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Abstract: **OBJECTIVE** To identify the unknown genetic cause in a nuclear family with an axonal form of peripheral neuropathy and atypical disease course. **METHODS** Detailed neurologic, electrophysiologic, and neuropathologic examinations of the patients were performed. Whole exome sequencing of both affected individuals was done. The effect of the identified sequence variations was investigated at cDNA and protein level in patient-derived lymphoblasts. The plasma sphingoid base profile was analyzed. Functional consequences of neuron-specific downregulation of the gene were studied in *Drosophila*. **RESULTS** Both patients present an atypical form of axonal peripheral neuropathy, characterized by acute or subacute onset and episodes of recurrent mononeuropathy. We identified compound heterozygous mutations cosegregating with disease and absent in controls in the *SGPL1* gene, encoding sphingosine 1-phosphate lyase (SPL). The p.Ser361* mutation triggers nonsense-mediated mRNA decay. The missense p.Ile184Thr mutation causes partial protein degradation. The plasma levels of sphingosine 1-phosphate and sphingosine/sphinganine ratio were increased in the patients. Neuron-specific downregulation of the *Drosophila* orthologue impaired the morphology of the neuromuscular junction and caused progressive degeneration of the chemosensory neurons innervating the wing margin bristles. **CONCLUSIONS** We suggest SPL deficiency as a cause of a distinct form of Charcot-Marie-Tooth disease in humans, thus extending the currently recognized clinical and genetic spectrum of inherited peripheral neuropathies. Our data emphasize the importance of sphingolipid metabolism for neuronal function.

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Sphingosine 1-phosphate lyase deficiency causes Charcot-Marie-Tooth neuropathy

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Supplemental data
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ABSTRACT

Objective: To identify the unknown genetic cause in a nuclear family with an axonal form of peripheral neuropathy and atypical disease course.

Methods: Detailed neurologic, electrophysiologic, and neuropathologic examinations of the patients were performed. Whole exome sequencing of both affected individuals was done. The effect of the identified sequence variations was investigated at cDNA and protein level in patient-derived lymphoblasts. The plasma sphingoid base profile was analyzed. Functional consequences of neuron-specific downregulation of the gene were studied in *Drosophila*.

Results: Both patients present an atypical form of axonal peripheral neuropathy, characterized by acute or subacute onset and episodes of recurrent mononeuropathy. We identified compound heterozygous mutations cosegregating with disease and absent in controls in the *SGPL1* gene, encoding sphingosine 1-phosphate lyase (SPL). The p.Ser361* mutation triggers nonsense-mediated mRNA decay. The missense p.Ile184Thr mutation causes partial protein degradation. The plasma levels of sphingosine 1-phosphate and sphingosine/sphinganine ratio were increased in the patients. Neuron-specific downregulation of the *Drosophila* orthologue impaired the morphology of the neuromuscular junction and caused progressive degeneration of the chemosensory neurons innervating the wing margin bristles.

Conclusions: We suggest SPL deficiency as a cause of a distinct form of Charcot-Marie-Tooth disease in humans, thus extending the currently recognized clinical and genetic spectrum of inherited peripheral neuropathies. Our data emphasize the importance of sphingolipid metabolism for neuronal function. *Neurology*® 2017;88:533-542

GLOSSARY

AR = autosomal recessive; **CHX** = cycloheximide; **CMT** = Charcot-Marie-Tooth disease; **DQ** = dosage quotient; **HNA** = hereditary neuralgic amyotrophy; **HNPP** = hereditary neuropathies with liability to pressure palsies; **LL** = lower limb; **MRC** = Medical Research Council; **NCS** = nerve conduction studies; **NCV** = nerve conduction velocities; **NMD** = nonsense-mediated mRNA decay; **NMJ** = neuromuscular junction; **PF** = plantar flexion; **SMA** = spinal muscular atrophy; **SO/SA** = sphingosine/sphinganine; **SPL** = sphingosine 1-phosphate lyase; **UL** = upper limb; **WES** = whole exome sequencing.

Charcot-Marie-Tooth disease (CMT) represents a heterogeneous group of peripheral neuropathies affecting 1:2,500 individuals.¹ CMT is characterized by progressive length-dependent degeneration of peripheral motor and sensory neurons, resulting in distal muscles weakness and wasting, motor impairment, sensory loss, and skeletal deformities. The disease is classified into CMT1, with median motor nerve conduction velocities (NCVs) <38 m/s and histologic evidence of demyelination and remyelination; CMT2, with normal or slightly reduced NCVs and axonal changes; and intermediate CMT, with NCVs ranging between 25 and 45 m/s and histopathologic signs of both demyelination and axonal degeneration.^{2,3}

CMT shows all modes of inheritance, with autosomal recessive forms (AR-CMT) accounting for <10% of the European CMT population.⁴ This is likely underestimated due to the usually small sibship size, with many AR-CMT cases being considered sporadic. There are >24

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Go to Neurology.org for full disclosures. Funding information and disclosures deemed relevant by the authors, if any, are provided at the end of the article.

AR-CMT genes explaining the disease in a small subset of patients.⁵ Most AR-CMT families carry private mutations in rare causal genes, challenging their molecular diagnosis. Furthermore, the encoded proteins are involved in diverse cellular processes and the cause-effect relationship is unclear. The extensive etiologic heterogeneity impedes the development of effective treatment strategies.

Here, we report a candidate gene (*SGPL1*) for AR-CMT2 with atypical disease course. Studies in patient-derived biosamples suggested that this phenotype is due to partial loss of *SGPL1* function. Neuron-specific downregulation of the *Drosophila* orthologue impaired the morphology of the neuromuscular junction (NMJ) and caused progressive neurodegeneration, emphasizing the role of *SGPL1* in establishing neuronal contact sites and axonal maintenance.

METHODS Standard protocol approvals and patient consents. Written informed consent was obtained. This study was approved by the local institutional review boards.

Clinical and electrophysiologic evaluations. Patients and parents underwent routine neurologic examinations. Motor examination followed Medical Research Council (MRC) scale. Standard nerve conduction studies (NCS) with surface electrode and concentric needle EMG were performed using a Premier electromyograph (Medelec, Woking, UK).⁶

Morphologic studies. Nerve biopsy was obtained from left sural nerve and was examined as described.⁷

Whole exome sequencing (WES) and homozygosity mapping. WES was performed at Beijing Genomics Institute, China. Exomes were captured with SureSelect Human All Exon V5 array (Agilent, Santa Clara, CA) followed by paired-end sequencing on HiSeq2000 (Illumina, San Diego, CA). Sequencing read mapping, variant calling, and annotation were done using GenomeComb.⁸ Homozygosity mapping was performed as described.⁹

Mutation analysis. *SGPL1* (NM_003901.3, NP_003892.2) was analyzed by Sanger sequencing as described.⁹ Pathogenicity was predicted with Condel (bg.upf.edu/fannsd/b/) and MetaSnp (snps.biofold.org/meta-snp/).

Cohort screening. The cohort contained 107 AR-CMT cases and 803 sporadic cases. Proband displayed CMT1 (267), CMT2 (375), intermediate (85), or unclassified peripheral neuropathy (183). All exons, exon-intron boundaries, and 5'UTR of *SGPL1* were analyzed using custom-designed MASTR™ assay (multiplicom.com/), followed by Sanger sequencing validation.

Dosage analysis. Multiplex amplicon quantification assay (multiplicom.com) included 15 amplicons encompassing *SGPL1* exons and 5 control amplicons. A dosage quotient (DQ) was calculated by comparing normalized peak areas between patients and controls; DQ < 0.5 indicated a deletion.

Lymphoblast cultures. Epstein-Barr virus-transformed lymphoblast cultures were maintained as described.¹⁰ To inhibit nonsense-mediated mRNA decay (NMD), lymphoblasts were incubated with 150 µg/mL cycloheximide (CHX, Sigma-Aldrich, St. Louis, MO) or vehicle (DMSO, Sigma-Aldrich) for 4 hours, followed by RNA isolation and RT-PCR analysis. To inhibit proteasome function, cells were treated with 40 µM MG-132 (Calbiochem, San Diego) or vehicle (DMSO).

RNA isolation and RT-PCR. Total RNA of lymphoblasts was extracted using RNeasy Mini Kit (Qiagen, Germantown, MD) and treated with TURBO DNase (Applied Biosystems, Foster City, CA). *SGPL1* cDNA was synthesized using SuperScript III First-Strand Synthesis System (Invitrogen, Carlsbad, CA). Primers are listed in table e-1 at Neurology.org.

Immunoblotting. Protein extracts from lymphoblasts or mouse tissues were isolated as described.¹⁰ Membranes were immunoblotted with anti-sphingosine 1-phosphate lyase (SPL) (1:200, R&D Systems, Minneapolis, MN; and Atlas Antibodies, Stockholm, Sweden) or anti-β-actin (1:20,000, Sigma-Aldrich) antibodies. Results were visualized by chemiluminescence detection (GE Healthcare, Waukesha, WI).

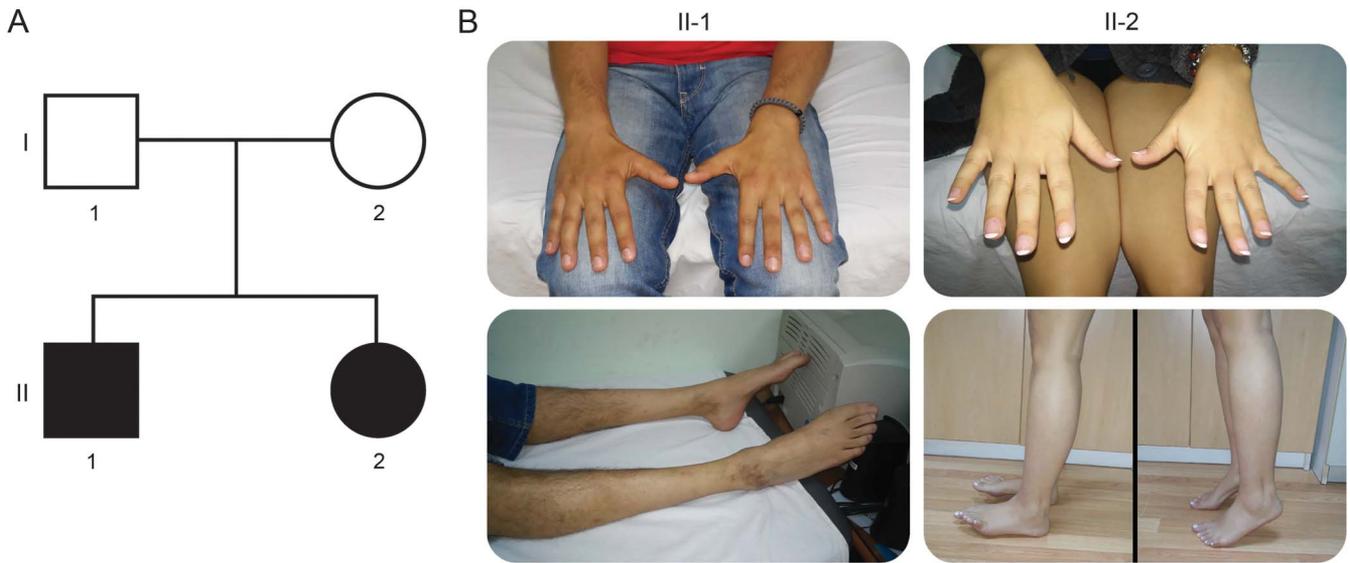
Protein structure modeling. Chimera¹¹ was used to visualize SPL (pdb: 4Q6R)¹² and to substitute the isoleucine184 for a threonine with the *swapa* command. The conformation of the threonine side chain was modeled with the highest probability (96%) based on an internal rotamer library, the lowest clash score, and the largest amount of H-bonding interactions with the surrounding amino acids.

Lipid analysis. For lipid analysis, refer to e-Methods 1–4.

***Drosophila* stocks and analysis.** For *Drosophila* stocks and analysis, refer to e-Methods 1–4 and table e-2.

RESULTS Clinical findings. We present clinical data of 2 affected siblings from a family of Serbian ethnicity (figure 1A). The proband (II-1) developed walking difficulties within several weeks at age 12 years, 1 month after intense stress and a febrile episode (table 1). Initial neurologic examination revealed weakness of distal lower limb (LL) muscles, more pronounced in extensor muscle groups, absent Achilles tendon reflexes, mildly diminished vibration sense at the level of ankles, and mild scoliosis. The rest of the examination was unremarkable. Within the following months, wasting of distal LL muscles became prominent, while their weakness plateaued (MRC 0–3). Initial NCS revealed undetectable compound muscle action potentials and sensory nerve action potentials for LL nerves and normal parameters for upper limb (UL) nerves (table 2). EMG showed spontaneous activity for distal LL muscles and a neuropathic pattern for all examined distal LL and UL muscles. At ages 18 years and 21 years, the patient experienced 2 episodes of muscle weakness in the distribution of the left ulnar nerve, without any provocative events. Full recovery occurred within 1 year after the first episode and only partial improvement after the second. NCS supported the diagnosis of axonal polyneuropathy (table 2) and

Figure 1 Pedigree and clinical features of the studied autosomal recessive Charcot-Marie-Tooth 2 family



(A) Family tree. Square symbols represent males and circles females. Black symbols indicate affected individuals. (B) Serial images of the patients. Patient II-1 at age 32 presents with unilateral mild hypotrophy and weakness of the muscles in the first interosseal space, bilateral atrophy, and severe weakness (Medical Research Council scale 0–2) of all distal leg muscles. Patient II-2 at age 28 has normal appearance of the distal muscles of the hands, unilateral severe weakness of hallux extensor, and normal standing on tiptoe.

the 2 episodes of left ulnar mononeuropathy were corroborated by electrophysiologic findings (data not shown). In the next 11 years, there were no changes in his symptoms and signs. At the last clinical examination (age 32 years), he had mild motor deficit of the left hand, in the distribution of the ulnar nerve, bilateral severe motor impairment of the legs, and mildly decreased vibration sense (figure 1B).

The younger sister (II-2) developed acute transient pain in the left foot without any provocative events at age 11 years, followed by a weakness of left foot plantar flexors, bilaterally decreased Achilles tendon reflexes, and no sensory deficit (table 1). NCS performed 2 months later showed normal electrophysiology for the median nerve and abnormal parameters for sural, peroneal, and tibial nerves, more pronounced on the left side (table 2). NCS findings were compatible with an axonal neuropathy. Over the next 5 months, the disease progressed and the most notable deficit was in the domain of the left tibial nerve (weakness of foot plantar flexion [PF] and toe flexion). Distal LL muscles showed moderate weakness of the left toe extensor and very mild weakness of the same muscle group on the right. Improvement was noticed for left foot PF within a few months. Two episodes of muscle weakness followed, first at age 12 years in the distribution of the left peroneal nerve and second at age 13 years in the distribution of the right tibial nerve. Improvement of right foot PF was detected in the follow-up period. No further progression appeared over the last 15 years. At the last clinical examination (age

28 years), she had asymmetrical distal LL motor deficit and no sensory impairment (figure 1B). Her functional status was very good.

Sural nerve biopsy of II-2 was performed 2 months after disease onset (data not shown). On the teased preparation, about 20% of nerve fibers showed active axonal disintegration. There were no detectable regenerating axons or endoneurial fibrosis.

Additional evaluations of both patients included blood tests with complete biochemical and immunologic analysis, CSF analysis, physical examination, and cognitive testing. All tests and examinations were within normal limits. Involvement of CNS, or any other systems and organs, was not noted.

Identification of *SGPL1* as AR-CMT2 candidate gene.

WES was performed on patients II-1 and II-2. All known CMT genes were initially analyzed, and sequence gaps therein were covered by Sanger sequencing; however, no causal variants were found. WES-based homozygosity mapping revealed a low number (6) and small size (maximum 6 Mb) of shared autozygous regions, suggesting a compound heterozygous recessive trait. WES data were nevertheless filtered for both homozygous and compound heterozygous shared variants, based on novelty, effect on protein, population frequency, and cosegregation (table e-3). No homozygous variants fulfilled these criteria, while 2 heterozygous sequence variations, c.551T>C (p.Ile184Thr) and c.1082C>G (p.Ser361*), were identified in *SGPL1* encoding SPL (figure 2A). Both mutations were in trans, cosegregated

Table 1 Clinical findings

	Patient II-1 (M)		Patient II-2 (F)	
Onset				
Age at onset, y	12		11	
Symptoms	Acute/subacute onset, symmetrical weakness of distal LL muscles		Acute/subacute onset, unilateral pain and weakness of left foot PF	
Pattern of muscle weakness				
UL proximal	No		No	
UL distal	No		No	
LL proximal	No		No	
LL distal	Severe, DF > PF (0/3)		PF of left foot (3)	
Muscle wasting	No		No	
Reflexes	Absent Achilles tendon reflexes bilaterally		Decreased Achilles tendon reflexes bilaterally	
Sensory involvement	Vibration sensation decreased in LL		No	
CMTNS	8		5	
Episodic deficit				
Age, y	18	21	12	13
Description	Unprovoked ulnar mononeuropathy, left side, full recovery	Unprovoked ulnar mononeuropathy, left side, residual deficit	Unprovoked peroneal mononeuropathy, left side, residual deficit	Unprovoked tibial mononeuropathy, right side, recovery foot PF, but not toe flexion
Stationary period from last episode				
Duration, y	11		15	
Last clinical follow-up				
Age, y	32		28	
Pattern of muscle weakness				
UL proximal	No		No	
UL distal	Abduction/adduction of fingers, adduction of thumb, left side (4)		No	
LL proximal	No		No	
LL distal	DF foot (0), PF foot (2), toe extension (0), toe flexion (0)		DF foot R/L (5/3), PF foot R/L (5/5), toe extension R/L (4/3), toe flexion R/L (3/4), hallux extension R/L (5/0)	
Muscle wasting UL distal	First dorsal interosseous space, hypothenar eminence (left hand)		No	
Muscle wasting LL distal	Yes		Foot muscles	
Sensory involvement	Vibration sensation decreased in LL		No	
CMTNS	15		5	
Contractures/foot/skeletal deformities	No/no/scoliosis		No/pes planus-valgus/no	
CNS involvement	No	No	No	No
Other systems/organs	Not affected	Not affected	Not affected	Not affected

Abbreviations: CMTNS = Charcot-Marie-Tooth disease neuropathy score; DF = dorsal flexion; LL = lower limbs; PF = plantar flexion; UL = upper limbs. Muscle weakness was evaluated using the Medical Research Council grading scale.

with the phenotype, and were absent in 190 Serbian and 470 non-Serbian controls. Subsequently, 910 AR-CMT and sporadic cases of various ethnicity were screened for mutations in *SGPL1*. In 8 probands, single rare heterozygous variants were identified (table e-4); however, no in/dels were found on the second allele

using a gene dosage assay. No homozygous single exon in/dels were found either. Thus, *SGPL1* mutations are a very rare cause of AR-CMT.

***SGPL1* mutational effects.** The c.1082C>G nonsense mutation is located in exon 12 (out of 15) of *SGPL1*

Table 2 Electrophysiologic findings

	Patient II-1				Patient II-2			
	Median nerve	Ulnar nerve	Peroneal nerve	Tibial nerve	Median nerve	Ulnar nerve	Peroneal nerve	Tibial nerve
Motor conduction studies								
Amp CMAP/MCV								
NCS at onset	R: 3.2/52.6	R: 5.3/49.5	NR	NR	R: 8.0/56.5	ND	R: Rec; L: NR	R: Rec; L: NR
NCS at last examination	R: 4.7/41.8; L: 1.6/38.3	R: 8.5/56.1; L: 2.2/47.6	NR	NR	R: 7.1/49.6	ND	R: 1.0/30.3; L: ND	R: 0.1/NR; L: 0.1/NR
	Patient II-1			Patient II-2				
	Median nerve	Ulnar nerve	Sural nerve	Median nerve	Ulnar nerve	Sural nerve		
Sensory conduction studies								
Amp SNAP/SCV								
NCS at onset	R: 52.6/50.0	ND	NR	R: 64.9/60.0	ND	R: 4.6/40.5		
NCS at last examination	NR	R: 25.0/48.9; L: NR	NR	R: 33.0/65.1	R: 27.0/53.7	NR		

Abbreviations: Amp = amplitude (measured in mV for the motor and in μ V for the sensory nerves); CMAP = compound muscle action potential; MCV = motor conduction velocity (measured in m/s); NCS = nerve conduction study; ND = not done; NR = not recordable; Rec = recordable; SCV = sensory nerve conduction velocity (measured in m/s); SNAP = sensory nerve action potential.

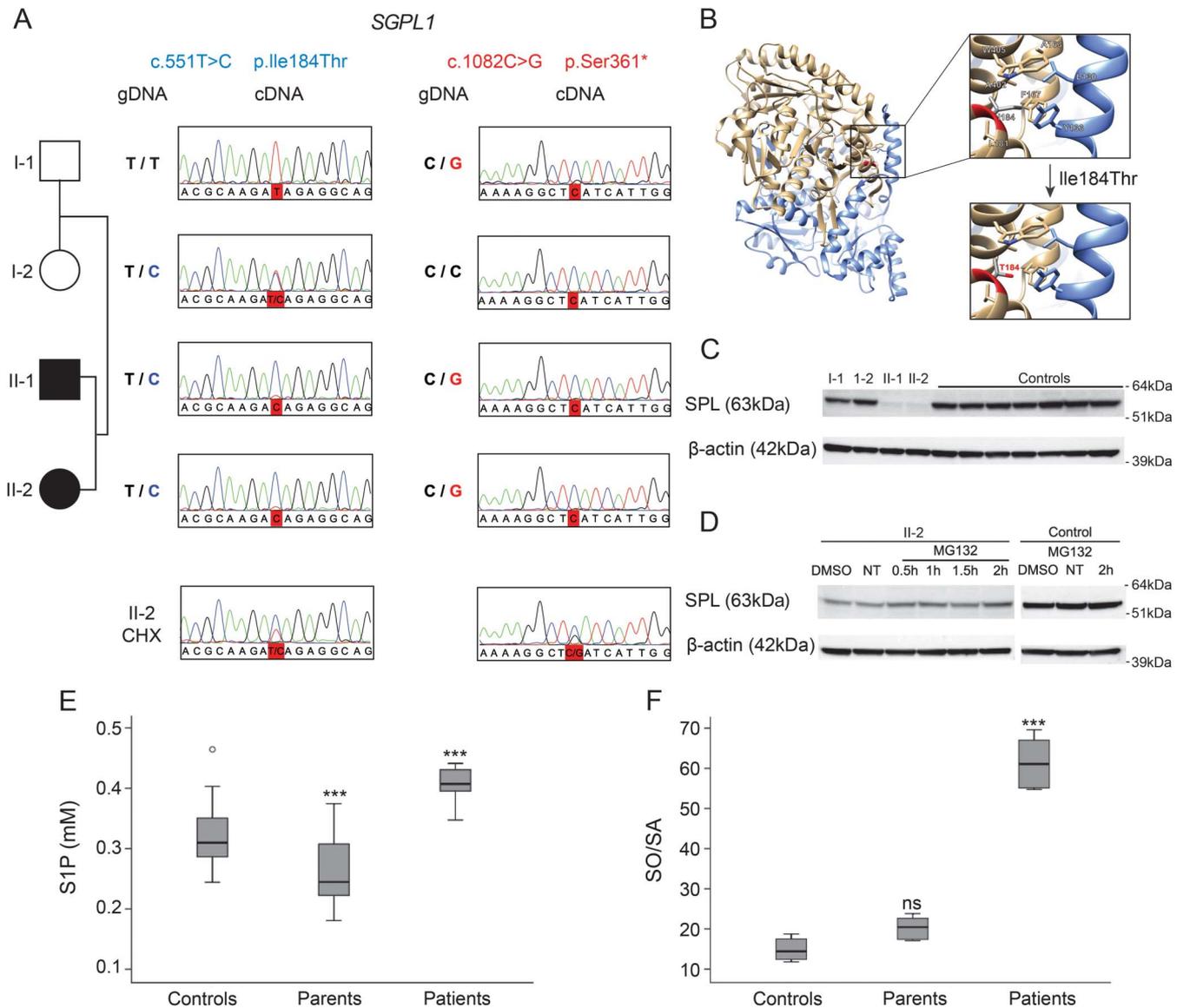
and therefore might trigger NMD.¹³ Sanger sequencing of *SGPL1* cDNA derived from lymphoblasts did not reveal the c.1082 G allele in the father or the patients, resulting in an ostensible homozygosity for the c.551C mutation in the affected individuals (figure 2A). Inhibition of NMD with CHX restored the cDNA heterozygosity for both mutations, suggesting that the c.1082 G allele was post-transcriptionally degraded. In the patients, SPL function would then be secured by the remaining c.551C-allele encoding p.Ile184Thr protein. In silico structural analysis showed that isoleucine184 lies within a stretch of 8 hydrophobic residues. The p. Ile184Thr mutation substitutes an aliphatic by a polar residue, disrupting the hydrophobic core and causing protein instability (figure 2B). Accordingly, the protein was nearly undetectable in lymphoblast lysates from the patients compared to controls upon immunoblotting analysis with 2 different anti-SPL antibodies (figure 2C). MG-132 treatment of cells from patient II-2 induced SPL accumulation, indicating that the mutant protein is translated but unstable and subject to degradation (at least in part) via the proteasomal system (figure 2D). This suggests that the *SGPL1* mutations affect transcription and protein expression, leading to a depletion of SPL function. SPL catalyzes the degradation of S1P in the last step of sphingolipid catabolism. Therefore, we analyzed the S1P and total sphingoid base levels in plasma of patients, parents, and unrelated controls. S1P levels appeared to be generally lower in the parents compared to the control average but were significantly elevated in patients (figure 2E). Also, the ratio of total sphingosine/sphinganine (SO/SA) was significantly increased in patient plasma (figure 2F).

SPL downregulation in *Drosophila* neurons. SPL is an essential and evolutionary conserved enzyme expressed in multiple tissues¹⁴ including sciatic nerve (figure e-1). In *Drosophila melanogaster*, SPL has no paralogues and one orthologue (*Sply*, CG8946), sharing 49% identity and 68% similarity with the human protein.¹⁵ *Sply*-deficient flies exhibit compromised muscle development, decreased fecundity, and semi-lethality.¹⁵ Because our patients present with neurologic symptoms, we downregulated *Sply* exclusively in the nervous system, using RNAi^{*Sply*} expressed by the pan-neuronal driver *nsyb-Gal4*, and assessed NMJ morphology in third instar larvae. This in vivo paradigm has been widely used to study the effect of genes causing neurodegeneration.^{16,17} For control purposes, we RNAi-downregulated *Myc*, an essential gene for synapse development,¹⁶ and *Smn*, a gene associated with spinal muscular atrophy (SMA).¹⁷ To account for random RNAi effects, antisense oligos against genes not transcribed in neurons (*Cup* and *S-Lap5*) were expressed.

In control flies, we observed mature NMJs characterized by beads-on-a-string-like structures formed at the axon terminus (figures 3A and e-2). In contrast, neuronal downregulation of *Sply* using RNAis targeting different transcript regions reduced NMJ arborization and decreased the number of synaptic boutons (figure 3, B–C). As expected, NMJ effects were observed when downregulating both neuronally relevant control genes.^{16,17} No differences in NMJ length were found. These findings demonstrate a role for *Sply* in maintaining the morphology of axonal terminals.

To determine whether *Sply* downregulation might cause axonal neurodegeneration, similarly to *Smn*, we

Figure 2 Sphingosine 1-phosphate (S1P) lyase (SPL): Transcript, protein, and metabolite analysis



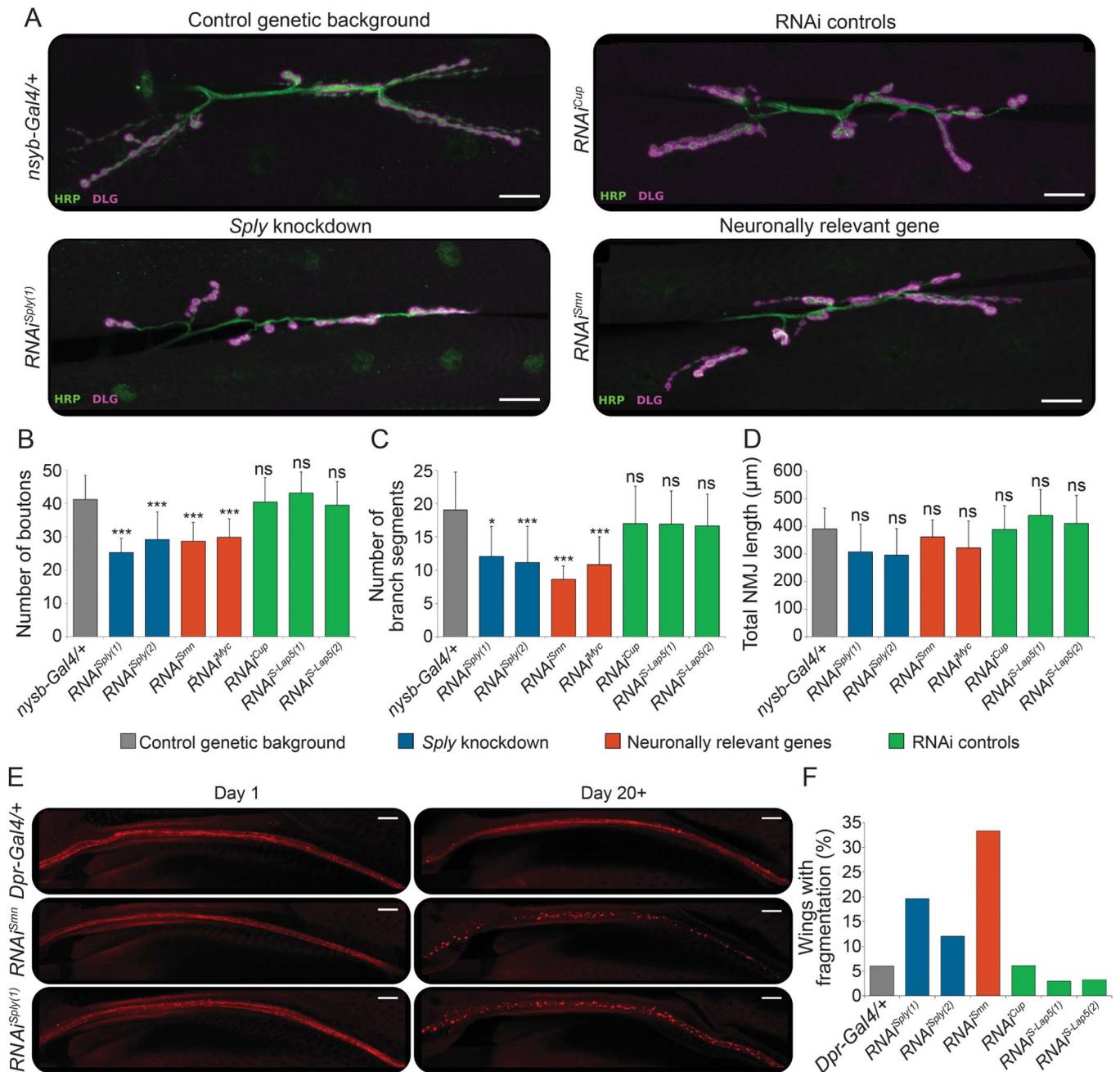
(A) Electropherograms around the 2 mutations in *SGPL1* (c.551T>C and c.1082C>G) upon analyzing genomic DNA (gDNA) or complementary DNA (cDNA) isolated from peripheral mononuclear blood cells, before and after cycloheximide (CHX) treatment. (B) Crystal structure of the dimeric human sphingosine 1-phosphate lyase, adapted from pdb 4Q6R. The 2 subunits (A, B) of the dimeric protein are displayed in tan and blue ribbons, respectively. Top right: zoom in view shows the Ile184 residue that is surrounded by 7 other hydrophobic residues (i.e., Ala163, Phe167, Leu181, Ala402, Trp405 from subunit A; Leu130, Tyr133 from subunit B) to constitute a hydrophobic core. Bottom right: the p.Ile184Thr mutation substitutes the long aliphatic side chain of isoleucine with a small and polar hydroxyl group of threonine in the middle of the hydrophobic core. (C) Immunoblotting analysis of SPL in 20 μ g of protein lysates of lymphoblast cultures from all family members and 7 healthy control individuals. β -actin is used as loading control. Chemiluminescence exposure time of 60 seconds. (D) Immunoblotting analysis of SPL in 30 μ g of protein lysates of lymphoblasts of patient II-2 incubated with vehicle alone (DMSO), with the MG-132 proteasome inhibitor, or nontreated (NT). SPL accumulates in a time-dependent manner in cells from the patient, compared to the control. β -actin demonstrates equal loading. Chemiluminescence exposure time of 600 seconds. (E) S1P levels in plasma of patients, parents, and unrelated controls (n = 24). (F) Total sphingosine/sphinganine (SO/SA) ratio after hydrolysis in plasma of patients, parents, and unrelated controls (n = 3). (E, F) Error bars represent the SD. ***p < 0.001; ns = nonsignificant (one-way analysis of variance with Bonferroni multiple comparison test against the control group).

expressed *RNAi^{Sply}* in the chemosensory neurons innervating the wing margin bristles (*dpr-Gal4* driver) visualized by the red fluorescent protein mCherry (*UAS-mCD8chRFP*, figure e-3). While at day 1 post-eclosion the wing neurons looked comparable in flies with different genotypes, from day 20 onward pronounced fragmentation of the mCherry signal was noted in flies expressing *RNAi^{Sply}* or *RNAi^{Smn}*

(figure 3, E–F). These results demonstrate that neuronal depletion of *Sply* induces progressive axonal degeneration in *Drosophila*.

DISCUSSION Currently known genes explain only ~40% of AR-CMT cases, suggesting many unidentified genetic causes.¹⁸ Here, we provide genetic and functional evidence that *SGPL1* is a candidate

Figure 3 Analysis of neuron-specific *Sply* deficiency in *Drosophila*



(A) Immunolabeling of presynaptic (anti-HRP antibody, green) and postsynaptic (anti-DLG antibody, magenta) compartments of the neuromuscular junctions (NMJs) in third instar larvae, pan-neuronally (*nsyb-Gal4*) expressing RNAi constructs against *Sply* (*Sply* knockdown; *RNAi^{Sply(1)}*, *RNAi^{Sply(2)}*), neuronally relevant genes (*RNAi^{Smm}*, *RNAi^{Myc}*), genes not expressed in neurons (*RNAi* controls; *RNAi^{Cup}*, *RNAi^{S-Lap5(1)}*, *RNAi^{S-Lap5(2)}*), or the driver alone (control genetic background; *nsyb-Gal4/+*). Scale bar, 20 μm. (B–D) Quantitative analysis of the NMJ phenotypes. Maximum intensity projections of Z-stacks comprising the full NMJ were used. The number of boutons per NMJ (B) was counted using the Cell Counter plugin. ImageJ was used to count the number of individual branch segments (C) and calculate the total NMJ length (D). Error bars represent the SD of at least 13 NMJs per genotype. **p* < 0.05; ****p* < 0.001; ns = nonsignificant (one-way analysis of variance with Bonferroni multiple comparison test against the control genetic background). (E) Nerve tract along the wing L1 vein visualized by *mCherry*, where RNAi constructs are expressed using the *dpr-Gal4* driver. Representative images of wings are shown for day 1 and day 20+ old flies expressing the driver alone (*Dpr-Gal4/+*), neuronally relevant gene (*RNAi^{Smm}*), or *Sply* (*RNAi^{Sply(1)}*). Scale bar, 20 μm. (F) Quantification of the number of wings showing axonal fragmentation per genotype (*n* = 30–60/genotype).

AR-CMT gene. The associated phenotype is distinct from other AR-CMT2 subtypes and is characterized by acute/subacute onset, unilateral motor deficit in one patient, and episodes of mononeuropathy with a tendency for improvement in both patients.

The deterioration pattern seen in both patients is atypical for axonal CMT. Rather, it is observed in acquired neuropathies,¹⁹ hereditary neuropathies with liability to pressure palsies (HNPP), or hereditary neuralgic amyotrophy (HNA).²⁰ As opposed to the

AR-CMT in our family, HNPP and HNA are dominantly inherited. HNPP presents as recurrent painless focal neuropathy that, contrary to our patients, is demyelinating in nature. Sural nerve biopsies of patients with HNPP show segmental demyelination and remyelination, which are not found in the nerve specimen of II-2. HNA is characterized by triggered transient painful episodes of brachial or less frequently lumbar plexus neuropathy with muscle weakness and atrophy. Apart from axonal neuropathy in the implicated nerve, electrophysiology is normal. Contrastingly, our patients exhibit clear neurophysiologic evidence of broader neuropathy than clinical signs expressed. The biopsy findings also lack some characteristic histopathologic features of CMT2; however, this might be due to the unusual onset and sampling too early in the disease course. Even though the phenotype in our patients could resemble one of inflammatory neuropathy,²¹ coexistence of hereditary and inflammatory neuropathy was excluded. Provocative factors were not reported in any but the first episode in the proband. Overall, the neurologic presentation of our patients extends the currently recognized clinical spectrum of inherited peripheral neuropathies.

We identified compound heterozygous SPL mutations in patients with AR-CMT. p.Ser361* triggers NMD in patients' cells. p.Ile184Thr changes a nonpolar to polar amino acid, leading to protein instability and subsequent degradation. While the degree of degradation might differ between tissues, this finding supports the hypothesis that the observed CMT phenotype is due to SPL deficiency. Notably, we detected trace amounts of SPL in patient lymphoblasts compared to controls. This result, together with the fact that Ile184 is located outside of the catalytic pocket, suggests that the mutant has some residual activity.

SPL catalyzes the irreversible degradation of S1P into phosphoethanolamine and hexadecenal in the final step of sphingolipid catabolism.^{22,23} Phosphoethanolamine can be used for phospholipid synthesis. Alternatively, S1P may re-enter the sphingolipid metabolism by dephosphorylation to sphingosine and subsequent conversion to ceramide and complex sphingolipids. S1P itself is a potent signaling molecule involved in cell migration, proliferation, and apoptosis.²² Thus, SPL acts at the crossroad of sphingolipid and phospholipid metabolism, and plays a pivotal role in fine-tuning the concentrations of its bioactive substrate. In patient plasma, S1P levels were significantly increased compared to parents or unrelated controls. In parallel, the patients showed a significant increase in the total SO/SA ratio, indicating that the relative proportion of individual sphingolipid subspecies is altered.

Sgpl^{-/-} mice display growth retardation and severe congenital multisystemic abnormalities, leading to premature death.²⁴ Brain morphology is unremarkable, but mice were not examined for neurologic symptoms. Isolated cerebellar neurons, however, have decreased viability and undergo neurodegeneration.²⁵ They accumulate S1P, which is neurotoxic^{25,26} and causes calpain activation, cell cycle re-entry, and ultimately apoptosis.²⁵ Thus, neuron-specific defects likely exist in *Sgpl*^{-/-} mice, but are masked by the severe impairment of other systems. Flies with systemic *Sply* deficiency exhibit developmental lethality, abnormal flight muscle development and integrity, impaired locomotion, decreased fecundity, and enhanced apoptosis.¹⁵

Using our experience in modeling CMT in *Drosophila*,^{27,28} we aimed to disentangle the neuron-specific from somatic effects of SPL deficiency. Because of the dying-back neuropathy in our patients, we investigated the *Drosophila* NMJ, a powerful system for studying synaptic development, morphology, and function.²⁹ Moreover, this is a valid model for genetic and molecular analysis of neuromuscular disorders like CMT^{27,30-32} and SMA.¹⁷ Silencing *Sply* in the fly nervous system induced characteristic NMJ morphologic defects. Similar abnormalities were observed when knocking down *Myc* or *Smm*, essential genes for neuronal development or involved in neuromuscular pathologies, respectively.^{16,17} To better distinguish developmental from neurodegeneration effects, we applied a second in vivo paradigm, where we downregulated *Sply* in the long chemosensory neurons in the wings of adult flies. Remarkably, *Sply* deficiency caused age-dependent destruction of axonal integrity, thereby demonstrating its causal involvement in axonal degeneration. In this way, our functional genomics approach provided independent evidence for the essential function of SPL in neurons in vivo. Furthermore, we demonstrate that the fruit fly is a functional tool to validate candidate genes involved in neurodegeneration.

Neurons depend on sphingolipids for axon guidance, neurotrophin signaling, and synaptic transmission.³³ Within the CMT category, mutations in *SPTLC1* and *SPTLC2* encoding subunits of serine palmitoyltransferase cause hereditary sensory and autonomic neuropathy type I.^{34,35} Defects in sphingolipid-metabolizing enzymes lead to AR neurometabolic disorders with highly variable onset, development, and symptoms.³⁶ This variability depends mainly on the cell-type specific pattern of sphingolipid expression or uptake, and the residual activity of the defective enzyme. A complete enzyme deficiency leads to early onset and severe course, presenting as a neurologic and somatic fatal disorder. Patients whose cells retain traces of residual activity

will have an attenuated course with less somatic signs, or can be clinically undiagnosed and detected as accidental biochemical finding.^{36,37} Introducing next-generation sequencing into the clinical workup, together with deep phenotyping, will allow identification of such rare neurometabolic patients.³⁸ Our study illustrates this threshold concept by demonstrating that partial loss of SPL function leads to a noncongenital disorder exclusively affecting peripheral nerves. Molecular studies of additional cases of SPL deficiency will help delineate its full clinical spectrum.

We demonstrate that biallelic mutations in *SGPL1* may lead to a distinct CMT phenotype and confirm the importance of the sphingolipid metabolism for neuronal function. Our findings have implications for clinical and molecular diagnosis and potential treatment strategy in patients with inherited peripheral neuropathies.

AUTHOR CONTRIBUTIONS

Derek Atkinson, Jelena Nikodinovic Glumac: study concept and design, acquisition of data, analysis and interpretation of data, drafting of the manuscript for intellectual content. Biljana Ermanoska, Bob Asselbergh, Alejandro Estrada-Cuzcano, Kristien Peeters, David Blocquel, Xiang-Lei Yang, Regula Steiner, Thorsten Hornemann: acquisition of data, analysis and interpretation of data, critical revision of manuscript for intellectual content. Els De Vriendt, Tinne Ooms: acquisition of data, analysis and interpretation of data. Alben Jordanova, Vedrana Milic Rasic: study concept and design, acquisition of data, analysis and interpretation of data, drafting of the manuscript for intellectual content, study supervision.

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DISCLOSURE

The authors report no disclosures relevant to the manuscript. Go to Neurology.org for full disclosures.

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Sphingosine 1-phosphate lyase deficiency causes Charcot-Marie-Tooth neuropathy

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