analyses

Primary methods of data analysis included descriptive statistics (means, medians, and standard deviations). Differences between 2 sample groups were detected using the 1-tailed Wilcoxon-Mann-Whitney test, α = 0.05. For comparisons of multiple groups, a Kruskal-Wallis 1-way analysis of variance with a Bonferroni-Dunn posttest for multiple means test was used, α=0.05.

Results

Resiquimod an effective therapy for early-stage CTCL that can induce regression of both treated and untreated lesions

Fourteen patients were enrolled in the phase 1 trial, 13 commenced therapy, 1 dropped out for personal reasons, and 12 completed therapy. Ten had stage IB CTCL, one had stage IA, one had stage IIA, and 5 had folliculotropic disease. Enrolled patients had failed a mean of 6 prior therapies, with several having failed as many as 11 prior therapies.
(Table 1). Despite the refractory nature of their disease, 11 of 12 patients (92%) experienced significant improvement by the end of the treatment period. Resiquimod therapy was associated with migration of CD8 T cells into treated skin lesions (supplemental Figure 1). CAILS scoring was used to evaluate the responses of treated index lesions and SWAT scoring was used to evaluate overall disease burden and the response of untreated lesions.

Patient 3 had stage IB CTCL with a 15-year history of inflammatory patches and plaques despite the use of 11 prior therapies. This patient experienced complete clearing of both treated and untreated skin lesions after treatment of a subset of lesions with 0.06% resiquimod (Figure 1A). Patient 2 experienced complete clearing of the treated index lesion, but only partial clearing of untreated lesions (Figure 1A-B); patient 6 had partial responses in both treated and untreated lesions (Figure 1A). When treated lesions were evaluated by CAILS scoring, 9 of 12 treated patients (75%) had significant improvement, with complete clearance in 4 of 12 treated patients and partial responses in 5 patients (Figure 2A). The remaining 3 patients also improved, but did not meet criteria for a partial response (more than 50% improvement).

Table 1. Patient characteristics

<table>
<thead>
<tr>
<th>Patient no., age/sex</th>
<th>Stage</th>
<th>Lesion character</th>
<th>Previous therapy</th>
<th>Drug dose, %</th>
<th>Best response (SWAT)</th>
<th>No. of adverse events</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 70 y/M</td>
<td>IB</td>
<td>Folliculotropic plaque</td>
<td>Interferon, Aldara cream, Tazorac cream, nitrogen mustard ointment, IFN-α, Clobetasol cream, PUVA, Carmustine ointment, Bexarotene capsules, intralesional Kenalog, total skin electron beam radiation</td>
<td>0.06</td>
<td>Partial</td>
<td>Fever, skin erosion</td>
</tr>
<tr>
<td>2 77 y/M</td>
<td>IB</td>
<td>Patch, plaque</td>
<td>Topical steroids, Aldara cream, nitrogen mustard ointment, topical carmustine, narrow-band UVB, PUVA, total skin electron beam radiation, IFN-α</td>
<td>0.06</td>
<td>Partial</td>
<td>Skin erosion, headache</td>
</tr>
<tr>
<td>3 68 y/M</td>
<td>IB</td>
<td>Patch, plaque</td>
<td>Clobetasol, IFN-α, tazarotene cream, Aldara, Aclostrate cream, Bexarotene capsules, Bexarotene gel, nitrogen mustard ointment, narrow-band UVB, PUVA, electron beam radiation</td>
<td>0.06</td>
<td>Complete</td>
<td>Fever, skin erosion</td>
</tr>
<tr>
<td>4 75 y/M</td>
<td>IIA</td>
<td>Patch</td>
<td>IFN-α, nitrogen mustard ointment, Clobetasol cream, hydrocortisone cream</td>
<td>0.06</td>
<td>Partial</td>
<td>Skin irritation</td>
</tr>
<tr>
<td>5 41 y/M</td>
<td>IA</td>
<td>Folliculotropic patch</td>
<td>Carmustine ointment, Clobetasol cream, Imiquimod 3.75% gel</td>
<td>0.06</td>
<td>Stable disease</td>
<td></td>
</tr>
<tr>
<td>6 63 y/M</td>
<td>IB</td>
<td>Folliculotropic patch</td>
<td>Bexarotene gel, Bexarotene capsules, IFN-α, narrow-band UVB, nitrogen mustard ointment, Carmustine ointment, tazarotene cream, Imiquimod 3.75%, Halobetasol cream</td>
<td>0.06</td>
<td>Partial</td>
<td>Skin erosion</td>
</tr>
<tr>
<td>7 33 y/F</td>
<td>IB</td>
<td>Patch</td>
<td>Narrow-band UVB, nitrogen mustard ointment, cortisone creams (multiple)</td>
<td>0.06</td>
<td>Partial</td>
<td></td>
</tr>
<tr>
<td>8 51 y/M</td>
<td>IB</td>
<td>Folliculotropic patch</td>
<td>Betamethasone dipropionate, Carmustine ointment, Triamcinolone cream, PUVA</td>
<td>0.06</td>
<td>Complete</td>
<td>Headache, myalgias</td>
</tr>
<tr>
<td>9 70 y/M</td>
<td>IB</td>
<td>Patch</td>
<td>Clobetasol cream, IFN-α, nitrogen mustard ointment</td>
<td>0.03</td>
<td>Partial</td>
<td>Skin irritation</td>
</tr>
<tr>
<td>10 65 y/F</td>
<td>IB</td>
<td>Patch</td>
<td>Carmustine ointment, nitrogen mustard ointment, PUVA, narrow-band UVB, topical steroids (multiple)</td>
<td>0.03</td>
<td>Partial</td>
<td></td>
</tr>
<tr>
<td>11 63y/F</td>
<td>IB</td>
<td>Folliculotropic plaque</td>
<td>Clobetasol cream, nitrogen mustard ointment, Carmustine ointment, IFN-α, IFN-γ, Aldara, PUVA, Tazorac cream, local electron beam radiation</td>
<td>0.03</td>
<td>Partial</td>
<td></td>
</tr>
<tr>
<td>12 25 y/F</td>
<td>IB</td>
<td>Patch</td>
<td>PUVA, nitrogen mustard ointment, narrow-band UVB, Bexarotene capsules, Bexarotene gel, Carmustine ointment, IFN-γ, IFN-α</td>
<td>0.03</td>
<td>Partial</td>
<td>Skin irritation</td>
</tr>
</tbody>
</table>

PUVA, psoralen and UVA therapy.

Adverse effects of resiquimod gel were considered minor (all grade I according to the National Cancer Institute Common Toxicity Criteria) and were primarily related to local skin irritation. There were no serious adverse effects documented and none of the patients dropped out because of adverse effects of the study drug. Five of 8 patients using the 0.06% gel developed superficial skin erosions at some sites of treatment that healed completely within 1 week of temporary discontinuation of the medication. Erosions did not recur with reinitiation of topical resiquimod. Two patients using the 0.06% gel experienced 2 days of low-grade fever (below than 100.5°F) at the commencement of drug application. The remainder of the documented adverse effects (Table 1) was believed to be unrelated to the study drug.
TCR sequencing demonstrates reduced malignant clonal T cells in 90% of patients treated with topical resiquimod

High-throughput sequencing (HTS) of the CDR3 of TCR-β genes provides comprehensive and quantitative analyses of how many distinct T-cell clones are present within a sample, the relative frequency of each clone, and the exact unique nucleotide sequences of each T-cell clone’s CDR3 region. DNA from biopsies of the same treated lesion, before treatment and 8 weeks after treatment, were analyzed by TCR-β HTS to identify and quantify the malignant T-cell clone (Figure 3). Of 11 patients studied, an expanded clonal T-cell population was identified in 10 (Table 2). Nine of 10 patients treated with topical resiquimod had reductions in the percentage of malignant T cells, 3 had complete eradication of the malignant clone, and a fourth had a 99.6% reduction (Figure 4A; Table 2). Improvement in skin inflammation tended to lag behind reduction or eradication of the malignant T-cell clone from treated lesions (Figure 4B).

Eradication of malignant T cells correlated with recruitment and expansion of new responding benign T cells but not to clonal T-cell burden or number of infiltrating T cells after therapy

We evaluated the absolute numbers of malignant T cells (Figure 5A) and benign infiltrating T cells (Figure 5B) in skin lesions before and 8 weeks after initiating therapy with topical resiquimod. The number of malignant T cells before therapy (initial malignant T-cell burden) and the total number of benign infiltrating T cells before or after therapy were not significantly different in clinical high responders (patients 3 and 8) and complete molecular responders (clearance of the malignant T cells; patients 3, 8, and 11) vs patients who responded less favorably. The numbers of expanded benign T-cell clones after therapy, defined as clones that made up more than 1% of the total T-cell population, were significantly higher in complete responders (Figure 5C). To determine if these expanded T-cell clones were resident in the skin before resiquimod therapy, we identified the top 20 benign T-cell clones after...
treatment and determined if these clonal T-cell sequences were also present before therapy (Figure 5D). Although differences did not reach statistical significance, improved clearance of the malignant T-cell clone was associated with recruitment of new benign T-cell clones that were not present before therapy. In resiquimod high responders, T-cell clones that were present before therapy also underwent marked expansion (Figure 5E-F; supplemental Figure 3).

Malignant T-cell eradication is associated with increased T-cell effector functions in treated skin

We extracted NK and T cells from skin lesions before and 8 weeks after resiquimod therapy was initiated and analyzed them by flow cytometry for surface phenotype and effector functions. Six patients were studied, 3 high responders (patients who cleared >99% of the malignant clone; patients 1, 3, and 8) and 3 lower responders (patients 4-6). Production of IFN-γ and TNF-α by CD4+ T cells was significantly greater in high vs low responders (Figure 6A-D), whereas IFN-γ and TNF-α production by CD8+ T cells was high in both groups. Production of granzyme B by CD8+ T cells was also significantly higher in high- vs low-responding patients and perforin was increased but was not statistically significant (Figure 6D). Other parameters, including % CD8 T cells, % FOXP3+ regulatory T cells, CD107 expression, and production of IL-17 and IL-22, were not significantly different between high- and low-responding patients (data not shown). High-responding patients tended to have higher production of IFN-γ, perforin, and granzyme by CD56+ NK cells, although low sample numbers prevented these differences from being statistically significant.

TCR sequencing can be more specific than clinical score evaluation in assessing malignant T-cell clone clearance

Although in many patients, clinical scores improved following reduction of the malignant T-cell clone, at least 3 patients (1, 5, and 11) still had clinically evident disease despite near-complete eradication of malignant T cells (Figure 7A). In addition, the 1 patient who had an increase in the frequency of the malignant T-cell clone after therapy.
Topical resiquimod is associated with maturation of circulating DCs

We observed regression of distant, untreated MF skin lesions in patients treated locally with topical resiquimod, arguing for induction of systemic antitumor immunity. Two patients also developed systemic symptoms of low-grade fevers following the initiation of topical resiquimod. Hypothesizing that topical application of resiquimod may lead to systemic activation of DCs, we isolated CD11c+ myeloid DCs from the peripheral blood and assayed for activation by immunostaining for CD80. We observed that DC CD80 expression rose after institution of topical resiquimod therapy, began to decline during the 4-week rest period, and then rose again with resumption of topical resiquimod therapy (Figure 7D). Similar increases in circulating myeloid DC CD80 expression were observed among 4 of 8 tested subjects. However, peripheral blood DC maturation did not correlate with increased clinical responses or with the concentration of the study drug used. Overnight culture of DCs from blood in the presence of 10 µg/mL resiquimod further enhanced CD80 expression, confirming the ability of the study drug to activate DCs (Figure 7E).

### Discussion

This phase 1 trial demonstrates that topical resiquimod is safe, well-tolerated, and highly effective for the treatment of early-stage CTCL. Although the trial was small, 75% of patients had significant improvement in treated lesions by CAILS assessment, with 4 of 12 clearing all treated lesions and an additional 5 experiencing at least a 50% improvement. Remarkably, topical resiquimod also induced regression of untreated lesions, with 92% of patients having more than a 50% improvement and 2 patients clearing all evidence of disease. To our knowledge, this is the first topical therapy for CTCL that has induced regression of both treated and untreated lesions. Overall, response rates to topical resiquimod were superior to those observed with other topical therapies, including bexarotene gel, potent topical steroids, and nitrogen mustard gel. Results suggested the 0.06% strength was superior to the 0.03% dosage; complete responses were noted only in patients receiving the 0.06% gel, and responses in this dose group were faster, with 5 of 7 responses occurring in the high-dose group by week 12 as compared with 1 of 4 in the 0.03% group. Both dosages were equally well-tolerated, with minor skin reactions representing the most common adverse effects. Given these results, further enrollment in this study was closed to facilitate the initiation of a larger phase 2 multicenter, placebo-controlled trial.

Five patients in the study had the difficult-to-control folliculotropic variant of CTCL and had progressive skin disease despite the institution of multiple prior therapies (Table 1). Remarkably, all improved; 4 of 5 had significant improvements in both CAILS and modified SWAT scores, and 1 experienced a complete remission. Two patients had intractable, generalized pruritus before therapy and both experienced complete resolution of pruritus by week 8 of treatment.

### Table 2. Identification and quantification of malignant clones by HTS

<table>
<thead>
<tr>
<th>Patient no.*</th>
<th>Clonal TCR-β CDR3 AA sequence</th>
<th>Pretreatment</th>
<th>Week 8</th>
<th>% malignant T-cell clones</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>CASSWGQDYGYTF</td>
<td>23.7</td>
<td>0.094</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>CASSEVREKLF</td>
<td>5.8</td>
<td>3.9</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>CASSTGKYYGTF</td>
<td>71.4</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>CASSLNAGGNOPOHF</td>
<td>42.8</td>
<td>17.5</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>CASSQAGKGGGPDQTQYF</td>
<td>15.7</td>
<td>2.2</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>CASSGTGPSYEGYF</td>
<td>53.1</td>
<td>57.4</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Clone not identified</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>CASSPSDITRDPPOHF</td>
<td>3.6</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>CASSEVTLGF</td>
<td>43.5</td>
<td>12.8</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>CASRTGTGTSAGAVLTF</td>
<td>37.5</td>
<td>30.5</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>CASSQDMGFQERLNSPHF</td>
<td>19.2</td>
<td>0</td>
<td></td>
</tr>
</tbody>
</table>

*Patient 12 was not biopsied for HTS analyses.
The optimal outcome of any cancer therapy is the elimination of all malignant cells. The skin lesions of early-stage CTCL contain a mixture of clonal malignant T cells and benign infiltrating T cells and there are no markers that reliably distinguish malignant from benign T cells. This has made study of early-stage CTCL and assessment of therapeutic responses difficult. We used HTS of the TCR-β gene CDR3 regions to identify the malignant T-cell clone and quantify responses to therapy. Of 11 patients sequenced, a malignant T-cell clone was identified in 10. Ninety percent of patients had reduction in the percent of the malignant T-cell clones within the biopsied lesions after treatment and 3/10 had complete eradication of the malignant T-cell clone when assessed by HTS. A fourth patient had near elimination (99.6% reduction) of malignant T cells. However, responses to therapy can differ in distant lesions and in different areas of a single treated lesion; HTS studies are representative of the response in the sampled area, but may not reflect responses in other lesions or different areas of the same treated lesion.

Treated skin lesions contain not only preexisting malignant and benign infiltrating T cells, but also T cells and other immune cells recruited to the skin by resiquimod therapy. Inflammation caused by benign infiltrating T cells and by the therapy itself can make it difficult to clinically assess the continued presence of malignant T cells. Indeed, we documented that the residual clinical inflammation observed in patients with complete or near eradication of malignant T cells was associated with the continued presence of benign T cells producing inflammatory cytokines. By virtue of its ability to directly measure the number of malignant T cells in skin, HTS was remarkably useful in assessing the responses of CTCL skin lesions to therapy.
Using a combination of HTS and flow cytometry analyses, we found that effective responses to resiquimod were associated with activation and enhanced production of IFN-γ and TNF-α by CD4+ T cells, enhanced effector functions in CD8+ T cells, and a trend toward enhanced NK function. Surprisingly, CD8+ T-cell production of IFN-γ was high in both low and high responders and did not correlate with clearance of the malignant T-cell clone. A high burden of clonal malignant T cells before therapy did not correlate with poor responses to topical resiquimod. Patient 3 had refractory CTCL for 15 years before entry into the study and HTS demonstrated that malignant T cells made up 71% of the total T-cell population in the biopsied lesion. Despite this, the patient had a complete response to topical resiquimod and remained clear of all disease for 1 year off all therapy. Likewise, the total number of benign T cells infiltrating CTCL skin lesions before or after therapy did not predict responsiveness to therapy. However, the presence of expanded individual benign T-cell clones in treated lesions (clones present at a frequency of 1% or more) did correlate with increased clearance of malignant T cells. Taken together, these results suggest activation of CD4+ T cells and the recruitment and expansion of responding, presumably tumor-specific T cells is critical for the eradication of the malignant T cells in CTCL skin lesions in response to resiquimod.

Regression of untreated CTCL skin lesions in multiple patients demonstrates that systemic antitumor immunity can develop after local topical resiquimod therapy. Two patients had systemic symptoms of low-grade fevers and 4 of 8 patients tested had activation of circulating CD11c+ DCs. However, DC activation was not correlated with disease clearance, suggesting that although antigen-presenting cell activation and enhanced antigen presentation may occur, a patient must still have T cells capable of recognizing and responding to the cancer to experience clearance of disease.

The current study demonstrates that topical resiquimod therapy is a remarkably effective, well-tolerated therapy for early-stage CTCL. In some patients, topical resiquimod-induced regression of both treated and untreated skin lesions, suggesting enhanced systemic antitumor immunity. These studies support further trials of this medication in early-stage, skin-limited CTCL and suggest resiquimod might also be useful as an adjuvant therapy in the treatment of more advanced CTCL. T cells from patients with advanced CTCL treated in vitro with a combination of IFN-γ and resiquimod showed enhanced T helper 1 cytokine production and effector functions, suggesting there may be utility to combining systemic IFN-γ, currently standard of care, with topical resiquimod. Furthermore, combination therapy using resiquimod and low-dose lesional radiation to release tumor antigens is another promising approach, as recently demonstrated by Kim.
and colleagues using the TLR9 agonist CpG.24 Last, our studies demonstrate that HTS is an effective and accurate method of assessing malignant T cells in skin lesions both before and after therapy.

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Authorship

Contribution: A.H.R. designed, supported, and supervised the clinical trial and obtained the clinical specimens; R.A.C. designed, supported, supervised, and analyzed the experiments shown in Figures 3-7, and drafted the figures and the manuscript in collaboration with A.H.R.; J.M.G. assisted in trial design and evaluation of the clinical data; M.W. and B.B. performed and analyzed the experiments shown in Figure 7D-E; A.B.T. conducted trial design and statistical analyses and contributed to editing the manuscript; R.E. analyzed histology of skin biopsies; M.A.B. was the nurse coordinator for the clinical trial; D.S.L. performed the regulatory submissions for the clinical trial; C.S. assisted in the patient evaluation during the clinical trial; and E.J.K. assisted in patient evaluation during the clinical trial.

Conflict-of-interest disclosure: R.A.C. and I.R.K. are named as inventors on 2 pending patent applications regarding the utility of high-throughput sequencing in cutaneous lymphoma. L.R.K. holds stock in and is employed by Adaptive Biotechnologies. The remaining authors declare no competing financial interests.

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Topical resiquimod can induce disease regression and enhance T-cell effector functions in cutaneous T-cell lymphoma

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