Hay fever as a Christmas gift

Gassner, Markus; Gehrig, Regula; Schmid-Grendelmeier, Peter

DOI: https://doi.org/10.1056/NEJMc1214426

Posted at the Zurich Open Repository and Archive, University of Zurich
ZORA URL: https://doi.org/10.5167/uzh-73223
Published Version

Originally published at:
DOI: https://doi.org/10.1056/NEJMc1214426
tion of the paralyzed muscle. Rotatory or torsional nystagmus is typically associated with medullary lesions and would not be expected in a patient with peripheral-nerve involvement.

Lea Pollak, M.D.
Assaf Harofeh Medical Center
Zerfin, Israel
lea.pollak@gmail.com

No potential conflict of interest relevant to this letter was reported.


DOI: 10.1056/NEJMc1213034

THE AUTHORS REPLY: We appreciate the additional points raised by Rao et al. and would underscore the importance of early initiation of antitoxin treatment in cases of suspected botulism.

A retrospective analysis of 132 cases of foodborne botulism reported to the CDC from 1973 through 1980 showed a median hospital stay of 10 days if patients received antitoxin within 24 hours after symptoms began, as compared with 41 days if antitoxin was received after 24 hours of symptoms and 56 days if they did not receive antitoxin. Better outcomes were also associated with earlier treatment in a 2006 botulism outbreak involving 209 patients in Thailand who had consumed home-canned bamboo shoots.

We also wish to correct two statements in our article. The statement beginning “Foodborne botulism classically occurs after ingestion of spores” should have read “Foodborne botulism occurs after ingestion of botulinum toxin.” We referred to the availability of “intravenous equine trivalent antitoxin (for types A, B, and E) or bivalent antitoxin (for types A and B)” from state health departments. As pointed out by Rao et al., heptavalent antitoxin is the only antitoxin currently available. Our patient was hospitalized before the availability of this particular antitoxin.

The nystagmus was described as rotatory by an observer, but unfortunately, the authors were not present to observe this. We agree with Dr. Pollak that gaze-paretic nystagmus would be more likely.

Miten Vasa, M.D.
University of California, Irvine
Orange, CA
miten.vasa@gmail.com

Thomas E. Baudendistel, M.D.
Kaiser Permanente, Oakland
Oakland, CA

Since publication of their article, the authors report no further potential conflict of interest.


DOI: 10.1056/NEJMc1213034

Hay Fever as a Christmas Gift

TO THE EDITOR: Changing patterns of allergic sensitization to pollen have been noted around the world among schoolchildren. We report one associated with unusual winter allergic symptoms in Switzerland. Our group has gathered information on allergic symptoms and serologic findings among 15-year-olds attending school in Grabs, a village in eastern Switzerland, from 1983 through 2007. We measured IgE antibodies to 103 molecular allergens (using ImmunoCAP ISAC) in serum samples obtained from 54 students in 1986 and from 46 students in 2006. In 2010, we retested 12 of the former students (then 39 years old) who in 1986 had had positive IgE antibodies to inhalant allergens from birch trees, grass, house-dust mites, or cats. Atmospheric pollen levels were measured with the use of Hirst-type pollen traps.

IgE antibodies against the main allergen of alder trees (Aln g 1), which were not detected in any child in 1986, were found in 10.9% of unselected healthy schoolchildren in 2006. This increased prevalence of sensitization was not seen with pollen of other trees, such as birch, hazel, ash, or plane. Among the 12 former students who were tested at the ages of 15 and 39 years, 3 (25%) showed newly detectable IgE antibodies to alder pollen in 2010. Although none of the schoolchildren reported having had allergic symptoms in December from 1983 through 1986, 6 students had such symptoms in 2006; all were sensitized to alder pollen. Because allergic symp-
toms are thought to be uncommon in winter, it seems likely that the rhinoconjunctivitis in these children might have been attributed to a common cold.

Just over a decade ago, 96 hybrid trees with high winter resistance (Alnus x spaethii: A. japonica x A. subcordata) were planted along a main boulevard in Buchs, where children walk or ride the bus on their way to school in Grabs. This leads to almost daily pollen exposure during the flowering season, which for alders in this region of Switzerland is in December (Fig. 1). Near Christmas of 2011, large amounts of alder pollen were noted in the trap. It seems likely that this newly introduced plant species, along with changing temperatures and street lighting, may have influenced the release of pollens in winter, which led to the allergic sensitization to alder and the gift to many children of a runny nose at Christmas.

Markus Gassner, M.D.
Internal Medicine, Allergology, and Clinical Immunology
Grabs, Switzerland
Regula Gehrig, Ph.D.
MeteoSwiss
Zurich, Switzerland
Peter Schmid-Grendelmeier, M.D.
University Hospital of Zurich
Zurich, Switzerland
peter.schmid@usz.ch
Disclosure forms provided by the authors are available with the full text of this letter at NEJM.org.


This letter was published on December 21, 2012, at NEJM.org.
DOI: 10.1056/NEJMc1214426
Correspondence Copyright © 2012, 2013 Massachusetts Medical Society.