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## **Transcranial stimulation over the dorsolateral prefrontal cortex increases the impact of past expenses on decision-making**

Bogdanov, Mario ; Ruff, Christian C ; Schwabe, Lars

**Abstract:** Goal-directed choices should be guided by the expected value of the available options. However, people are often influenced by past costs in their decisions, thus succumbing to a bias known as the “sunk-cost effect.” Recent functional magnetic resonance imaging data show that the sunk-cost effect is associated with increased activity in dorsolateral prefrontal cortex (dlPFC) and altered crosstalk of the dlPFC with other prefrontal areas. Are these correlated neural processes causally involved in the sunk-cost effect? Here, we employed transcranial direct current stimulation (tDCS) to examine the role of the dlPFC for biasing choices in line with the cost of past expenses. Specifically, we applied different types of tDCS over the right dlPFC while participants performed an investment task designed to assess the impact of past investments on current choices. Our results show a pronounced sunk-cost effect that was significantly increased by anodal tDCS, but left unaltered by cathodal or sham stimulation. Importantly, choices were not affected by stimulation when no prior investments had been made, underlining the specificity of the obtained effect. Our findings suggest a critical role of the dlPFC in the sunk-cost effect and thus elucidate neural mechanisms by which past investments may influence current decision-making.

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1 **Transcranial stimulation over the dorsolateral prefrontal cortex increases**  
2 **the impact of past expenses on decision-making**

3

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9

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26 **Abstract**

27 Goal-directed choices should be guided by the expected value of the available options.  
28 However, people are often influenced by past costs in their decisions, thus succumbing to a bias  
29 known as the ‘sunk-cost effect’. Recent functional magnetic resonance imaging (fMRI) data  
30 show that the sunk-cost effect is associated with increased activity in dorsolateral prefrontal  
31 cortex (dlPFC) and altered crosstalk of the dlPFC with other prefrontal areas. Are these  
32 correlated neural processes causally involved in the sunk-cost effect? Here, we employed  
33 transcranial direct current stimulation (tDCS) to examine the role of the dlPFC for biasing  
34 choices in line with the cost of past expenses. Specifically, we applied different types of tDCS  
35 over the right dlPFC while participants performed an investment task designed to assess the  
36 impact of past investments on current choices. Our results show a pronounced sunk-cost effect  
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38 stimulation. Importantly, choices were not affected by stimulation when no prior investments  
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40 role of the dlPFC in the sunk-cost effect and thus elucidate neural mechanisms by which past  
41 investments may influence current decision-making.

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44 **Keywords:** dlPFC, sunk-cost effect, value-based decision-making, brain stimulation, tDCS

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50 According to traditional economic theory, humans should base their decisions on the expected  
51 future value of the choice-relevant objects, investments or experiences (Edwards 1954; Frank  
52 and Bernanke 2006; Cabantous and Gond 2011). Choices in everyday life, however, are often  
53 not that rational and smart (Tversky and Kahneman 1974; Samuelson and Zeckhauser 1988;  
54 Kahneman et al. 1991 Shafir et al. 1993). In particular, when people have invested time, money  
55 or effort into an option, they are often reluctant to abandon it even though its expected value is  
56 not favorable anymore. This tendency to consider past costs that cannot be recovered in current  
57 decision-making is referred to as the ‘sunk-cost effect’ (Arkes and Blumer 1985). The sunk-  
58 cost effect has been demonstrated in numerous studies (Garland 1990; Arkes and Hutzel 2000;  
59 van Putten et al. 2010) and it is among the most consequential biases in human decision making:  
60 it can explain why people remain in a failing relationship (Strube 1988) or why they are unable  
61 to leave a dissatisfying job (Arkes and Blumer 1985), it may push up prices in auctions  
62 (Murnighan 2002), drive wars or keep failing policies alive (Staw 1976).

63 The past decade has seen significant progress in our understanding of the  
64 neurobiological underpinnings of human decision making (Gold and Shadlen 2007; Kable and  
65 Glimcher 2007; Rangel et al. 2008; Hare et al. 2009; Rushworth et al. 2011; Delgado and  
66 Dickerson 2012; Ruff and Fehr 2014). A large network of interconnected areas has been  
67 implicated in decision-making, including the amygdala, the anterior cingulate cortex, the  
68 parietal cortex and the ventral striatum (Bechara et al. 1999; Sanfey et al. 2003; De Martino et  
69 al. 2006; Kennerley et al. 2006; Leotti and Delgado 2014). For the representation of the  
70 expected value of an option, which lies at the heart of rational decision-making, the orbitofrontal  
71 cortex (OFC) and the ventromedial prefrontal cortex (vmPFC) have been identified as crucial  
72 neural components (Kable and Glimcher 2007; Grabenhorst and Rolls 2011; Jocham et al.  
73 2012). A recent study provided first insights into the neural signature of the sunk-cost effect  
74 (Haller and Schwabe 2014). This study showed that prior investments reduce the activity of the  
75 vmPFC during subsequent decisions and that this reduction in vmPFC activity correlates with

76 the magnitude of the sunk-cost effect. Moreover, in line with previous behavioral studies (Arkes  
77 and Ayton 1999), the sunk-cost tendency was associated with the norm not to be wasteful.  
78 Social norms are thought to be represented in the dorsolateral prefrontal cortex (dlPFC; Sanfey  
79 2003; Baumgartner et al. 2011), and several aspects of the data were consistent with this: First,  
80 the norm not to waste resources correlated with the activity of the right dlPFC, and second, the  
81 right dlPFC showed increased connectivity with the vmPFC when participants had already  
82 made an investment into a certain course of action, compared to when not. Thus, these data  
83 suggest a model for the neural origins of the sunk-cost effect in which the dlPFC, representing  
84 the norm not to waste resources, is activated once an investment has been made and overrides  
85 the vmPFC, thus hampering rational choices based on expected values.

86 One obvious weakness of the model proposed above is that it is based solely on  
87 functional magnetic resonance imaging (fMRI) data, which are correlational by nature and  
88 therefore not informative about causal relationships between brain activity and behavior. To  
89 formally test for such a causal relationship, we employed transcranial direct current stimulation  
90 (tDCS), a method for non-invasive stimulation of the human brain by means of weak electric  
91 currents (Nitsche and Paulus 2000) that has already successfully been used for demonstrating  
92 the involvement of a brain area in decision-making processes (Fregni et al. 2005; Ruff et al.  
93 2013; Davis et al. 2014). In the present study, we examined how tDCS applied over the dlPFC  
94 affects the biasing influence of past, irrecoverable costs on current decision-making. To this  
95 end, participants performed an investment task that was recently introduced to examine the  
96 sunk-cost effect (Haller and Schwabe 2014). While participants performed this task, we applied  
97 anodal, cathodal, or sham stimulation over the right dlPFC, as our previous fMRI data showed  
98 that in particular the activity of the right dlPFC was linked to the sunk-cost effect (Haller and  
99 Schwabe 2014). Anodal and cathodal tDCS are known to increase or decrease the resting  
100 potential and therefore neural excitability in the targeted regions, respectively (Nitsche and  
101 Paulus 2000), whereas sham tDCS mimics the peripheral effects (i.e., tactile sensations)

102 associated with tDCS while not affecting neural processing (Nitsche et al. 2008). We therefore  
103 expected that anodal stimulation over the dlPFC would increase dlPFC activity (and possibly  
104 other connected areas), thereby enhancing the impact of previous investments on decision-  
105 making compared to sham stimulation, whereas cathodal stimulation might even have the  
106 opposite effect of reducing the sunk-cost effect.

107

## 108 **Materials and Methods**

### 109 *Participants and Experimental Design*

110 Sixty healthy men and women between 18 and 32 years of age participated in this experiment  
111 (mean age  $\pm$  SEM:  $24.9 \pm 3.6$  years; 30 women). Exclusion criteria for participation were  
112 checked in a standardized interview prior to testing and comprised current illness, medication  
113 intake, a life-time history of any neurological disorders as well as any contraindications for  
114 tDCS. Participants gave written informed consent before the start of testing and received a  
115 compensation of 12 Euros plus what they won in the investment task at the end of the  
116 experiment. The study was approved by the ethics committee of the German Psychological  
117 Association (DGPs).

118 In a double-blind, sham-controlled, between-subject design, participants were randomly  
119 assigned to one of three stimulation conditions (10 men and 10 women per group): anodal,  
120 cathodal, or sham stimulation of the dlPFC. The stimulation lasted for as long as the individual  
121 participant worked on the investment task but not longer than 30 minutes.

122

### 123 *Questionnaires*

124 In order to control for personality traits and behavioral tendencies that are relevant within the  
125 context of the sunk-cost effect and decision-making in general, participants filled out several  
126 questionnaires at the beginning of the experiment. In particular, participants completed the

127 German versions of the Behavioral Inhibition/Behavioral Activation System scales (BIS/BAS  
128 scales, Carver and White 1994), the NEO-Five Factor Inventory (NEO-FFI, McCrae and Costa  
129 2004), the Barratt-Impulsiveness-Scale (BIS-15, Spinella 2007), and a short questionnaire that  
130 assessed the individual sunk-cost tendency and the desire not to appear wasteful (Haller and  
131 Schwabe 2014). The latter consists of 8 items that should be answered on a scale from 1 (“I do  
132 not agree”) to 11 (“I completely agree”). Example items were “I finish a started project, no  
133 matter the cost” or “People who know me think I am wasteful”. A sum score for both the sunk-  
134 cost tendency and the desire not to appear wasteful was calculated by summing up the scores  
135 for the four items of each scale.

136

### 137 *Investment Task*

138 The sunk-cost effect was examined with a modified version of a recently developed investment  
139 task (Haller and Schwabe 2014) that was adapted to the time constraints associated with the  
140 safe use of tDCS. In total, participants performed 252 trials of this investment task (average  
141 duration: 28 minutes). On each of these trials, participants were presented with a project  
142 characterized by its costs and probability of success (Figure 1). The costs were either low (0.20  
143 or 0.25 cents) or high (0.60 or 0.65 cents). The probability of success was low (40%), medium  
144 (50%), or high (60%) and corresponded to the actual probability of success implemented in the  
145 program. These probabilities were chosen based on a pilot study showing that probabilities that  
146 were higher than 60% or lower than 40% result in ceiling and floor effects, respectively (Haller  
147 and Schwabe 2014). Participants were instructed to decide whether or not they wanted to invest  
148 the indicated amount of money in the project, by pressing either the right or left arrow key on  
149 a keyboard. If the participants did not respond within 5 s or if they decided not to invest, the  
150 trial was aborted. If the participants decided to invest, they either received immediate feedback  
151 about the success of the project (as determined by the computer program based on the given  
152 probability), or they were informed that further investments would be necessary. If a second

153 investment decision was required, participants were presented with the additional costs and the  
154 updated probability of success; again the costs could be low or high and the probability of  
155 success could be low, medium, or high. Participants had again 5 s to decide whether they wanted  
156 to invest the additional money in the project or whether they wanted to abort it. Thus, the only  
157 difference between the first and second investment scenario was whether or not participants  
158 had already invested in the project. If participants decided to continue to invest, they were given  
159 immediate feedback about the success of the project, i.e., there was a maximum of one follow-  
160 up investment.

161 For the initial investment trials, each of the six combinations of costs (low vs. high) and  
162 probability of success (low vs. medium vs. high) was presented 42 times (252 trial in total). In  
163 one third of the trials, no second investment decision ensued (“no prior investment trials”). In  
164 the rest of the trials, participants were asked to decide whether they wanted to make a second  
165 investment required for the possible success of the project they had already invested in. This  
166 was done to ensure that there were sufficient trials to investigate the influence of past  
167 investments on current decisions. Trials in which a follow-up decision was required were  
168 subdivided into those in which the initial investment was low and those in which the initial  
169 investment was high (“low prior investment trials” and “high prior investment trials”,  
170 respectively). Apart from the size of the previous investment (none, low, high), the three types  
171 of trials were identical, as all possible costs  $\times$  probability combinations were presented equally  
172 often in these trials. The different trial types were presented in random order. Between trials, a  
173 fixation cross was presented for 1 to 3 s (random jitter: 2 s).

174 Critically, participants were told that they would gain 2 Euros for every project that was  
175 completed successfully, but that they would have to pay all investments made regardless of the  
176 success of a project. It was made clear that, in “prior investment trials”, the probability of the  
177 first and second decisions were independent and that the initial investments were lost,  
178 irrespective of the follow-up decision. Participants were further instructed that the computer

179 would randomly choose 10 trials at the end of the experiment and calculate their associated  
180 gains or losses. These would then be added to or subtracted from the participants'  
181 compensation. In order to make sure that participants fully understood the decision-making  
182 task, we asked them to repeat the essential features of the task after they had received the task  
183 instructions. Possible misconceptions were clarified. In particular, we emphasized that, in prior  
184 investment trials, the probabilities in the initial and follow-up decision scenarios are  
185 independent and that any initial investment is lost, irrespective of the follow-up decision.

186

### 187 *Transcranial Direct Current Stimulation (tDCS)*

188 Brain stimulation was applied in a double-blind, sham-controlled manner using a Neuroconn  
189 stimulator (Neuroconn, Germany). In line with previous tDCS studies that focused on the dlPFC  
190 (Harty et al. 2014; Zwissler et al. 2014; Axelrod et al. 2015; Pope 2015), we used an EEG cap  
191 and the standard 10-20 system to determine electrode positions individually for each  
192 participant. The smaller electrode (5×5 cm) was positioned over the right dlPFC (position F4).  
193 The larger electrode (10×10 cm), which served as a reference (Nitsche et al. 2007), was fixed  
194 centrally on the head (position CZ). Different electrode sizes were chosen so that a higher,  
195 functionally more effective current density was applied over the dlPFC (the area of interest)  
196 than over the central regions underlying the large electrode. Both electrodes were covered in  
197 sponges soaked with a sodium chloride solution to improve conductivity and to reduce skin  
198 irritation. For active stimulation, we applied a current of 1.075  $\mu$ A, leading to a current density  
199 of 0.043 mA/cm<sup>2</sup> for the electrode over the dlPFC and 0.011 mA/cm<sup>2</sup> for the reference  
200 electrode, making it much less likely for the larger electrode to induce functional effects on the  
201 underlying brain tissue. The electrode setup was identical in all conditions. In the anodal  
202 condition, the electrode over the dlPFC served as the anode whereas the reference electrode  
203 served as the cathode. In the cathodal condition, the polarity of the electrodes was reversed.  
204 Active brain stimulation lasted 30 minutes at most and was stopped once the participant had

205 finished the investment task. In all conditions, the current was applied with an 8-s-fade-in and  
206 a 5-s-fade-out-window at the beginning and the end of the stimulation. In the sham condition,  
207 no current was delivered after the initial fade-in-period, to prevent participants from being able  
208 to tell to which condition they had been assigned to. Blinding of the investigator and the  
209 participant was accomplished by using pre-programmed codes of the Neuroconn-stimulator.  
210 Since the stimulation condition was unknown to the investigator and the participant, all  
211 participants were asked to guess in which condition they had been. At the end of the experiment,  
212 participants were debriefed.

213

#### 214 ***Data Analysis***

215 Investment decisions were analyzed using a mixed-design ANOVA with prior investment (no  
216 vs. low vs. high), costs (low vs. high) and probability of success (low vs. medium vs. high) as  
217 within-subject factors and stimulation condition (anodal vs. cathodal vs. sham) as between-  
218 subject-factor. Significant main or interaction effects were further pursued by Bonferroni-  
219 corrected post-hoc tests. All reported p-values are two-tailed.

220 *Sunk-cost score:* In line with our previous study (Haller and Schwabe 2014), we  
221 calculated a sunk-cost score for each participant based on their investment decisions. We  
222 calculated the individual differences in the percentage of investment decisions between “no  
223 prior investment trials” and “low prior investment trials” as well as the difference between “low  
224 prior investment trials” and “high prior investment trials” for all six combinations of project  
225 costs and probability of success. The average of these difference scores was used as a single  
226 estimate for the individual “sunk-cost tendency”. A high sunk-cost score indicates large  
227 differences between the trial types and thus a stronger sunk cost tendency.

228

229

## 230 **Results**

231 Overall, participants were unable to distinguish the different stimulation types. Treatment  
232 guesses were at chance level (58%) and did not differ between stimulation conditions ( $\chi^2_2 =$   
233 1.78,  $P = .41$ ).

234

### 235 *Anodal stimulation over the dlPFC boosts the sunk-cost bias*

236 As expected, participants' investment decisions were strongly influenced by the expected value  
237 of an option, as indicated by significant main effects of costs ( $F_{1,57} = 78.44$ ,  $P < .001$ , partial  $\eta^2 =$   
238  $.58$ ) and probability of success ( $F_{1,41,80.58} = 160.75$ ,  $P < .001$ , partial  $\eta^2 = .74$ ) as well as a  
239 costs  $\times$  probability of success interaction ( $F_{1,33,76.05} = 12.68$ ,  $P < .001$ , partial  $\eta^2 = .18$ ).  
240 Critically, our data also demonstrate a pronounced sunk-cost effect: participants' decisions to  
241 invest or not invest were significantly influenced by whether they had already made an  
242 investment or not (main effect prior investment:  $F_{1,79,102.00} = 93.16$ ,  $P < .001$ , partial  $\eta^2 = .62$ ).  
243 This tendency to invest more after a prior investment held for both trials where the prior  
244 investment was low or high (low- vs. no prior investment and high- vs. no prior investment:  
245 both  $P < .001$ ; low- vs. high prior investment:  $P = .99$ ). As shown in Figure 2a-c, the impact of  
246 prior investments was strongest for options with low expected value and the influence of the  
247 expected value on decision making was significantly modulated by prior investments (costs  $\times$   
248 probability of success  $\times$  prior investment interaction:  $F_{3,23,183.89} = 4.10$ ,  $P = .003$ , partial  $\eta^2 =$   
249  $.07$ ).

250 Most importantly, however, the tendency to continue investing in a project that had  
251 already been invested in (i.e., the sunk-cost effect) was significantly affected by tDCS over the  
252 dlPFC (stimulation  $\times$  prior investment:  $F_{3,58,102.00} = 5.99$ ,  $P < .001$ , partial  $\eta^2 = .18$ ). When  
253 participants had not yet invested in a project, stimulation over the dlPFC did not alter their  
254 decision-making (main effect of stimulation in no prior investment trials:  $F_{2,57} = .44$ ,  $P = .65$ ,  
255 partial  $\eta^2 = .02$ ) and choices were exclusively driven by the expected value of the current project

256 (see increase in bars in Fig. 2a from left to right; cost  $\times$  probability of success interaction for no  
257 prior investment trials only:  $F_{1.78,57} = 5.87$ ,  $P = .004$ , partial  $\eta^2 = .09$ ). However, when  
258 participants had already made a low investment, stimulation over the dlPFC altered their  
259 decision behavior significantly (main effect of stimulation in low prior investment trials:  $F_{2,57}$   
260  $= 4.81$ ,  $P = .012$ , partial  $\eta^2 = .14$ ): Anodal stimulation led to higher investment rates than sham  
261 stimulation ( $P < .009$ ), but there was no such effect for cathodal stimulation ( $P = .36$ ). When  
262 participants had already made a large investment, anodal stimulation over the dlPFC led to  
263 higher investment rates (main effect of stimulation in high prior investment trials:  $F_{2,57} = 6.96$ ,  
264  $P = .002$ , partial  $\eta^2 = .20$ ) compared to both sham stimulation ( $P = .006$ ) and cathodal  
265 stimulation ( $P = .007$ ), whereas the latter two conditions did not differ ( $P = .99$ ).

266 The costs  $\times$  probability of success  $\times$  prior investment  $\times$  stimulation interaction did not  
267 reach statistical significance ( $F_{425.59, 183,89} = 1.20$ ,  $P = .31$ , partial  $\eta^2 = .04$ ). However, the data  
268 displayed in figure 2 clearly suggest that anodal stimulation over the dlPFC affected most  
269 strongly choices about options with low expected value. We therefore performed an additional  
270 post-hoc ANOVA with the factors expected value (high costs/low probability of success vs.  
271 low costs/high probability of success)  $\times$  prior investment  $\times$  stimulation, for the options with the  
272 lowest and highest expected value only. This analysis confirmed that the modulatory influence  
273 of anodal stimulation indeed depended on the expected value of the option (expected value  $\times$   
274 prior investment  $\times$  stimulation interaction:  $F_{3,94, 110,99} = 2.79$ ,  $P = .03$ , partial  $\eta^2 = .09$ ).  
275 Specifically, anodal stimulation increased the impact of prior investments for options with low  
276 expected value (prior investment  $\times$  stimulation interaction:  $F_{3,97, 113,02} = 3.96$ ,  $P = .005$ , partial  
277  $\eta^2 = .12$ ) but not for projects with high expected value (prior investment  $\times$  stimulation  
278 interaction:  $F_{4, 114} = 0.56$ ,  $P = .69$ , partial  $\eta^2 = .02$ ), perhaps reflecting that most participants  
279 decided to invest in these projects anyway.

280 Additionally, we calculated a sunk-cost score as a single parameter that reflected the  
281 individual sunk-cost tendency. As displayed in Figure 3, stimulation over the dlPFC

282 significantly affected participant's sunk cost tendency ( $F_{2,57} = 6.68$ ,  $P = .002$ , partial  $\eta^2 = .19$ ):  
283 Anodal dlPFC-stimulation resulted in a significantly higher sunk-cost score than both cathodal  
284 ( $P = .034$ ) and sham stimulation ( $P = .003$ ), which did not differ ( $P = .99$ ).

285 The analyses reported so far only focused on the expected value and the investments in  
286 the current trial. In order to test whether choices, investments, and outcomes in previous trials  
287 had an influence on decisions in the current trial, we performed a logistic regression analysis in  
288 which the parameters from the *previous* trials (i.e. previous choice, previous amount invested,  
289 and previous outcome) were included as regressors, in addition to the costs, probability, and  
290 prior investment in the current trial as well as the tDCS condition and the prior investment  $\times$   
291 tDCS condition interaction. This analysis showed that participants' decisions were indeed  
292 influenced by choices ( $B = .58$ ,  $p < .001$ ), investments ( $B = .11$ ,  $p = .03$ ), and outcomes ( $B = -$   
293  $.12$ ,  $p = .01$ ) on the previous trial: when participants had invested in the previous trial, they were  
294 more likely to invest in the current trial; when they had made a larger investment in the previous  
295 trial, they were more likely to accept higher costs in the current trial; and losses on the previous  
296 trial appeared to motivate participants to invest in the current trial. Critically, however, the  
297 effect of the prior investment in the current trial (i.e., the sunk cost effect) and the prior  
298 investment  $\times$  tDCS condition interaction remained significant (both  $B > 1.34$ , both  $p < .001$ )  
299 when the parameters of the previous trial were included in the analysis, indicating that the  
300 specifics of the previous trial cannot explain the observed effects.

301

### 302 ***Control variables***

303 We compared participants in the three stimulation groups in a whole range of control variables,  
304 to ensure that they did not differ with respect to their behavioral inhibition, drive, fun seeking  
305 and reward responsiveness (as measured by the BIS/BAS), their neuroticism, extraversion,  
306 openness and agreeableness (as measured by the NEO FFI), their impulsiveness (as measured  
307 by the BIS-15) or their desire not to appear wasteful (as measured by the sunk cost

308 questionnaire). There were no such differences for all but one variable (all  $F < 2.9$ , all  $P > .05$ ):  
309 Only for the NEO scale conscientiousness, there was a significant group difference ( $F_{2,57} =$   
310 5.81,  $P < .01$ , partial  $\eta^2 = .17$ ) indicating that participants in the anodal group were less  
311 conscientious than those in the cathodal and sham condition (both  $P < .05$ ). Thus, we performed  
312 our analyses again with conscientiousness as a covariate. Importantly, however, including  
313 conscientiousness did not alter our findings, indicating that group differences in  
314 conscientiousness could not explain our results. In particular, the significant prior investment  $\times$   
315 stimulation interaction remained ( $F_{3,61,100.96} = 6.82$ ,  $P < .001$ , partial  $\eta^2 = .20$ ) and none of the  
316 effects including the covariate conscientiousness approached significance (all  $P > .14$ ). Please  
317 note that we did not find any correlations between the individual norm not to waste resources  
318 and the sunk cost-effect (all  $r > -.08$  and  $< .11$ , all  $p > .65$ ), which is most likely due to the fact  
319 that we externally manipulated the brain area representing this norm using tDCS thus changing  
320 its influence on choice behavior but not necessarily the participant's awareness of the norm  
321 (Knoch et al. 2006; Ruff et al. 2013).

322 Finally, given that previous studies reported sex differences in cognitive functions  
323 (Cahill 2006) we tested for possible gender effects by including the participants' gender as an  
324 additional factor in our analyses. Yet, we did not find any significant main or interaction effects  
325 (all  $F < 1.95$ , all  $p > .12$ ), indicating that men and women did not differ in task performance,  
326 the sunk-cost tendency, or the impact of tDCS. Moreover, including participants' gender as a  
327 factor did not change any of the other significant results reported above.

328

## 329 **Discussion**

330 The sunk-cost effect is one of the most fundamental biases in human decision making and has  
331 been proposed to underlie a wide range of behaviors, including the decisions to stay in a failing  
332 relationship (Strube 1988), not to leave a dissatisfying job (Arkes and Blumer 1985), or to  
333 adhere to failing policies (Staw 1976). In the present experiment, we sought to elucidate the

334 neural mechanisms underlying the sunk-cost effect. More specifically, we employed tDCS over  
335 the right dlPFC during an investment task in order to assess the role of the stimulated brain area  
336 in people's tendency to consider prior investments during decision-making. We found that  
337 anodal stimulation over the right dlPFC indeed increased the impact of past investments on  
338 current decision-making, thus leading to a more pronounced sunk-cost effect. This effect could  
339 not be attributed to individual differences in personality traits, such as impulsiveness, and it did  
340 not occur after sham or cathodal stimulation.

341         Our data are consistent with the view that the dlPFC plays an important role in the sunk-  
342 cost effect. In addition, the present findings support a model in which the dlPFC implements  
343 the norm not to be wasteful, which then counteracts decision-making based solely on expected  
344 values. The dlPFC is generally thought to influence decision-making by bringing abstract rules  
345 and norm-based-behavior into action (Sanfey 2003; Koechlin and Summerfield 2007;  
346 Baumgartner et al. 2011; Crockett et al. 2013; Ruff et al. 2013). In line with this view, recent  
347 fMRI data showed that the activity of the dlPFC is related to the individual norm not to waste  
348 resources, which is one of the major sources of the sunk-cost effect (Arkes and Blumer 1985)  
349 and which is itself associated with an increased sunk-cost tendency (Haller and Schwabe 2014).  
350 Alternatively, the increased sunk-cost effect after anodal stimulation over the dlPFC may have  
351 been due to a more general influence on working memory processes required for the present  
352 task. In primates, dlPFC cells code for both choices and outcomes not only of the current trial,  
353 but also of past trials (Seo et al. 2007) and the key role of the dlPFC in working memory in  
354 general has been well-established (Fuster and Alexander 1971; Jonides et al. 1993; Curtis and  
355 D'Esposito 2003). Stimulation over the dlPFC might thus have led to a more pronounced sunk-  
356 cost effect by amplifying representations of previous investments in working memory. On the  
357 other hand, implementing social norms such as the norm not to waste resources may resemble  
358 a resourceful top-down control process that helps us to incorporate the rules of our social  
359 environment in our decisions. Anodal stimulation over the dlPFC may have over-activated this

360 abstract rule, thus impeding value-based decision making. However, these alternatives are not  
361 mutually exclusive. After all, in order to be an effective top-down influence, any social norm  
362 needs to be represented in working memory.

363         Importantly, however, anodal stimulation over the dlPFC did not affect decision-making  
364 when participants had not yet invested in a project. Moreover, if participants had not yet made  
365 an investment, decision-making in the anodal tDCS group was mainly based on the expected  
366 value of an option, exactly as for the other experimental groups. Thus, our findings clearly show  
367 that dlPFC stimulation neither affected decision-making in general nor rendered decision-  
368 making based on expected values impossible. Rather, the impact of anodal stimulation over the  
369 dlPFC was specific to situations when prior investments had triggered top-down regulation  
370 processes, presumably related to activating the norm not to waste resources or working memory  
371 processes.

372         Although anodal stimulation over the dlPFC had a critical impact on the strength of the  
373 sunk-cost effect, it is in our view unlikely that the dlPFC drives this effect in isolation. Instead,  
374 our data are consistent with the hypothesis that dlPFC stimulation may have altered the crosstalk  
375 of the dlPFC with other areas critical for decision-making, in particular the vmPFC. The vmPFC  
376 is a key structure for value-based decision-making (Tom et al. 2007; Grabenhorst and Rolls  
377 2011) and our previous data indicate that prior investments enhance the interaction of dlPFC  
378 and vmPFC, resulting in a decrease of vmPFC activity (Haller and Schwabe 2014). When  
379 activated by relevant past investments, the dlPFC may override vmPFC activity and thus  
380 hamper decision-making based on the current value of an option. Such a modulating influence  
381 of the dlPFC on vmPFC activity has also been suggested by other studies examining other types  
382 of decisions (Hare et al. 2009; Baumgartner et al. 2011). Thus, our data lead to the interesting  
383 proposal for future studies that anodal stimulation targeting at the dlPFC may modulate the  
384 interplay of prefrontal areas with areas involved in valuation, in a manner that biases decision-  
385 making towards rather abstract norms at the expense of ‘rational’ decision-making based on the

386 actual value of an option. Importantly, while previous findings related this modulatory  
387 influence of the dlPFC on the vmPFC to self-control, fostering advantageous decision-making  
388 (Hare et al. 2009), the present findings suggest that ‘top-down’ influences on decision-making  
389 are not necessarily beneficial. More specifically, our findings may imply that the over-  
390 activation of norms or past investments, represented in the dlPFC, may impede value-based  
391 decision-making, depending on the specific demands of a situation.

392 As expected, the sunk-cost effect was most pronounced for options with low expected  
393 value, i.e., for rather disadvantageous options in which participants invested only when they  
394 had already made an investment. Moreover, anodal stimulation over the dlPFC increased the  
395 influence of prior investments specifically for low expected value options, thus rendering  
396 decision-making even more unfavorable. Previous research has suggested that the sunk-cost  
397 effect may also be dependent on the amount of resources invested, with higher prior investments  
398 leading to a stronger sunk-cost effect (Haller and Schwabe 2014). At least for the option with  
399 the lowest expected value, this pattern was also obtained in the present experiment, both after  
400 sham and anodal dlPFC stimulation.

401 TDCS is a safe, non-invasive method that allows assessing the role of cortical brain  
402 areas in cognitive processes such as decision-making. It is, however, important to note that the  
403 spatial resolution of this method is limited due to the size of the electrodes. Based on our  
404 previous fMRI results that identified the dlPFC as the critical area for the sunk-cost effect  
405 (Haller and Schwabe 2014), we chose an electrode position (F4 in the standard EEG 10-20  
406 system) that has been used in previous studies that targeted dlPFC (Fregni et al. 2005; Harty  
407 et al. 2014; Zmigrod et al. 2014; Zwissler et al. 2014; Axelrod et al. 2015; Pope 2015). Studies  
408 that combined tDCS with fMRI confirmed that stimulation over this (or the contralateral F3)  
409 site led to changes in dlPFC activation (Stagg et al. 2013; Weber et al. 2014). Note, however,  
410 that the changes in activation were not limited to the dlPFC but also included neighboring and  
411 other connected areas. While it cannot be ruled out from a physiological perspective that the

412 stimulation affected also cortices adjacent to the dlPFC, it is important to note that none of these  
413 adjacent cortices was activated in our previous fMRI study (Haller and Schwabe 2014). The  
414 tDCS effects on the sunk-cost bias observed here are thus highly likely to reflect modulation of  
415 task-relevant activity in the dlPFC, rather than in adjacent structures that are known not to be  
416 involved in this effect. Finally, it is important to note that in spite of the evidence for  
417 physiologically inhibitory influences of cathodal stimulation (Nitsche and Paulus 2000), we did  
418 not obtain an effect of cathodal dlPFC on the sunk-cost effect. This lack of behavioral effects  
419 for cathodal stimulation appears generally consistent with a whole range of other studies that  
420 did not find differences between sham and cathodal stimulation (e.g. Kincses et al. 2004;  
421 Marshall et al. 2005; Sparing et al. 2008), and with proposals that the effect of cathodal  
422 stimulation may be task-dependent and less reliable than that of anodal stimulation (for a review  
423 see Jacobson et al. 2012). Alternatively, the lack of cathodal effects in our study may reflect a  
424 floor effect, as the options with low expected value were rarely chosen even in the sham  
425 condition. This may have made it difficult to bias choice towards choosing these options even  
426 less often. In any case, the lack of behavioral effects in the cathodal condition perfectly controls  
427 for any unspecific non-neural effects of the ongoing tDCS and clearly demonstrates that the  
428 enhancements of the sunk-cost effect during anodal tDCS reflects the specific neural effects of  
429 this intervention.

430 To conclude, we show here that anodal stimulation over the right dlPFC boosts people's  
431 tendency to consider past expenses during current decision-making, suggesting that the  
432 stimulated brain area may play a critical role in the sunk-cost effect. Given that this effect leads  
433 to increased investments in rather disadvantageous options, these data show that anodal  
434 stimulation does not always improve decision-making but may also counteract optimal choices  
435 by enhancing a decision-making bias (see also Xue et al. 2011). The present findings shed light  
436 on the brain mechanisms underlying the well-known human tendency to continue to 'throw  
437 good money after bad', which may have considerable consequences for understanding

438 maladaptive decisions in politics (Staw 1976), financial markets (Murnighan 2002), and in our  
439 everyday lives (Arkes and Blumer 1985; Strube 1988).

440

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588

589 **Figure captions:**

590

591 **Figure 1. The investment task.** On each trial, participants were presented with a project  
592 characterized by its costs (low vs. high) and its probability of success (low vs. medium vs.  
593 high). Participants were instructed to decide whether they want to invest the depicted costs in  
594 the project. If they decided to invest, they either received immediate feedback about the  
595 project's success (no prior investment trials) or were told, that additional investments would be  
596 necessary (low- and high prior investment trials). In the latter case, participants were presented  
597 with the additional costs and the updated probabilities of success for the project. The no-, low-  
598 and high prior investment trials differed only in whether and how much participants had already  
599 invested in the project.

600

601 **Figure 2. Participants' investment decisions depend on prior investments and dlPFC**  
602 **stimulation.** Participants' decisions to invest generally reflected the expected value of an  
603 option. However, the influence of the expected value decreased significantly when participants  
604 had already made an investment (b and c), indicating a sunk-cost effect. Anodal stimulation of  
605 the dlPFC led to a more pronounced sunk-cost effect, as evident in significantly more choices  
606 to invest in trials with low or high prior investments; this effect appeared to be most pronounced  
607 for projects with low expected value. When participants had not yet invested in a project (a),  
608 anodal stimulation did not alter decision behavior. Cathodal or sham stimulation did not alter  
609 decision-making. \* $P < .05$ , \*\* $P < .01$ .  $P$ -values are corrected for multiple comparisons.

610

611 **Figure 3. Impact of dlPFC stimulation on the sunk cost score.** The sunk cost score was  
612 calculated as a single index of the subjects' tendency to consider past investments in current  
613 decisions. A higher score indicates a more pronounced sunk-cost effect. Anodal stimulation

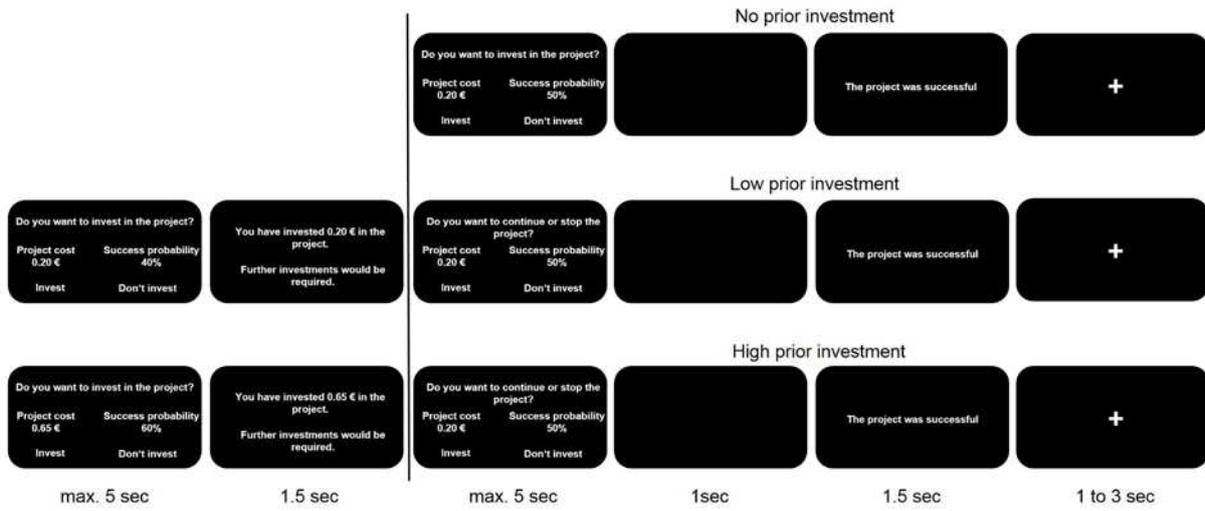
614 led to a higher sunk cost score than both cathodal and sham stimulation. \* $P < .05$ , \*\* $P < .01$ .

615  $P$ -values are corrected for multiple comparisons.

616

Figure 1

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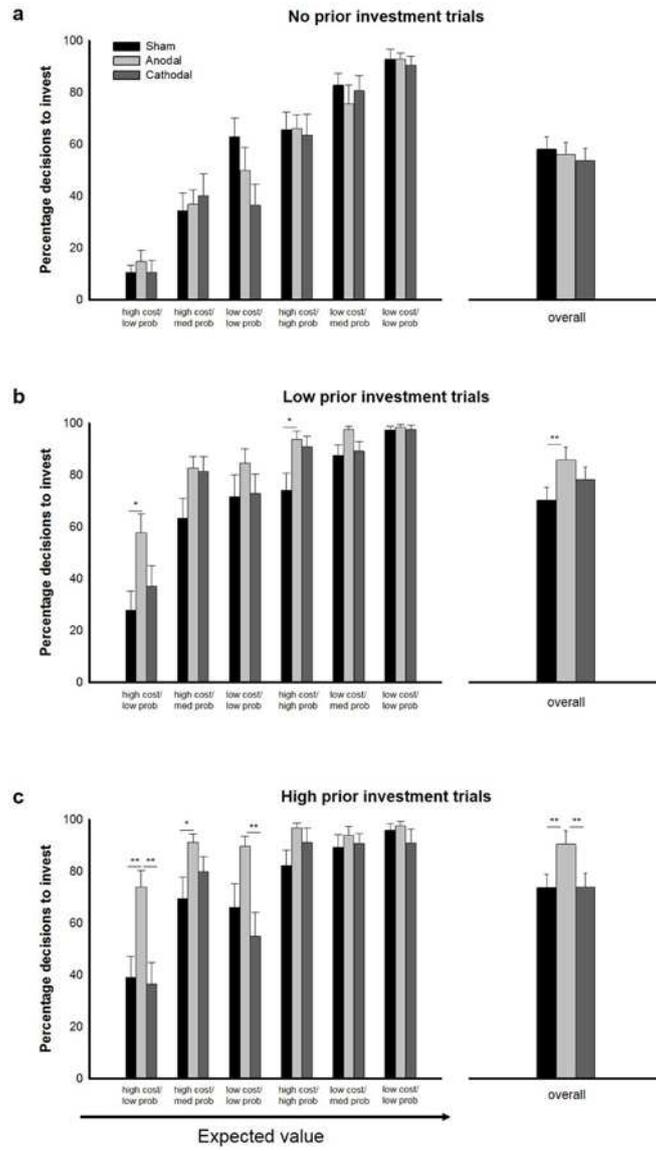
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Figure 2

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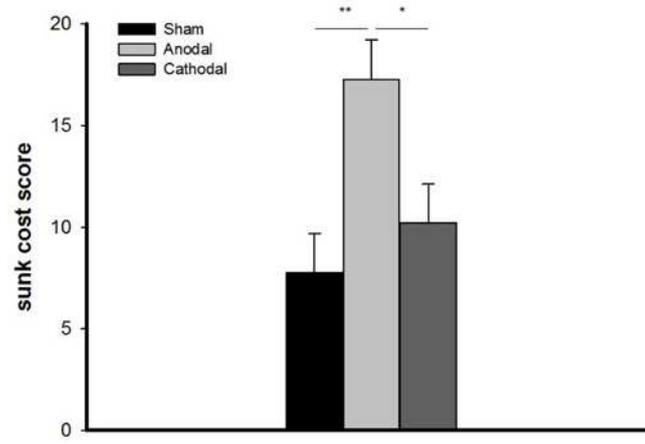
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Figure 3

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