



## Short-term storage stability of NaOCl solutions when combined with Dual Rinse HEDP

Zollinger, A ; Mohn, D ; Zeltner, M ; Zehnder, M

**Abstract:** AIM To assess the stability of NaOCl solutions when combined with a novel product for clinical use, Dual Rinse HEDP, which contains etidronate (1-hydroxyethane 1,1-diphosphonate). **METHODOL-OGY** Mixtures of NaOCl solutions with Dual Rinse HEDP were prepared so that they initially contained 5.0%, 2.5% or 1.0% NaOCl and always 9.0% of dissolved Dual Rinse HEDP powder per total weight. NaOCl solutions alone were used as controls. The stability of these solutions over 8 h was assessed in transparent borosilicate glass bottles at ambient temperature (23 °C). Subsequently, the effects of heating (60 °C) or storing the solutions at 5 °C were studied in polypropylene syringes. NaOCl concentrations were measured by iodometric titration, that is free available chlorine contents. Experiments were performed in triplicate. **RESULTS** In the glass bottles at 23 °C, the 5.0% NaOCl/9.0% Dual Rinse HEDP solution lost 20% of the available chlorine after 1 h, whilst the corresponding 2.5% NaOCl and 1.0% NaOCl solutions retained this relative amount of available chlorine for 2 and 4 h, respectively. Results obtained in the glass bottles were similar to those achieved in the syringes. Heating of the NaOCl/Dual Rinse HEDP mixtures had a detrimental effect on available chlorine, with a complete loss after 1 h. In contrast, storing the NaOCl/Dual Rinse HEDP mixtures in a refrigerator at 5 °C kept the available chlorine high for 7 h, with the expected loss after a further hour of storage at 23 °C. **CONCLUSIONS** Initial NaOCl concentration and temperature both affected short-term storage stability of combined solutions containing Dual Rinse HEDP.

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1 **Short-term storage stability of NaOCl solutions when combined with Dual Rinse HEDP**

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9  
10 **Keywords:** etidronate, HEDP, HEBP, root canal, sodium hypochlorite

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30

31 **Abstract**

32 **Aim** To assess the stability of NaOCl solutions when combined with a novel product for  
33 clinical use, Dual Rinse HEDP, which contains etidronate (1-hydroxyethane 1,1-  
34 diphosphonate).

35 **Methodology** Mixtures of NaOCl solutions with Dual Rinse HEDP were prepared so that  
36 they initially contained 5.0%, 2.5%, or 1.0% NaOCl, and always 9.0% of dissolved Dual  
37 Rinse HEDP powder per total weight. NaOCl solutions alone were used as controls. The  
38 stability of these solutions over 8 h was assessed in transparent borosilicate glass bottles at  
39 ambient temperature (23°C). Subsequently, the effects of heating (60°C) or storing the  
40 solutions at 5°C were studied in polypropylene syringes. NaOCl concentrations were  
41 measured by iodometric titration, i.e. free available chlorine contents. Experiments were  
42 performed in triplicates.

43 **Results** In the glass bottles at 23°C, the 5.0% NaOCl/9.0% Dual Rinse HEDP solution lost  
44 20% of the available chlorine after 1 h, whilst the corresponding 2.5% NaOCl and 1.0%  
45 NaOCl solutions retained this relative amount of available chlorine for 2 and 4 h, respectively.  
46 Results obtained in the glass bottles were similar to those achieved in the syringes. Heating of  
47 the NaOCl/Dual Rinse HEDP mixtures had a detrimental effect on available chlorine, with a  
48 complete loss after 1 h. In contrast, storing the NaOCl/Dual Rinse HEDP mixtures in a  
49 refrigerator at 5°C kept the available chlorine high for 7 h, with the expected loss after a  
50 further hour of storage at 23°C.

51 **Conclusions** Initial NaOCl concentration and temperature both affected short-term storage  
52 stability of combined solutions containing Dual Rinse HEDP.

53

## 54 **Introduction**

55 Etidronic acid or 1-hydroxyethane 1,1-diphosphonic acid (HEDP or, less commonly, HEBP)  
56 is a nitrogen-free bisphosphonate used in water treatment, as a bar soap preservative, and in  
57 food disinfection (Mattia *et al.* 2006). An etidronate is a salt of etidronic acid, in which  
58 cations are bound to the anion of HEDP (usually Na<sub>2</sub>HEDP or Na<sub>4</sub>HEDP). Based on the  
59 unique short-term compatibility of HEDP with sodium hypochlorite (NaOCl), it is  
60 theoretically possible to use a combined NaOCl/HEDP irrigant during chemomechanical root  
61 canal preparation and for final irrigation (Zehnder *et al.* 2005, Lottanti *et al.* 2009). This  
62 concept of “continuous chelation” (Neelakantan *et al.* 2012) in the context of root canal  
63 irrigation has gained momentum in endodontic research over the recent years. The  
64 proteolytic/antibacterial effects of the NaOCl, which are based on the free available chlorine  
65 in the system, are maintained (Arias-Moliz *et al.* 2014). At the same time the HEDP, which is  
66 a calcium sequestering agent (chelator), prevents the accumulation of smear layer and hard  
67 tissue debris (Paque *et al.* 2012). Studies have shown that this single combined-solution  
68 irrigation concept can have favourable effects on the adhesion of various types of sealers to  
69 root dentine (De-Deus *et al.* 2008, Neelakantan *et al.* 2012, 2015b). Furthermore, by virtue of  
70 its effect on the smear layer, HEDP can enhance the disinfection efficacy of NaOCl in  
71 experimentally infected root canals (Neelakantan *et al.* 2015a) and dentinal tubules (Morago  
72 *et al.* 2016).

73 Most of the above-mentioned *in vitro* studies used fresh 1:1 mixtures of aqueous NaOCl and  
74 HEDP solutions at 5% and 18%, respectively, resulting in a combined 2.5% NaOCl/9%  
75 HEDP solution that was then used for the experiments. This was done in laboratory studies.  
76 However, a product to be used in clinics and clinical investigations (i.e. a registered medical  
77 device) based on this chemistry has not been available. A recent investigation has shown that  
78 the tetrasodium *salt* of HEDP (i.e. the etidronate) rather than a solution can simply be  
79 dissolved in the NaOCl solution of the clinician’s preference, resulting in a combined  
80 NaOCl/HEDP irrigant that is relatively stable for 1 hour (Biel *et al.* 2017). This has led to the  
81 development of a CE-marked product (Dual Rinse<sup>®</sup> HEDP, Medcem, Weinfelden,  
82 Switzerland). However, because this product is new, no peer-reviewed studies have hitherto  
83 been conducted with it, and basic practical questions have not been addressed. The chair-side  
84 addition of etidronate powder into a NaOCl solution has the disadvantage that chemical  
85 reactions will occur over time, and could hamper the clinical performance of such a combined  
86 irrigant. On the other hand, the use of particulate etidronate has some advantages over using a

87 solution when it comes to practicability for the dentist and storage/transportation issues for the  
88 manufacturer.

89 It was the goal of this study to test the compatibility of Dual Rinse HEDP powder with  
90 NaOCl solutions. Whilst NaOCl/HEDP mixtures are not stable for 24 h (Zehnder *et al.* 2005),  
91 it is unclear whether they remain useful for the course of a working day, so that larger  
92 amounts of the mixture could be prepared in the morning, possibly be stored in the  
93 refrigerator, and used throughout the day. Furthermore, some clinicians like to use pre-heated  
94 NaOCl solutions (Sirtes *et al.* 2005). The effects of these concepts on combined  
95 NaOCl/HEDP irrigants have not been investigated. Two possible clinical scenarios were  
96 followed in this study: NaOCl solutions containing dissolved Dual Rinse HEDP were stored  
97 in transparent borosilicate glass vials used in irrigation/instrumentation devices, or they were  
98 kept in common polypropylene syringes. Effects on free available chlorine in NaOCl  
99 solutions of three different strengths were studied. The Dual Rinse HEDP content in  
100 combined solutions was kept constant at 9.0 wt%.

101

## 102 **Materials and methods**

### 103 **NaOCl Solutions**

104 All NaOCl solutions were prepared from a 10% NaOCl stock solution (PanReac Applichem,  
105 Darmstadt, Germany, LOT 0001028549). Because hypochlorite solutions of different  
106 concentrations vary in their salt content and hence their specific weight (Zehnder *et al.* 2002),  
107 the concentrations of NaOCl solutions are presented as wt/total wt values in this  
108 communication. Wt/vol measures, as they are listed on some NaOCl brands, can be  
109 misleading because volume is not a parameter that is considered by the iodometric titration  
110 method, which is the gold standard to assess the capacity of NaOCl solutions (Frais *et al.*  
111 2001). Solutions were checked for their content in available chlorine by this method (Vogel  
112 1962), using a titration apparatus (665 Dosimat; Deutsche Metrohm GmbH & Co KG,  
113 Filderstadt, Germany) and a precision balance (Mettler AT 261 DeltaRange, Mettler Toledo,  
114 Greifensee, Switzerland). On each experimental day the NaOCl solutions were freshly mixed  
115 and adjusted to their desired concentration by dilution with ultrapure water.

116

### 117 **Mixtures with Dual Rinse HEDP**

118 NaOCl solutions were mixed with 0.90 g of Dual Rinse HEDP powder (Medcem), which  
119 corresponds to the mean content per capsule. To always get a 9.0 wt% Dual Rinse HEDP  
120 solution, 9.10 g of the NaOCl solutions were used for the combined test irrigants. To get to

121 5.0%, 2.5%, and 1.0% NaOCl in these mixtures, 5.5%, 2.75%, and 1.1% NaOCl stock  
122 solutions were prepared and used, respectively. To obtain the corresponding pure NaOCl  
123 control solutions, each of these stock solutions was mixed with 0.90 g of pure water.

124

#### 125 **Storage in glass bottles at ambient temperature**

126 To get a basic idea on the mid-term effect of Dual Rinse HEDP on available chlorine in  
127 NaOCl solutions of different strengths, 9.0% Dual Rinse HEDP solutions were prepared that  
128 contained 1.0%, 2.5%, and 5.0% NaOCl. These mixtures and their pure NaOCl counterparts  
129 all had ambient temperature (23°C). They were placed into clear 500-mL borosilicate glass  
130 bottles (VWR, Radnor, Pennsylvania, USA) with polypropylene screw caps. These bottles are  
131 used, e.g. in the SAF system (ReDent Nova, Ra'anana, Israel). To simulate the clinical  
132 situation, a hole was drilled in the cap, and a silicone tube was immersed in the test or control  
133 solution. Bottles were stored under conditions commonly found in dental operatories (23°C,  
134 artificial light). Available chlorine was determined after 1 h, 2 h, 4 h, and 8 h.

135

#### 136 **Storage in polypropylene syringes at different temperatures**

137 Dual Rinse HEDP was mixed in an inert vial in 10 mL of NaOCl solution for 2 minutes and  
138 then drawn back into a 10-mL polypropylene syringe with a Luer-Lock opening (Omnifix, B.  
139 Braun, Melsungen, Germany). This was done in the current study using the 3 strengths of  
140 NaOCl described above. In a first set of experiments, NaOCl of ambient temperature (23°C)  
141 was used. Temperature of solutions in the syringes was determined using a hand-held  
142 calibrated laser device (Thermo Hunter PT-3LF, Optex, Nionohama Otsu, Japan). Thirty-  
143 gauge irrigation tips (Perio/Endo Irrigation Needle, Kerr Hawe, Bioggio, Switzerland) were  
144 attached to the syringes with their lids on. The plunger closed the rear end of the syringe.  
145 Solutions were stored horizontally for 1 h at 23°C.

146 To test the impact of heat, syringes filled with test and control solutions at 23°C were  
147 mounted in a heating device for endodontic irrigants (Syringe Warmer, KeyDent, ADS,  
148 Vaterstetten, Germany) set to 60°C for 1 h.

149 To assess the impact of cooling NaOCl/Dual Rinse HEDP solutions to improve their short-  
150 term storage stability, NaOCl stock solutions taken from the refrigerator (5°C) were used, and  
151 test and control mixtures were prepared as described. These were then stored horizontally in  
152 polypropylene syringes in the refrigerator at 5°C for 7 h. Subsequently, a first set of solutions  
153 (n = 3 syringes per group) was assessed for their available chlorine content. A second subset

154 of test and control solutions was then stored for an additional 1 h at 23°C, and the final  
155 content of available chlorine was assessed as described.

156

### 157 **Data presentation**

158 All the data presented here derived from triplicate experiments performed in separate vials.  
159 The current data derived from careful chemical measurements obtained under controlled  
160 conditions. Hence, there was minimal variance in the results, as is indicated by the low  
161 standard deviations. Mean values and standard deviations are presented. Based on the  
162 measurement error of the current method, NaOCl concentrations are presented to the first  
163 digit.

164

165

### 166 **Results**

167 In a first set of experiments, the stability of NaOCl solutions kept in glass bottles was tested  
168 over the course of one working day (8 h). These assessments revealed that the concentration  
169 of the NaOCl solution that is used to prepare the Dual Rinse HEDP combined irrigant impacts  
170 NaOCl mid-term stability (Fig. 1). The 5.0% NaOCl/9.0% Dual Rinse HEDP solution started  
171 to lose significant amounts of its available chlorine (i.e. 20%) already after 1 h, whilst the  
172 2.5% NaOCl und 1.0% NaOCl solutions containing 9.0% Dual Rinse HEDP remained  
173 relatively stable for 2 and 4 h, respectively. The reaction kinetics were influenced by the  
174 NaOCl concentration over the whole course of the experiment, with the higher concentrations  
175 reacting faster (Fig.1).

176 The results obtained after 1 h in the glass vials at ambient temperature were similar to those  
177 obtained in the syringes after the same time. The only slight difference was observed for the  
178 5.0% NaOCl/9.0% Dual Rinse HEDP solution, which retained  $4.0 \pm 0.0\%$  NaOCl after 1 h,  
179 compared to  $3.7 \pm 0.1\%$  NaOCl in the syringes. The pure NaOCl solutions kept all of their  
180 available chlorine at ambient temperature, whilst the counterparts containing Dual Rinse  
181 HEDP lost chlorine according to the NaOCl concentration (Table 1).

182 The temperature of the solutions when taken from the syringe warmer, averaged over all the  
183 NaOCl concentrations under investigation, was  $61 \pm 3^\circ\text{C}$  for the test and  $61 \pm 2^\circ\text{C}$  for the  
184 control solutions. This heating of the NaOCl/Dual Rinse HEDP mixtures had a detrimental  
185 effect on available chlorine, with a complete loss of that compound after 1 h, whilst the pure  
186 NaOCl control solutions kept all of their available chlorine (Table 1). In contrast, cool storing  
187 the NaOCl/Dual Rinse HEDP mixtures in a refrigerator kept the available chlorine almost

188 constant for 7 h, especially for the solutions containing 1.0% and 2.5% NaOCl (Table 1).  
189 Subsequent storage of these solutions for 1 h at ambient temperature (23°C) led to final  
190 available chlorine values that were comparable to those of counterparts that were freshly  
191 mixed at ambient temperature and stored for 1 h.

192

193

## 194 **Discussion**

195 This study yielded potentially useful information on the effect of a newly available HEDP salt  
196 (Dual Rinse HEDP, Medcem) on the capacity of NaOCl solutions, as assessed by the  
197 determination of available chlorine. Results showed kinetics of the oxidation-reduction  
198 reaction between NaOCl (OCl<sup>-</sup>) and the Dual Rinse HEDP depend on the concentration of the  
199 NaOCl, and the temperature the combined solution is stored at.

200 The current investigation is limited by the fact that it was a pure laboratory study. However,  
201 situations that can occur in clinics were simulated, and containers that are used to store and  
202 deliver sodium hypochlorite solutions in the operatory were used. It was assumed that the  
203 maximum time to irrigate a root canal system using a syringe is 1 h, whilst the working day of  
204 a dentist/endodontist is 8 h. This study focused on the available chlorine in test and control  
205 solutions, because that is the most appropriate and easiest way to determine the oxidation  
206 capacity of sodium hypochlorite solutions (Vogel 1962).

207 HEDP has a successful tradition of usage in municipal water treatment, swimming pool stain  
208 and scale control, as a bar soap preservative, and in food disinfection (Mattia *et al.* 2006). In  
209 some of these applications HEDP is combined with an oxidizing disinfectant, mostly peracetic  
210 acid or sodium hypochlorite. However, the use of highly concentrated NaOCl solutions is  
211 unique to root canal irrigation, and hence, the known compatibility between HEDP and strong  
212 oxidizing agents such as NaOCl had to be assessed under concentrated conditions. The  
213 current results are congruent with those published using technical-grade Na<sub>4</sub>HEDP (Biel *et al.*  
214 2017). There is, however, one seeming contrast between the current findings and the results  
215 published by Biel and co-workers: the 5% NaOCl solution that was used in their study kept  $86 \pm 2\%$   
216 of the available chlorine after 1 h at room temperature when 9% HEDP was in the  
217 system. This compares to  $74 \pm 3\%$  observed here. The explanation for this incongruence is  
218 that a 5.0% NaOCl solution was used in the former study, whilst a 5.5% solution was used  
219 here to prepare the mixtures. In the hope of making data presentation as clear as possible for  
220 the reader of the current communication, slightly higher concentrated NaOCl solutions were  
221 used in this study, so that the mixtures containing 9.0% of the Dual Rinse HEDP salt

222 contained exactly 5.0%, 2.5%, and 1.0% NaOCl by weight. It would appear that above 5.0%  
223 NaOCl, solutions become too reactive to be used in combination with HEDP, unless they are  
224 used immediately and completely after mixing. Bleach solutions that are used in some  
225 countries to irrigate root canals assessed with the method described here may contain up to  
226 6.4% NaOCl (wt/total wt), whilst corresponding solutions designated for the dental market are  
227 less than 5.3% NaOCl (Jungbluth *et al.* 2012). Based on the current results, the heating of  
228 NaOCl/Dual Rinse HEDP mixtures must be discouraged. Whilst it is not beneficial to heat  
229 calcium sequestering agents such as HEDP to increase their performance (Coons *et al.* 1987),  
230 heating of diluted NaOCl solutions is popular amongst some clinicians to increase efficacy in  
231 the root canal system and keep caustic effects low if the solution is extruded over the root  
232 canal terminus or leaking through the rubber dam (Sirtes *et al.* 2005). In agreement with the  
233 study by Sirtes and co-workers (2005), the current investigation found no short-term effects of  
234 heat on the stability of NaOCl solutions (Table 1). Furthermore, the solutions were stored in  
235 transparent syringes or glass bottles under artificial room light, which may also accelerate the  
236 degradation of NaOCl (Clarkson & Moule 1998), although the pure NaOCl solutions also  
237 remained stable for the course of the experiment. This was done to mimic the clinical  
238 situation. The effect of light on the NaOCl/Dual Rinse HEDP mixtures was not studied, but  
239 may be worth investigating.

240 When treated by high heat in an inert environment, HEDP decomposes to acetate and  
241 phosphonic acid (Hoffmann *et al.* 2012, Xia *et al.* 2014). However, in the alkaline  
242 environment and in the presence of the highly reactive OCl<sup>-</sup> present in the current conditions,  
243 the following reaction is likely to occur

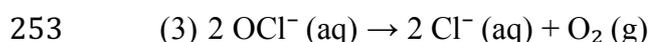
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247 The resulting acetic acid and phosphoric acid are buffered by sodium hydroxide (buffered  
248 system, not shown in eq. (1)). Next to eq. (1), sodium hypochlorite will most likely  
249 decompose by the two following reactions, which are enhanced by temperature and under the  
250 influence of light.

251



254

255 Once these reactions gain momentum, the available chlorine (in form of  $\text{OCl}^-$ ,  $\text{HOCl}$ ,  $\text{NaOCl}$ )  
256 will invariably be lost. As the pH of the mixtures remains above 7, the evolution of chlorine  
257 gas is most unlikely (Biel *et al.* 2017).

258 Cooling of the  $\text{NaOCl}$ /Dual Rinse HEDP mixtures in the refrigerator showed some beneficial  
259 effects on the short-term stability of these combined irrigants, especially with the 1.0% and  
260 the 2.5%  $\text{NaOCl}$  solutions. This may be interesting for clinicians who prepare their irrigants  
261 in the morning of a working day and want to avoid the chair-side mixing procedure. However,  
262 under cooled conditions,  $\text{NaOCl}$  is less effective (The 1979). Clinically, however, this may be  
263 negligible, as in the spatial environment of the root canal system with its high specific surface,  
264 irrigants reach body temperature in a short period of time (Sonntag *et al.* 2017).

265 Future studies should assess clinical effects of Dual Rinse HEDP, such as its impact on the  
266 reduction of bacterial load by  $\text{NaOCl}$  solutions, and possible side effects such as post-  
267 operative pain.

268

## 269 **Conclusion**

270 This basic study on interactions between the Dual Rinse HEDP salt and  $\text{NaOCl}$  solutions  
271 showed that the concentration of the  $\text{NaOCl}$  in the combined solutions and temperature both  
272 affect short-term storage stability.

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274

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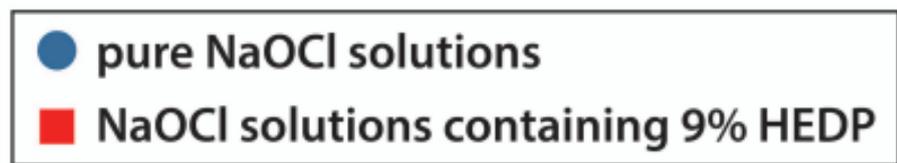
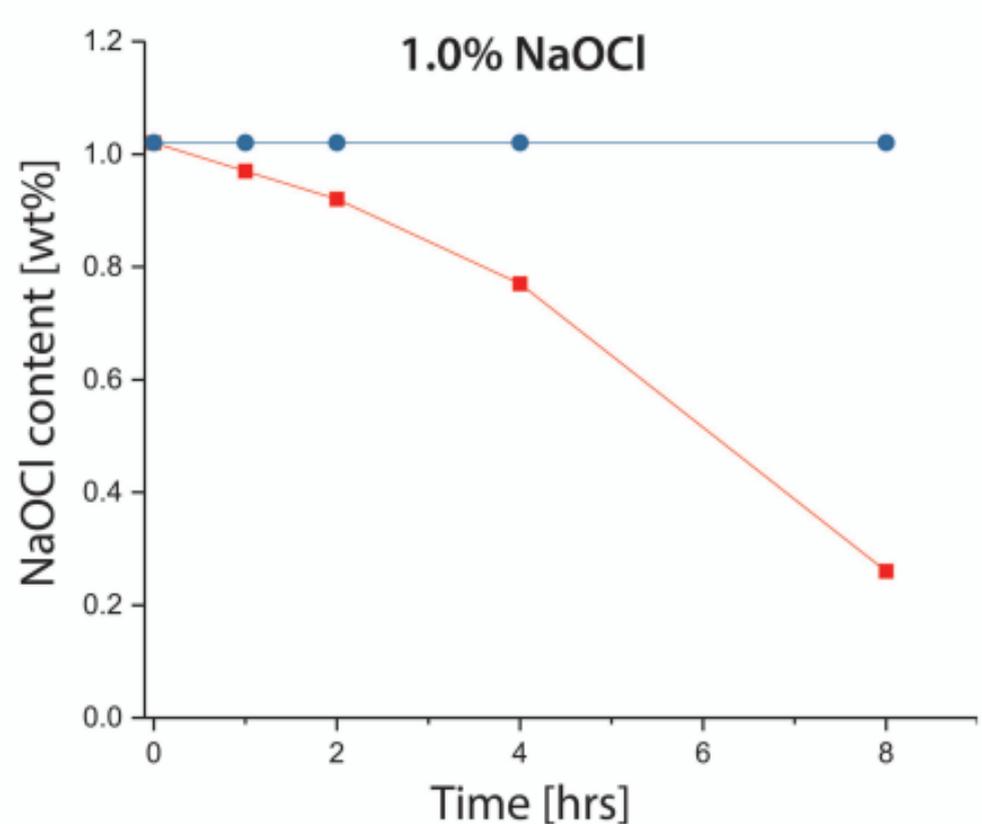
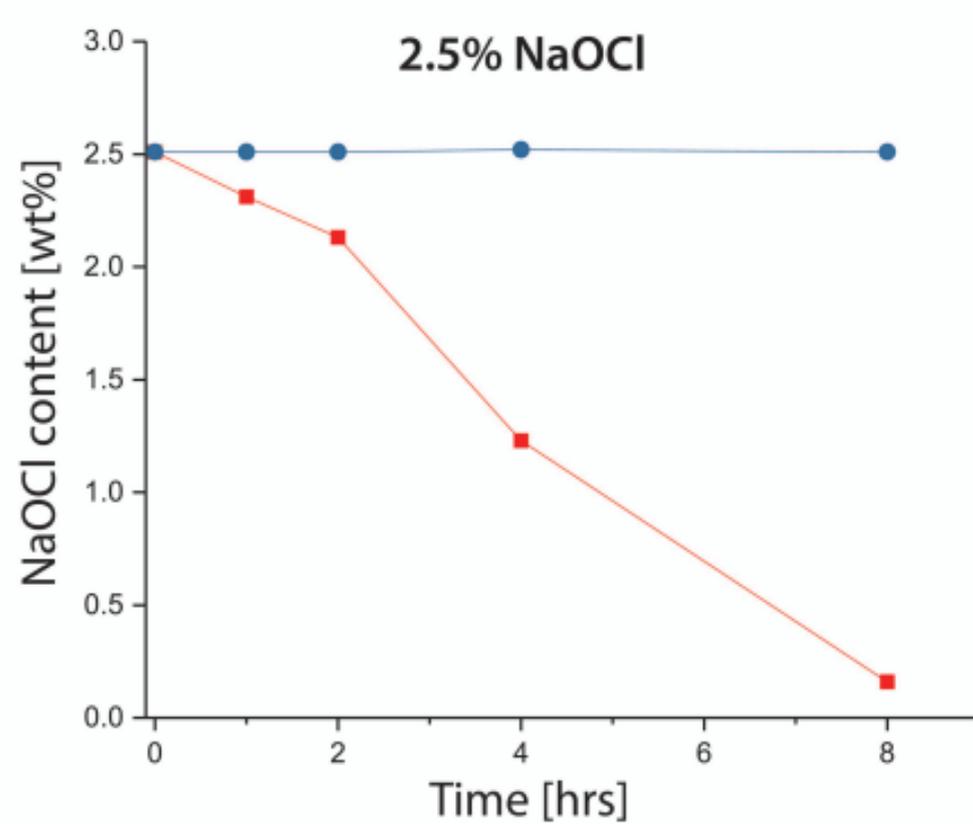
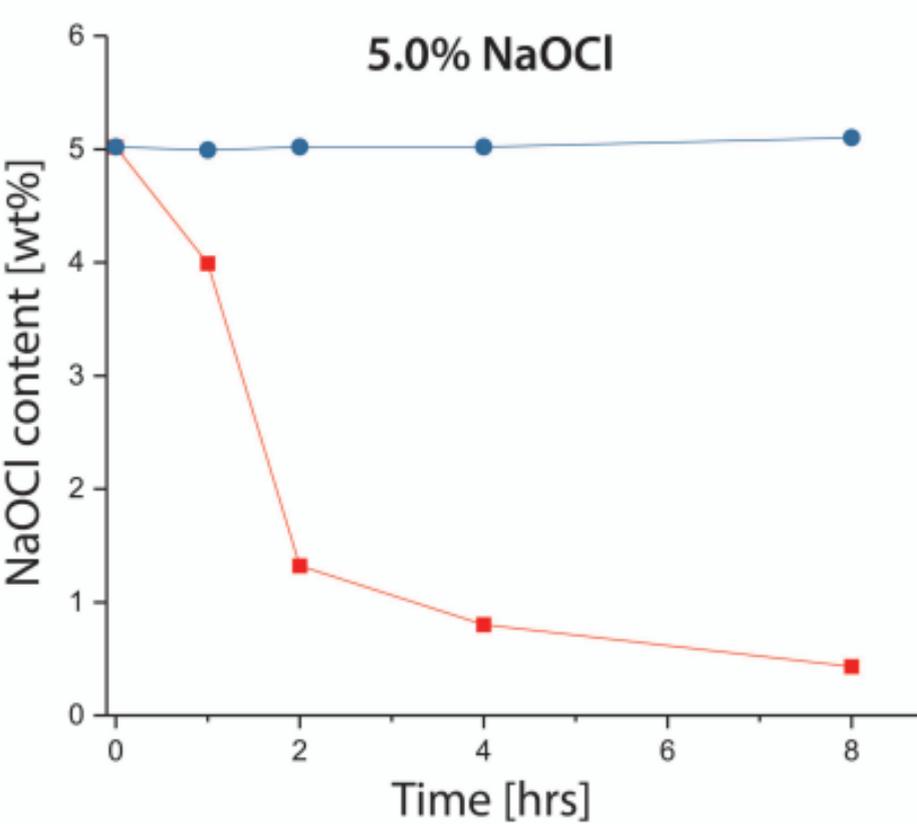
337 Zehnder M, Schmidlin P, Sener B, Waltimo T (2005) Chelation in root canal therapy  
338 reconsidered. *Journal of Endodontics* **31**, 817-20.

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340

341 *Caption*

342

343 **Figure 1** Evolution of NaOCl concentrations as assessed by iodometric titration in  
344 sodium hypochlorite solutions containing 9% of Dual Rinse HEDP per total weight.  
345 Solutions were stored in transparent borosilicate glass bottles at ambient temperature  
346 (23°C) and under artificial light.



**Table 1** Absolute wt/wt NaOCl concentrations, mean values ( $n = 3$ ) and standard deviations, in different strengths\* of NaOCl solutions in pure form (added water, Control) or with 9 wt% Dual Rinse HEDP (Test) according to the conditions they were prepared and stored in

Storage	Solution	1% NaOCl	2.5% NaOCl	5% NaOCl
23°C for 1 h	Control	1.0 ± 0.0%	2.5 ± 0.0%	5.0 ± 0.0%
	Test	0.9 ± 0.0%	2.3 ± 0.0%	3.7 ± 0.1%
60°C for 1h	Control	1.0 ± 0.0%	2.5 ± 0.0%	5.0 ± 0.0%
	Test	0.0 ± 0.0%	0.0 ± 0.0%	0.2% ± 0.0%
5°C for 7h	Control	1.0 ± 0.0%	2.5 ± 0.0%	5.0 ± 0.0%
	Test	1.0 ± 0.0%	2.4 ± 0.0%	4.1 ± 0.1%
5°C for 7 h, then 23°C for 1 h	Control	1.0 ± 0.0%	2.5 ± 0.0%	5.0 ± 0.0%
	Test	0.9 ± 0.0%	2.2 ± 0.0%	2.8 ± 0.2%

\*Solutions were prepared from more concentrated stocks, i.e. 5.5%, 2.75%, and 1.1% NaOCl, so that they contained the presented amount of NaOCl when 0.90 g of Dual Rinse HEDP or water was added; they were stored in 10-mL polypropylene irrigation syringes enclosed by plunger and irrigation tip.

Note: the NaOCl solutions used for storage at ambient temperature or in the syringe warmer were warmed to ambient temperature (23°C) before the experiment, whilst the solutions to be kept cool were taken directly from the refrigerator (5°C).