



**University of
Zurich** ^{UZH}

**Zurich Open Repository and
Archive**

University of Zurich
Main Library
Strickhofstrasse 39
CH-8057 Zurich
www.zora.uzh.ch

Year: 2019

Patterns of antimicrobial use for selected diseases in cats in Switzerland

Schmitt, Kira

Posted at the Zurich Open Repository and Archive, University of Zurich
ZORA URL: <https://doi.org/10.5167/uzh-169370>
Dissertation
Published Version

Originally published at:
Schmitt, Kira. Patterns of antimicrobial use for selected diseases in cats in Switzerland. 2019, University of Zurich, Vetsuisse Faculty.

Department für Kleintiere, Klinik für Kleintiermedizin
der Vetsuisse-Fakultät Universität Zürich

Klinikdirektorin: Prof. Dr. Claudia Reusch

und Institut für Veterinärpharmakologie und -toxikologie
der Vetsuisse-Fakultät Universität Zürich

Direktor: Prof. Dr. Hanspeter Naegeli

Arbeit unter wissenschaftlicher Betreuung von
PD Dr. Barbara Willi

Patterns of antimicrobial use for selected diseases in cats in Switzerland

Inaugural-Dissertation

zur Erlangung der Doktorwürde der
Vetsuisse-Fakultät Universität Zürich

vorgelegt von

Kira Schmitt

Tierärztin

aus Offenbach am Main, Deutschland

genehmigt auf Antrag von

PD Dr. Barbara Willi, Referentin
Prof. Dr. Dr. h.c. Roger Stephan, Korreferent

2019

Inhaltsverzeichnis

1. Inhaltsverzeichnis	S. 3
2. Zusammenfassung (englisch)	S. 4
3. Zusammenfassung (deutsch)	S. 5
4. Manuskript	S. 6
5. Tabellen	S. 33
6. Lebenslauf	

Vetsuisse Faculty University Zurich (2019)

Kira Schmitt

Institute for Veterinary Pharmacology and –toxicology, sekretariat@vetpharm.uzh.ch

Clinic for Small Animal Internal Medicine, sekretariat@kltmed.ch

Antimicrobial use for selected diseases in cats in Switzerland

Antibiotic use in human and veterinary medicine is considered a main driver of antimicrobial resistance development. Although guidelines to promote appropriate use of antimicrobials in veterinary patients have been developed, antibiotic overprescription is assumed to be a common problem. The goal of this study was to investigate antimicrobial use in cats with acute upper respiratory tract disease (aURTD), feline lower urinary tract disease (FLUTD) and abscesses, and to assess compliance of prescription with consensus guidelines. A total of 776 cases (aURTD, n=227; FLUTD, n=333; abscesses, n=216) presented to two university hospitals and 14 private veterinary practices in Switzerland during 2016 were retrospectively evaluated.

A total of 60–96% of the cats received antibiotic therapy. Prescriptions were in complete accordance with the guidelines in only 17–24% of the cases. The critically important third generation cephalosporins were the second most frequently prescribed antibiotic class and were used in 25–28% of the cases. Although diagnostic work-up was more common at the university hospitals, overall frequency of antimicrobial treatment was not different, and antibiotic prescription was not clearly superior compared to private practices.

Our results indicate that overprescription of antibiotics in cats is common and accordance with guidelines is poor. The study highlights the need to promote antimicrobial stewardship in small animal medicine.

Keywords: antibiotic prescription; antimicrobial stewardship; resistance; cat; infection

Vetsuisse Fakultät Universität Zürich (2019)

Kira Schmitt

Institut für Veterinärpharmakologie und –toxikologie, sekretariat@vetpharm.uzh.ch

Klinik für Kleintiermedizin, sekretariat@kltmed.ch

Antibiotikaeinsatz für ausgewählte Krankheiten bei Katzen innerhalb der Schweiz

Antibiotikaeinsatz in der Human- und Veterinärmedizin gilt als Haupttreiber für die Entwicklung antimikrobieller Resistenzen. Obwohl in der Veterinärmedizin Leitlinien zur Förderung eines umsichtigen Antibiotikaeinsatzes entwickelt wurden, wird vermutet, dass Antibiotika übermässig verschrieben werden. Ziel dieser Studie war es, die Antibiotikaverschreibung bei Katzen mit akuter Erkrankung der oberen Atemwege (aURTD), Erkrankung der unteren Harnwege (FLUTD) und Abszessen zu untersuchen und die Übereinstimmung mit Konsensus-Leitlinien zu überprüfen. Insgesamt wurden 776 Fälle (aURTD, n=227; FLUTD, n=333; Abszesse, n=216), die 2016 an zwei Universitätsspitalern und 14 Privatpraxen in der Schweiz vorstellig wurden, retrospektiv ausgewertet.

Insgesamt erhielten 60–96% der Katzen eine Antibiotikatherapie. Nur in 17–24% der Fälle entsprachen die Verschreibungen den Leitlinien. Die kritisch wichtigen Cephalosporine der dritten Generation wurden am zweithäufigsten verschrieben und wurden in 25–28% der Fälle angewendet. Obwohl die diagnostische Aufarbeitung der Fälle an den Universitätsspitalern häufiger war als in den Privatpraxen, unterschied sich die Frequenz der Antibiotikabehandlung nicht und die Antibiotikaverschreibung war nicht besser.

Die Ergebnisse deuten darauf hin, dass Antibiotikaverschreibung bei Katzen häufig und Übereinstimmung mit Leitlinien schlecht ist. Die Studie unterstreicht die Notwendigkeit, umsichtigen Antibiotikaeinsatz in der Kleintiermedizin zu fördern.

Stichworte: Antibiotikaverschreibung; Resistenz; Katze; Infektion

Antimicrobial use for selected diseases in cats in Switzerland

K. Schmitt^{1,2}, C. Lehner^{2,3}, S. Schuller³, G. Schüpbach-Regula⁴, M. Mevissen⁵, R. Peter², C.R. Müntener², H. Naegeli^{2*}, B. Willi^{1*}

¹ Clinic for Small Animal Internal Medicine, Vetsuisse Faculty, University of Zurich, Zurich, Switzerland

² Institute of Veterinary Pharmacology and Toxicology, University of Zurich, Zurich, Switzerland

³ Division of Small Animal Internal Medicine, Department of Clinical Veterinary Medicine, Vetsuisse Faculty, University of Bern, Bern, Switzerland

⁴ Veterinary Public Health Institute (VPHI), Vetsuisse Faculty, University of Bern, Bern, Switzerland

⁵ Division of Pharmacology and Toxicology, Vetsuisse Faculty, University of Bern, Bern, Switzerland

*Corresponding authors

Mailing addresses:

Hanspeter Naegeli, Institute of Veterinary Pharmacology and Toxicology, University of Zurich, Winterthurerstrasse 260 CH-8057 Zurich, Switzerland,

email: hanspeter.naegeli@vetpharm.uzh.ch; FAX: +41 44 635 89 10

Barbara Willi, Clinic for Small Animal Internal Medicine, Vetsuisse Faculty, University of Zurich, Winterthurerstrasse 260 CH-8057 Zurich, Switzerland,

email: bwilli@vetclinics.uzh.ch; FAX: +41 44 635 89 30

E-mail addresses:

KS: kschmitt@vetclinics.uzh.ch

CL: claudia.lehner@vetsuisse.unibe.ch

SS: simone.schuller@vetsuisse.unibe.ch

GS: gertraud.schuepbach@vetsuisse.unibe.ch

MM: meike.mevisen@vetsuisse.unibe.ch

RP: ruth.peter@vetpharm.uzh.ch

CRM: cedric.muentener@vetpharm.uzh.ch

HN: hanspeter.naegeli@vetpharm.uzh.ch

BW: bwilli@vetclinics.uzh.ch

Abstract

Background: Antibiotic use in human and veterinary medicine is considered a main driver of antimicrobial resistance development. Although guidelines to promote appropriate use of antimicrobials in veterinary patients have been developed, antibiotic overprescription is assumed to be a common problem. The goal of this study was to investigate antimicrobial use in cats in Switzerland with acute upper respiratory tract disease (aURTD), feline lower urinary tract disease (FLUTD) and abscesses, and to assess compliance of prescription with consensus guidelines. A total of 776 cases (aURTD, n=227; FLUTD, n=333; abscesses, n=216) presented to two university hospitals and 14 private veterinary practices in Switzerland during 2016 were retrospectively evaluated. Clinical history, diagnostic work-up and antimicrobial prescription (class, dosage, duration) were assessed.

Results: A total of 77% (aURTD), 60% (FLUTD) and 96% (abscesses) of the cases received antibiotic therapy; 13–24% received combination or serial therapy. The cats

were treated for a median of 7 (abscesses) and 10 days (aURTD, FLUTD). Treatments with potentiated aminopenicillins (40–64%), third generation cephalosporins (25–28%), aminopenicillins (12–24 %) and fluoroquinolones (3–13%) were most common.

Prescriptions were judged in complete accordance with consensus guidelines in 22% (aURTD), 24% (FLUTD) and 17% (abscesses) of the cases. The presence of lethargy, anorexia or fever in cats with aURTD ($p=0.002$), and the detection of bacteriuria in cats with FLUTD ($p<0.001$) were associated with antibiotic therapy. Although diagnostic work-up was more common (aURTD and FLUTD: $p<0.001$) and the use of critically important antibiotics less common (aURTD: $p=0.001$; FLUTD: $p<0.001$) at the university hospitals compared to private practices, the frequency of antibiotic treatment was not different between the university hospitals and private practices.

Conclusion: Our results indicate that overprescription of antibiotics in cats in Switzerland is common and accordance with guidelines is poor. The study highlights the need to promote antimicrobial stewardship in small animal medicine.

Keywords: antibiotic prescription; antimicrobial stewardship; resistance; guidelines; acute upper respiratory tract disease; feline lower urinary tract disease; FLUTD; abscess; infection

Background

Mitigation of antimicrobial resistance has been an emerging topic that plays an important role in human and veterinary medicine. Antimicrobial resistance in bacteria is a naturally occurring phenomenon and has been subject to evolution over millions of years [1–5].

The frequent use of antimicrobials in human and veterinary medicine and in agriculture

exerts an enormous selection pressure on bacterial populations and promotes the development of multidrug-resistant bacteria that can readily spread their resistance genes by various mechanisms [1–3]. Antibiotic use in veterinary medicine is discussed as one of the main drivers for resistance development. In Europe, around 8,000 tons of antibiotics were sold for veterinary use in 2015, with pronounced differences between countries [6]. The amount of antibiotics used in companion animals in Europe in comparison to the amount prescribed in livestock is relatively small [6], but is not to be neglected. The close contact of pets with their owners facilitates the transmission of multidrug-resistant organisms between human and companion animals [1, 7–14]. Furthermore, the trend for intensive medical care of dogs and cats poses a risk for nosocomial infections [15–18] and is associated with an increasing number of geriatric and immunosuppressed patients that are highly susceptible to infections with multidrug-resistant bacteria.

Based on recent data, Centres for Disease Control and Prevention estimates that approximately 30–50% of antibiotic prescriptions in humans are unnecessary [19, 20]. Surveys describing antimicrobial use in dogs and cats revealed that antibiotics are frequently prescribed, in particular beta-lactam antibiotics [21–30], and that cats are especially exposed to the critically important third generation cephalosporins [21–25, 30–33]. Most previous studies performed in dogs and cats were based on questionnaires presenting hypothetical scenarios that have been sent out to veterinarians [22, 23, 28, 33–37]. These studies are commonly hampered by a selection bias, recall bias and prevarication bias, and the answers given do not necessarily reflect the actual prescribing practice. Some studies analyzed pharmacy records [38, 39] and veterinary or pet insurance databases [21, 22, 24–27, 29, 30, 32] but only few studies

evaluated whether prescriptions practice was in accordance with relevant guidelines [24, 26, 27, 33, 34].

The aims of this study were to investigate the antimicrobial prescribing practice in Switzerland for indications in cats with frequent use of antibiotics, i.e., in cases of acute upper respiratory tract disease (aURTD), feline lower urinary tract disease (FLUTD) as well as abscesses, and to evaluate to what extent the prescriptions comply with recently established consensus guidelines [40, 41].

Methods

Cases presented between January 1st and December 31st 2016 to the two Swiss university teaching hospitals for small animals (Vetsuisse Faculty Bern and Zurich) as well as to fourteen private veterinary practices across Switzerland were included. The private practices participated on a voluntary basis following a nationwide call. In order to identify patients matching the inclusion criteria (Table 1), the electronic records were scanned for predetermined search terms (Table 1) using search functions provided by the particular software. For practical reasons, only private practices using either OblonData[®] (Amacker&Partner Informatik AG, Zurich, Switzerland) or Diana SUISSE[®] (Diana Software AG, Zurich, Switzerland) were enrolled. A full text search was conducted and the matches were manually reviewed. All cases from the two university hospitals matching the criteria were included. From private practice, 16 cases per indication that matched the criteria were randomly selected via the sampling function of Microsoft Excel. In eight private practices, less than 16 cases per indication were found in the case files and included.

Signalment, vaccination status, clinical history, reports on clinical examination, antibiotic pretreatment, diagnostic work-up, comorbidities, hospitalization and antimicrobial therapy (substance class, dose, frequency of application and duration of therapy) were retrieved from the medical records. The evaluated diagnostic work-up for aURTD included PCR for feline calicivirus (FCV) and feline herpesvirus-1 (FHV); for FLUTD, urine sediment analysis and urine bacterial culture were assessed. Bacteriuria was defined as the presence of bacteria in the urine sediment analysis or in the bacterial culture from an aseptically collected urine sample (cystocentesis or catheterized sample). Complicated urinary tract infections were defined as infections that were caused by anatomical or functional changes or a comorbidity, that predispose the patient to persistent or recurrent infections or treatment failure [42]. Critically important antibiotics comprised third or higher generation cephalosporins, quinolones, macrolides, ketolides, glycopeptides and polymyxins [43]. Combination therapy was defined as the prescription of two or more antibiotic classes at the same time; serial therapy as the prescription of one antibiotic class followed by a different antibiotic class. Antimicrobial prescription was compared with the consensus guidelines summarized in Table 2 using a previously published justification score (JS) with modifications shown in Table 3 [44]. The guidelines were published in December 2016 [40] and can be accessed online as the AntibioticScout tool [45].

For statistical analysis, the commercially available SPSS[®] software (SPSS Inc, IL, USA) was used. Descriptive statistics and comparisons of groups were conducted. Because the continuous variables were not normally distributed, the Mann Whitney U Test was used to compare the median age as well as the duration of therapy between the university hospitals and private practices. For the median age, 95% confidence

intervals (CI) were calculated. The Chi square test was performed for categorical variables (case characteristics, diagnostic work-up, hospitalization, antibiotic pretreatment and antibiotic prescription) between university hospitals and private practices; frequency of antibiotic therapy between the indications; association of symptoms listed in the guidelines (for aURTD and abscesses) or the presence of bacteriuria (for FLUTD) with antibiotic therapy. The level of significance was set at $p < 0.05$. For the comparison of the justification scores between university hospitals and private practices the Chi square test was performed and the significance level was adapted for multiple tests using the Bonferroni correction.

Results

Case characteristics

A total of 776 cats were included in the study. Case characteristics are shown in Table 4. A detailed overview of clinical symptoms, diagnostic procedures and antimicrobial prescription for each indication is given in Tables 5–7. Cats with aURTD were significantly younger (median age: 3 years) than cats with FLUTD (median age: 8 years, $p < 0.001$) or cats with abscesses (median age: 7 years; $p < 0.001$) and more likely to be intact (aURTD and FLUTD: $p < 0.001$, aURTD and abscesses: $p < 0.001$). Furthermore, the cats presented to the university hospitals were more often pretreated with antibiotics and hospitalized when compared with the cases in private practices (pretreatment: aURTD and FLUTD, $p < 0.001$; hospitalization: aURTD and FLUTD, $p < 0.001$). The frequency of antibiotic prescription differed between the indications (percentage of cases treated: aURTD, 77%; FLUTD, 60%; abscesses, 96%; $p < 0.001$), but was not significantly associated with breed, age or sex of the cats.

Antibiotic prescription for aURTD

Of 227 cats with aURTD, 175 (77%) received antibiotic therapy with the following substance classes: potentiated aminopenicillins (40%), third generation cephalosporins (28%), aminopenicillins (24%), tetracyclines (16%), fluoroquinolones (4%), amphenicols (2%), macrolides (2%), first generation cephalosporins and penicillins (1% each); 15% of the cases received combination or serial therapy. The cats were treated for 4 to 37 days (median of 10 days). Antibiotic therapy was significantly associated with the indications listed in the guidelines (presence of lethargy, anorexia or fever, $p=0.002$). The treatment decision was judged as being compliant with the guidelines (JS-1) in 49 cases (22%) and not in accordance with the guidelines in 135 cases (59%; JS-2: $n=4$, 2%; JS-3: $n=48$, 21%; JS-4, $n=83$, 36%). The lack of information on the presence or absence of disease symptoms as listed in the guidelines precluded judgment in 43 cases (19%). Judgement of antimicrobial prescription was significantly more often not possible in private practices compared to the university hospitals ($p=0.001$).

The diagnostic work-up and antimicrobial prescription patterns differed between private practices and university hospitals (Table 5). The aURTD cases were significantly more frequently tested by PCR for the presence of respiratory pathogens at the university hospitals compared to private practices ($p<0.001$). The choice of antibiotic (JS-3) was significantly more often in disagreement with the guidelines at the university hospitals ($p<0.001$); this was mainly due to the more common use of potentiated aminopenicillins ($p<0.001$) and the less common use of aminopenicillins ($p=0.002$) at the university hospitals compared to private practices. On the other hand, the use of critically important antibiotics was significantly more common in private practices

($p=0.001$). The decision to use antibiotics for treatment was significantly more often in disagreement with the guidelines (JS-4) in the private practices ($p=0.001$).

Antibiotic prescription for FLUTD

Of 333 cats with FLUTD, 200 cases (60%; 56 with bacterial cystitis, 144 with other/unknown diagnosis) received antibiotic therapy with the following substance classes: potentiated aminopenicillins (61%), third generation cephalosporins (26%), fluoroquinolones (13%), aminopenicillins (12%), first generation cephalosporins (3%), amphenicols (1%) and tetracyclines (1%); 13% received combination or serial therapy. The cats were treated for 1 to 56 days (median of 10 days). The presence of bacteriuria was significantly associated with antibiotic therapy ($p<0.001$). The treatment decision was judged as being compliant with the guidelines (JS-1) in 81 (24%) and not in accordance with the guidelines in 82 (25%) cases (JS-2: $n=1$, 1%; JS-3: $n=31$, 9%; JS-4: $n=50$, 15%). Inadequate diagnostic work-up (154 out of 170 cases, 91%) was the main reason to preclude judgment in 170 cases (51%).

Diagnostic work-up and antimicrobial prescription patterns were again different between the university hospitals and private practices (Table 6). Urine sediment analysis or bacterial culture were significantly more commonly performed at the university hospitals compared to private practices ($p<0.001$). Antimicrobial prescription at university hospitals was significantly more often graded as JS-1 (complete agreement with the guidelines, $p<0.001$), JS-3 (choice of antimicrobial different from the guidelines, $p<0.001$) and JS-4 (complete discrepancy with the guidelines, $p<0.001$) compared to prescriptions at private practices. The use of critically important antibiotics was significantly more common in private practice compared to the university hospitals

($p < 0.001$). Furthermore, judgment of antimicrobial prescription was significantly more often not possible in private practices ($p < 0.001$).

Antibiotic prescription for abscesses

Of 216 cats with abscesses, 207 cats (96%) received antibiotic therapy with the following substance classes: potentiated aminopenicillins (64%), third generation cephalosporins (25%), aminopenicillins (24%), first generation cephalosporins (6%), fluoroquinolones (3%), lincosamides (2%), penicillins (1%); 24% received combination or serial therapy. The cats were treated for 1 to 24 (median 7) days. Local wound treatment was carried out in 156 of 216 cases (72%) and drains were placed in 33 of 216 cases (15%). Antibiotic therapy was not associated with any of the symptoms listed in the guidelines, i.e., signs of generalization, poor general condition, severely contaminated wounds, and/ or proximity to delicate tissues. Antimicrobial therapy was judged in accordance with the guidelines (JS-1) in 36 (17%) and not in accordance with the guidelines in 95 (44%) cases (JS-2: $n=16$, 7%; JS-3: $n=14$, 7%; JS-4: $n=65$, 30%). Assessment of prudent use was not possible 85 cases (39%).

Discussion

The results of this study indicate that overprescription of antibiotics in cats in Switzerland with aURTD, FLUTD and abscesses is very common. Although the diagnostic work-up was more elaborate at the university hospitals, and critically important antibiotics were less commonly prescribed at the universities, the prudent use pattern of prescriptions was not clearly superior compared to private practices. This was mainly due to the very common use of potentiated aminopenicillins instead of non-potentiated aminopenicillins at the universities. On the other hand, the quality of antimicrobial prescription could often

not be judged in the cases from private practices because the diagnostic work-up or the symptoms of the patients were often not documented. The common discrepancy of antimicrobial prescription with recently established consensus guidelines [40, 41] at the two university hospitals is surprising considering that senior clinicians of these hospitals were involved in the drafting of the guidelines. The overall frequency of antimicrobial treatment was also not different at the university hospitals compared to private practices. However, our data indicates that the animals presented to the university hospitals were more often pretreated or hospitalized, and could thus have been in a more debilitated condition.

Only 17–24% of the treatment decisions in this study were classified as JS-1 and therefore in complete accordance with the consensus guidelines. Recent studies in dogs and cats have reported an overall agreement of 0–69% with published guidelines [24, 27, 33, 34]. This overall low accordance raises the question of whether the proposed guidelines cannot be implemented in clinical practice, for example, due to poor market availability of appropriate antibiotic formulations, or whether the content is not well disseminated among veterinary practitioners. The consensus guidelines used in this study are available online and easily accessible, but they were only introduced by December 2016. The *a priori* compliance with the proposed guidelines was evaluated in this study to lay the basis to monitor, in a next step, the impact of these guidelines on antimicrobial prescription patterns in Switzerland.

The critically important antibiotics used in cats in this study were mostly third generation cephalosporins as well as fluoroquinolones. Third generation cephalosporins were the second most frequently prescribed antibiotic class and were used in 25–28% of the cases. This mirrors the results obtained in previous studies [21–25, 31–33] and

could likely be explained by the convenient application (as a single subcutaneous injection) and the long dosing interval (two weeks) of the authorized product in Switzerland (cefovecin, Convenia®, Zoetis, Delémont, Switzerland). A previous study evaluating electronic health records found that inability to orally medicate the cat was the most common reason given for prescribing cefovecin [46]. An online survey in veterinarians in Switzerland also revealed that the route of application was the most important factor in the choice of antimicrobial therapy in cats [47]. In our study, the prescription of critically important antibiotics was significantly more frequent in private practices compared to the university hospitals. This observation supports the hypothesis that the workplace environment is an important factor determining treatment decisions and antimicrobial use [48]. University hospitals, as training centers, may have stronger restrictions for the use of critically important antibiotics: one of the two university hospitals of this study completely forbids the use of third generation cephalosporins in its patients. On the other hand, the cats at the university hospitals were more commonly hospitalized compared to the cases in private practices, thus allowing for parenteral medication and avoiding the problem of oral application of the antibiotic drug.

Antimicrobial prescription in the absence of proper diagnostic work-up was very common in this study. In only 40% of the FLUTD cases overall, and in only 10% of the FLUTD cases in private practices, bacterial culture and susceptibility testing were carried out. In a previous study based on a questionnaire, 32.5% of companion animal practitioners in Europe reported that they frequently undertake antimicrobial susceptibility testing whereas 9.1% never demand such tests [49]. In another survey from Italy, 91% of the practitioners reported to carry out microbiological analysis, although only 20% reported to do so frequently [35]. Our results indicate that these data

based on questionnaires are probably too optimistic and that bacterial culture, an essential diagnostic work-up step for cats with FLUTD, is rarely performed in private practices. In contrast, bacterial culture was performed in 87% of the FLUTD cases presented to the university hospitals, although this did not result in a less frequent prescription of antimicrobials. Interestingly, 56% of the FLUTD cases at the universities received antibiotic therapy despite the absence of bacteria in urine culture. A total of 20% of these cats were pretreated with antibiotics which could have affected the interpretation of a negative bacterial culture result. Also many of these cats suffered from urinary tract obstruction and antibiotic therapy was initiated after removal of the indwelling urinary catheter.

The trend towards more diagnostic testing at the university hospitals is also demonstrated by a more frequent use of PCR for the detection of FCV and FHV in cases with aURTD. These tests can be useful to support a diagnosis of viral infection and to initiate supportive measures such as the prescription of famciclovir in the case of FHV infection, and thus reduce the use of antibiotics [50]. In this study, the detection of FCV and FHV did not affect the frequency of antibiotic prescription. Overprescription of antibiotics in cats with aURTD was common in both groups: although only 29% of the cats showed symptoms that would have justified an antibiotic therapy according to the consensus guidelines, 77% of the cases received antibiotic treatment. Potentiated aminopenicillins were most often prescribed at the university hospitals, while third generation cephalosporins and aminopenicillins were most commonly used in private practice. A study revealed that amoxicillin with clavulanic acid is not superior to doxycycline when treating cats with signs of acute respiratory tract disease [51]. Our data, however, indicate that the cases presented to the university hospitals were in a

more debilitated condition, because 72% of the cats with aURTD were hospitalized in comparison to 3% in private practices. Furthermore, 68% of the cats presented to university hospitals had symptoms listed in the guidelines, while at the private practices only 21% of the cats were reported to show a poor general condition, fever, lethargy and/ or anorexia. The more compromised clinical condition of the patients at university hospitals could explain the common use of aminopenicillins instead of doxycycline due to the lack of a licensed injectable doxycycline preparation in Switzerland. However, potentiated instead of non-potentiated aminopenicillins were almost exclusively used at the universities. Non-potentiated and potentiated aminopenicillins are often used interchangeably although it has been shown that the use of clavulanic acid may increase AmpC-mediated resistance causing inducible organisms to become insensitive to 1st to 3rd generation cephalosporins [52, 53]. The frequent use of potentiated aminopenicillins instead of non-potentiated aminopenicillins in this study could also be due to the better availability of these products on the market, since they make up the largest part of antimicrobial compounds licensed for cats in Switzerland [54].

A total of 96% of the cats with abscesses received antibiotic treatment but only 30% of the cats presented symptoms that, according to the guidelines, would justify an antibiotic therapy. Our findings are in line with results from previous studies where frequency of antibiotic prescriptions for skin diseases such as wounds or abscesses ranged from 90–97% of cases [24, 32]. In children, antibiotics might sometimes be applied for local wound treatment to avoid anesthesia or sedation [55]. However, 72% of the cats in this study received local wound treatment and passive drains were placed in 15% of the cats. It can be assumed that, in many of these cases, antibiotics were supplemented as a preventative measure. Studies from human medicine showed that

appropriate drainage of the abscess is important and that antibiotic treatment may not be necessary [56–59]. Several guidelines for small animals state that an antibiotic treatment is not indicated if the abscess is well-defined and the animal is in a good general condition [60–62].

The present study has some limitations. The insufficient documentation in the databases limited the information available for review. The presence of bacteria in urine sediment analysis of an aseptically collected urine sample was considered appropriate to confirm a bacterial etiology in cases with FLUTD, although this is considered insufficient diagnostic work-up according to some guidelines due to the variable quality of interpretation, the risk of stain contamination as well as the possibility of false positive results [61, 63]. In a recent study, overall accuracy of in-house microscopic evaluation for bacteriuria in primary practice was only 64.5% when comparing results to reference bacterial cultures [64]. We decided to consider these results since former studies have reported accuracies of urine sediment analysis of 97–98% when performed by experienced laboratory personal [65–68]. Furthermore, the generally low prevalence of bacterial cystitis in cats should not result in many false positive results [69–71].

The assessment score used in this study leaves a margin of interpretation and the justification of antimicrobial prescription was based on consensus guidelines released in Switzerland. Results could differ to some extent when comparing prescription to guidelines from other countries. Also, there could be a selection bias since the participation in this study was on a voluntary basis and the enrolled practices might have been more aware of antimicrobial resistance and more likely to prescribe antibiotics prudently.

Conclusion

The present study highlights the need to promote antimicrobial stewardship in small animal medicine and to implement effective intervention strategies. Particular attention should be paid to the education of veterinarians, the propagation of diagnostic work-up and the need for proper documentation to justify antibiotic treatment. Antimicrobial stewardship at universities should be urgently advanced as they serve as role models for veterinary practice. Developments on the market to provide small spectrum antibiotics for convenient application would be of particular importance in cats since the route of application is a major factor in the choice of antimicrobials in this species. Such new products will contribute to ensuring that effective antimicrobials remain available in the future to combat bacterial infections in human and veterinary medicine.

List of abbreviations:

aURTD: acute upper respiratory tract disease

FLUTD: feline lower urinary tract disease

PCR: polymerase chain reaction

FCV: Feline Calicivirus

FHV: Feline Herpesvirus-1

JS: justification score

vs: versus

n.s.: not significant

SID: once daily

BID: twice daily

TID: three times daily

Declarations

Ethics approval and consent to participate: All data collected in this study were generated as part of the diagnostic work-up and treatment of the patients.

Consent for publication: Not applicable

Availability of data and material: the datasets used and analyzed during the current study are available from the corresponding author on reasonable request.

Competing interests: The authors declare that they have no competing interests.

Funding: This research was supported by the Swiss National Science Foundation (NRP72 grant 407240_167054).

Authors' contributions: HN, BW and SS conceived the study. BW, SS and RP were responsible for the coordination of the study. CL and KS carried out the data collection. GS was responsible for the statistical analyses. BW and KS drafted the manuscript. HN, SS, MM, GS, CL and CRM edited the manuscript. All authors read and approved the final manuscript.

Acknowledgements: We thank all private practices and clinics which participated in this study. The authors thank D. Demuth for technical support and helpful discussions. This study was the doctoral thesis of K. Schmitt.

References

1. Holmes AH, Moore LSP, Sundsfjord A, Steinbakk M, Regmi S, Karkey A, et al. Understanding the mechanisms and drivers of antimicrobial resistance. *Lancet*. 2016;387:176–87. doi:10.1016/S0140-6736(15)00473-0.
2. Blair JMA, Webber MA, Baylay AJ, Ogbolu DO, Piddock LJ V. Molecular mechanisms

- of antibiotic resistance. *Nat Rev Microbiol*. 2015;13:42–51. doi:10.1038/nrmicro3380.
3. Bhullar K, Waglechner N, Pawlowski A, Koteva K, Banks ED, Johnston MD, et al. Antibiotic resistance is prevalent in an isolated cave microbiome. *PLoS One*. 2012;7:1–11.
 4. Dcosta VM, King CE, Kalan L, Morar M, Sung WWL, Schwarz C, et al. Antibiotic resistance is ancient. *Nature*. 2011;477:457–61. doi:10.1038/nature10388.
 5. Hernández J, Stedt J, Bonnedahl J, Molin Y, Drobni M, Calisto-Ulloa N, et al. Human-associated extended-spectrum β -lactamase in the Antarctic. *Appl Environ Microbiol*. 2012;78:2056–8. doi:10.1128/AEM.07320-11.
 6. European Medicines Agency, European Surveillance of Veterinary Antimicrobial Consumption 2017. (EMA/184855/2017). Sales of veterinary antimicrobial agents in 30 European countries in 2015. 2017. doi:10.2809/676974.
 7. Guardabassi L, Schwarz S, Lloyd DH. Pet animals as reservoirs of antimicrobial-resistant bacteria. *Journal of Antimicrobial Chemotherapy*. 2004;54:321–32. doi:10.1093/jac/dkh332.
 8. Guardabassi L, Loeber ME, Jacobson A. Transmission of multiple antimicrobial-resistant *Staphylococcus intermedius* between dogs affected by deep pyoderma and their owners. *Vet Microbiol*. 2004;98:23–7. doi:10.1016/j.vetmic.2003.09.021.
 9. Weese JS, van Duijkeren E. Methicillin-resistant *Staphylococcus aureus* and *Staphylococcus pseudintermedius* in veterinary medicine. *Veterinary Microbiology*. 2010;140:418–29. doi:10.1016/j.vetmic.2009.01.039.
 10. Johnson JR, Owens K, Gajewski A, Clabots C. *Escherichia coli* colonization patterns among human household members and pets, with attention to acute urinary tract infection. *J Infect Dis*. 2008;197:218–24. doi:10.1086/524844.

11. Johnson JR, Johnston B, Clabots CR, Kuskowski MA, Roberts E, DebRoy C. Virulence genotypes and phylogenetic background of *Escherichia coli* serogroup O6 isolates from humans, dogs, and cats. *J Clin Microbiol.* 2008;46:417–22. doi:10.1128/JCM.00674-07.
12. Zhang XF, Doi Y, Huang X, Li HY, Zhong LL, Zeng KJ, et al. Possible transmission of mcr-1-harboring *Escherichia coli* between companion animals and human. *Emerging Infectious Diseases.* 2016;22:1679–81. doi:10.3201/eid2209.160464.
13. Couto N, Monchique C, Belas A, Marques C, Gama LT, Pomba C. Trends and molecular mechanisms of antimicrobial resistance in clinical staphylococci isolated from companion animals over a 16 year period. *J Antimicrob Chemother.* 2016;71:1479–87.
14. Paul NC, Moodley A, Ghibaud G, Guardabassi L. Carriage of methicillin-resistant *Staphylococcus pseudintermedius* in small animal veterinarians: indirect evidence of zoonotic transmission. *Zoonoses Public Health.* 2011;58:533–9. doi:10.1111/j.1863-2378.2011.01398.x.
15. Grönthal T, Moodley A, Nykäsenoja S, Junnila J, Guardabassi L, Thomson K, et al. Large Outbreak Caused by Methicillin Resistant *Staphylococcus pseudintermedius* ST71 in a Finnish Veterinary Teaching Hospital – From Outbreak Control to Outbreak Prevention. *PLoS One.* 2014;9.
16. Grönlund Andersson U, Wallensten A, Hæggman S, Greko C, Hedin G, Hökeberg I, et al. Outbreaks of methicillin-resistant *Staphylococcus aureus* among staff and dogs in Swedish small animal hospitals. *Scand J Infect Dis.* 2014;46:310–4. doi:10.3109/00365548.2013.866267.
17. Leonard FC, Abbott Y, Rossney A, Quinn PJ, O'Mahony R, Markey BK. Methicillin-resistant *Staphylococcus aureus* isolated from a veterinary surgeon and five dogs in one

practice. *Vet Rec.* 2006;158:155–9. doi:10.1136/vr.158.5.155.

18. Rojas I, Barquero-Calvo E, van Balen JC, Rojas N, Muñoz-Vargas L, Hoet AE. High Prevalence of Multidrug-Resistant Community-Acquired Methicillin-Resistant *Staphylococcus aureus* at the Largest Veterinary Teaching Hospital in Costa Rica.

Vector-Borne Zoonotic Dis. 2017;17:645–53. doi:10.1089/vbz.2017.2145.

19. Fleming-Dutra KE, Hersh AL, Shapiro DJ, Bartoces M, Enns EA, File TM, et al.

Prevalence of inappropriate antibiotic prescriptions among us ambulatory care visits, 2010-2011. *JAMA - J Am Med Assoc.* 2016;315:1864–73. doi:10.1001/jama.2016.4151.

20. CDC. Antibiotic resistance threats in the United States, 2013. *Current.* 2013;;114. doi:CS239559-B.

21. Singleton DA, Sánchez-Vizcaíno F, Dawson S, Jones PH, Noble PJM, Pinchbeck GL, et al. Patterns of antimicrobial agent prescription in a sentinel population of canine and feline veterinary practices in the United Kingdom. *Vet J.* 2017;224:18–24.

doi:10.1016/j.tvjl.2017.03.010.

22. Buckland EL, O'Neill D, Summers J, Mateus A, Church D, Redmond L, et al.

Characterisation of antimicrobial usage in cats and dogs attending UK primary care companion animal veterinary practices. *Vet Rec.* 2016;179:489. doi:10.1136/vr.103830.

23. De Briyne N, Atkinson J, Borriello SP, Pokludov L. Antibiotics used most commonly to treat animals in Europe. *Vet Rec.* 2014;175:325.

24. Sarrazin S, Vandael F, Cleven A Van, De Graef E, De Rooster H, Dewulf J, et al.

The impact of antimicrobial use guidelines on prescription habits in fourteen Flemish small animal practices. *VLAAMS Diergeneeskd Tijdschr.* 2017;86:173–82.

25. Murphy CP, Reid-Smith RJ, Boerlin P, Weese JS, Prescott JF, Janecko N, et al.

Out-patient antimicrobial drug use in dogs and cats for new disease events from

- community companion animal practices in Ontario. *Can Vet J.* 2012;53:291–8.
26. Regula G, Torriani K, Gassner B, Stucki F, Müntener CR. Prescription patterns of antimicrobials in veterinary practices in Switzerland. *J Antimicrob Chemother.* 2009;63:805–11.
27. Escher M, Vanni M, Intorre L, Caprioli A, Tognetti R, Scavia G. Use of antimicrobials in companion animal practice: a retrospective study in a veterinary teaching hospital in Italy. *J Antimicrob Chemother.* 2011;66:920–7. doi:10.1093/jac/dkq543.
28. Pleydell EJ, Souphavanh K, Hill KE, French NP, Prattley DJ. Descriptive epidemiological study of the use of antimicrobial drugs by companion animal veterinarians in New Zealand. *N Z Vet J.* 2012;60:115–22.
29. Thomson KH, Rantala MHJ, Viita-Aho TK, Vainio OM, Kaartinen LA. Condition-based use of antimicrobials in cats in Finland: results from two surveys. *J Feline Med Surg.* 2009;11:462–6.
30. Hardefeldt LY, Selinger J, Stevenson MA, Gilkerson JR, Crabb H, Billman-Jacobe H, et al. Population wide assessment of antimicrobial use in dogs and cats using a novel data source – A cohort study using pet insurance data. *Vet Microbiol.* 2018;225 August:34–9. doi:10.1016/J.VETMIC.2018.09.010.
31. Mateus A, Brodbelt DC, Barber N, Stärk KDC. Antimicrobial usage in dogs and cats in first opinion veterinary practices in the UK. *J Small Anim Pract.* 2011;52:515–21.
32. Radford AD, Noble PJ, Coyne KP, Gaskell RM, Jones PH, Bryan JGE, et al. Antibacterial prescribing patterns in small animal veterinary practice identified via SAVSNET: the small animal veterinary surveillance network. *Vet Rec.* 2011;169:310–310. doi:10.1136/vr.d5062.
33. Van Cleven A, Sarrazin S, de Rooster H, Paepe D, Van der Meeren S, Dewulf J.

Antimicrobial prescribing behaviour in dogs and cats by Belgian veterinarians. *Vet Rec.* 2018;182:324.

34. Hardefeldt LY, Holloway S, Trott DJ, Shipstone M, Barrs VR, Malik R, et al. Antimicrobial Prescribing in Dogs and Cats in Australia: Results of the Australasian Infectious Disease Advisory Panel Survey. *J Vet Intern Med.* 2017;31:1100–7.

35. Barbarossa A, Rambaldi J, Miraglia V, Giunti M, Diegoli G, Zaghini A. Survey on antimicrobial prescribing patterns in small animal veterinary practice in Emilia Romagna, Italy. *Vet Rec.* 2017;181:69.

36. Jessen LR, Sørensen TM, Lilja ZL, Kristensen M, Hald T, Damborg P. Cross-sectional survey on the use and impact of the Danish national antibiotic use guidelines for companion animal practice. *Acta Vet Scand.* 2017;59:1–9. doi:10.1186/s13028-017-0350-8.

37. Hughes LA, Williams N, Clegg P, Callaby R, Nuttall T, Coyne K, et al. Cross-sectional survey of antimicrobial prescribing patterns in UK small animal veterinary practice. *Prev Vet Med.* 2012;104:309–16. doi:10.1016/j.prevetmed.2011.12.003.

38. Weese JS. Investigation of antimicrobial use and the impact of antimicrobial use guidelines in a small animal veterinary teaching hospital: 1995-2004. *J Am Vet Med Assoc.* 2006;228:553–8. doi:10.2460/javma.228.4.553.

39. Hölsö K, Rantala M, Lillas A, Eerikäinen S, Huovinen P, Kaartinen L. Prescribing antimicrobial agents for dogs and cats via university pharmacies in Finland--patterns and quality of information. *Acta Vet Scand.* 2005;46:87–93.

40. Peter R, Müntener C, Demuth D, Heim D, Mevissen M, Schüpbach-Regula G, et al. AntibioticScout: Online tool for antimicrobial stewardship in veterinary medicine. *Schweiz Arch Tierheilkd.* 2016;158:805–10. doi:10.17236/sat00095.

41. Peter R, Demuth D, Müntener C, Lampart M, Heim D, Mevissen M, et al. AntibioticScout.ch: A decision supporting tool for antimicrobial stewardship: application to companion animal medicine. *Schweiz Arch Tierheilkd.* 2017;159:525–33. doi:10.17236/sat00129.
42. Orenstein R, Wong ES. Urinary Tract Infections in Adults. *Am Fam Physician.* 1999;59:1225–34, 1237.
43. World Health Organization. WHO list of critically important antimicrobials for human medicine (WHO CIA list). 2017. <http://who.int/foodsafety/publications/antimicrobials-fifth/en/>. Accessed 11 Nov 2018.
44. DePestel DD, Eiland EH, Lusardi K, Destache CJ, Mercier RC, McDaneld PM, et al. Assessing appropriateness of antimicrobial therapy: in the eye of the interpreter. *Clin Infect Dis.* 2014;59 Suppl 3:S154–61. doi:10.1093/cid/ciu548.
45. AntibioticScout. <http://www.vetpharm.uzh.ch/abscout/>. Accessed 15 Nov 2018.
46. Burke S, Black V, Sánchez-Vizcaíno F, Radford A, Hibbert A, Tasker S. Use of cefovecin in a UK population of cats attending first-opinion practices as recorded in electronic health records. *J Feline Med Surg.* 2017;19:687–92. doi:10.1177/1098612X16656706.
47. Schönenberger AC. Motivation von Kleintierärzten für die Verschreibung von Antibiotika. University of Zurich; 2012.
48. Mateus ALP, Brodbelt DC, Barber N, Stärk KDC. Qualitative study of factors associated with antimicrobial usage in seven small animal veterinary practices in the UK. *Prev Vet Med.* 2014;117:68–78. doi:10.1016/j.prevetmed.2014.05.007.
49. De Briyne N, Atkinson J, Pokludová L, Borriello SP, Price S. Factors influencing antibiotic prescribing habits and use of sensitivity testing amongst veterinarians in

Europe. *Vet Rec.* 2013;173:475.

50. Lappin MR, Blondeau J, Boothe D, Breitschwerdt EB, Guardabassi L, Lloyd DH, et al. Antimicrobial use Guidelines for Treatment of Respiratory Tract Disease in Dogs and Cats: Antimicrobial Guidelines Working Group of the International Society for Companion Animal Infectious Diseases. *J Vet Intern Med.* 2017;31:279–94.

doi:10.1111/jvim.14627.

51. Litster AL, Wu CC, Constable PD. Comparison of the efficacy of amoxicillin-clavulanic acid, cefovecin, and doxycycline in the treatment of upper respiratory tract disease in cats housed in an animal shelter. *J Am Vet Med Assoc.* 2012;241:218–26.

doi:10.2460/javma.241.2.218.

52. Jacoby GA. AmpC B-Lactamases. *Clin Microbiol Rev.* 2009;22:161–82.

53. Kitzis MD, Ferré B, Coutrot A, Acar JF, Gutmann L. In vitro activity of combinations of beta-lactam antibiotics with beta-lactamase inhibitors against cephalosporinase-producing bacteria. *Eur J Clin Microbiol Infect Dis.* 1989;8:783–8.

54. CliniPharm. https://www.vetpharm.uzh.ch/wir/00002678/7780__f.htm. Accessed 15 Nov 2018.

55. Mistry RD, Shapiro DJ, Goyal MK, Zaoutis TE, Gerber JS, Liu C, et al. Clinical management of skin and soft tissue infections in the U.S. Emergency Departments. *West J Emerg Med.* 2014;15:491–8. doi:10.5811/westjem.2014.4.20583.

56. Llera JL, Levy RC. Treatment of cutaneous abscess: A double-blind clinical study. *Ann Emerg Med.* 1985;14:15–9. doi:10.1016/S0196-0644(85)80727-7.

57. Rajendran PM, Young D, Maurer T, Chambers H, Perdreau-Remington F, Ro P, et al. Randomized, Double-Blind, Placebo-Controlled Trial of Cephalexin for Treatment of Uncomplicated Skin Abscesses in a Population at Risk for Community-Acquired

Methicillin-Resistant *Staphylococcus aureus* Infection. Antimicrob Agents Chemother. 2007;51:4044–8. doi:10.1128/AAC.00377-07.

58. Hankin A, Everett WW. Are antibiotics necessary after incision and drainage of a cutaneous abscess? Ann Emerg Med. 2007;50:49–51.

59. Duong M, Markwell S, Peter J, Barenkamp S. Randomized, Controlled Trial of Antibiotics in the Management of Community-Acquired Skin Abscesses in the Pediatric Patient. Ann Emerg Med. 2010;55:401–7. doi:10.1016/J.ANNEMERGEMED.2009.03.014.

60. Bergvall K, Greko C, Ingman J, Larsson CI, Mannerfeldt T, Odensvik K, et al. Swedish Veterinary Association Guidelines for the clinical use of antibiotics in the treatment of dogs and cats. 2010.

61. Jessen LR, Damborg PP, Spohr A, Schjøth B, Wiinberg B, Houser G, et al. Antibiotic Use Guidelines for Companion Animal Practice. The Danish Small Animal Veterinary Association, SvHKS, Nov. 2012.

<http://ddd.dk/sektioner/hundkatsmaedyr/antibiotikavejledning/Documents/AntibioticGuidelines.pdf>.

62. Holloway S, Trott D, Shipstone M, Barrs V, Malik R, Burrows M. Antibiotic prescribing detailed guidelines. Australasian Infectious Diseases Advisory Panel; 2013. http://www.ava.com.au/sites/default/files/AVA_website/pdfs/AIDAP_guidelines.pdf.

63. Weese JS, Blondeau JM, Boothe D, Breitschwerdt EB, Guardabassi L, Hillier A, et al. Antimicrobial Use Guidelines for Treatment of Urinary Tract Disease in Dogs and Cats: Antimicrobial Guidelines Working Group of the International Society for Companion Animal Infectious Diseases. Vet Med Int. 2011;2011:1–9. doi:10.4061/2011/263768.

64. Sørensen TM, Bjørnvad CR, Cordoba G, Damborg P, Guardabassi L, Siersma V, et

- al. Effects of Diagnostic Work-Up on Medical Decision-Making for Canine Urinary Tract Infection: An Observational Study in Danish Small Animal Practices. *J Vet Intern Med.* 2018;32:743–51.
65. Way LI, Sullivan LA, Johnson V, Morley PS. Comparison of routine urinalysis and urine Gram stain for detection of bacteriuria in dogs. *J Vet Emerg Crit Care.* 2013;23:23–8. doi:10.1111/vec.12012.
66. O'Neil E, Horney B, Burton S, Lewis PJ, MacKenzie A, Stryhn H. Comparison of wet-mount, Wright-Giemsa and Gram-stained urine sediment for predicting bacteriuria in dogs and cats. *Can Vet J = La Rev Vet Can.* 2013;54:1061–6.
<http://www.ncbi.nlm.nih.gov/pubmed/24179241>. Accessed 18 Oct 2018.
67. Swenson CL, Boisvert AM, Kruger JM, Gibbons-burgener SN. Evaluation of modified Wright-staining for accurate detection of bacteriuria in dogs. *J Am Vet Med Assoc.* 2004;224:1282–9.
68. Brložnik M, Šterk K, Zdovc I. Prevalence and resistance patterns of canine uropathogens in regard to concurrent diseases. *Berl Munch Tierarztl Wochenschr.* 2016;129:340–50. doi:10.2376/0005-9366-15109.
69. Defauw PA, Van de Maele I, Duchateau L, Polis IE, Saunders JH, Daminet S. Risk factors and clinical presentation of cats with feline idiopathic cystitis. *J Feline Med Surg.* 2011;13:967–75. doi:10.1016/j.jfms.2011.08.001.
70. Kruger JM, Osborne CA, Goyal SM, Wickstrom SL, Johnston GR, Fletcher TF, et al. Clinical evaluation of cats with lower urinary tract disease. *J Am Vet Med Assoc.* 1991;199:211–6.
71. Buffington CA, Chew DJ, Kendall MS, Scrivani P V, Thompson SB, Blaisdell JL, et al. Clinical evaluation of cats with nonobstructive urinary tract diseases. *J Am Vet Med*

Assoc. 1997;210:46–50.

Tables

Table 1: Inclusion and exclusion criteria and search terms for aURTD^a, FLUTD^b and abscesses

Indication	Inclusion criteria	Exclusion criteria	Search terms
aURTD^a	Nasal discharge with infectious or unknown etiology lasting no longer than two weeks	Evidence of fungal infection, neoplasia or involvement of the lower respiratory tract	Upper respiratory tract infection, rhinotracheitis, rhinitis, sinusitis, nasal discharge, sneezing, coughing, stridor, dyspnoea, dyspnoea, tachypnoea, tachypnoe, cat flu, herpes, Calici, Mycoplasma, Chlamydia, laryngitis
FLUTD^b	Stranguria, pollakisuria, periuria, pigmenturia or dysuria and a diagnosis of bacterial cystitis, bladderstones, urethrales, urethral plugs, idiopathic cystitis	Involvement of the upper urinary tract	Lower urinary tract disease, FLUTD ^b , pollakiuria, polyuria, anuria, stranguria, dysuria, hematuria, bloody urine, urinary stones, bladder stones, urolithiasis, concrements, cystitis, urethra

or cystitis of unknown origin

obstruction, urinary tract infection,
UTI, urinary incontinence

Abscess

Bite abscesses or abscesses of
unknown origin

Anal gland abscesses, tooth root
abscesses, foreign body
abscesses

Abscess, bite wound, bite, pus

^aaURTD, acute upper respiratory tract disease; ^bFLUTD, feline lower urinary tract disease

Table 2: Consensus guidelines [40, 41] used to evaluate prudent use of antimicrobials

Indication	Comment	Antibiotic	Dosage (mg/kg/d)	Application frequency	Treatment duration (days)
aURTD	Antibiotic therapy is only indicated if poor general condition, fever, lethargy and/or anorexia are present	Doxycycline	10 / 5	SID ^b / BID ^c	5–14
		Amoxicillin	15–20	BID ^c / TID ^d	5–14
FLUTD	Complicated UTI ^a are defined as infections that are caused by anatomical or functional changes or disorders of the immune system	Uncomplicated UTI^a:			
		Amoxicillin	11–15	BID ^c / TID ^d	5–7
		Complicated UTI^a:			
		Amoxicillin/Clavulanic acid	12.5–20	BID ^c / TID ^d	5–28
Abscess	Antibiotic therapy is only	Amoxicillin	15–20	BID ^c	5–7

indicated if signs of generalization, poor general condition, severely contaminated wounds, and/ or proximity to delicate tissues (e.g., joints) are present	Amoxicillin/Clavulanic acid	12.5–20	BID ^c	5–7
	Cefalexin	20–30	BID ^c / TID ^d	5–7
	Clindamycin	10–15	BID ^c	5–7
	Cefazolin	20	BID ^c	5–7

^aUTI, urinary tract infection; ^bSID, once daily; ^cBID, twice daily; ^dTID, three times daily

Table 3: Justification score (JS)^a used to compare antimicrobial prescription to consensus guidelines

Justification score	Explanation
1	Indication, antimicrobial class, dose and treatment duration in complete accordance with the guidelines
2	Antibiotic therapy indicated but duration ^b and/or dose ^c of treatment not in accordance with the guidelines
3	Antibiotic therapy indicated but antimicrobial class was not in accordance with the guidelines ^d
4	Complete discrepancy with the guidelines, i.e. antibiotics were prescribed without indication or, conversely, antibiotics were not prescribed despite being indicated

^aModified from De Pestel et al., 2014 [44]; ^bA margin of one day shorter or longer was tolerated; ^cA deviation of up to 20% above or below the recommended dose was accepted; ^dEach case was scored only once. If the dose or duration of treatment as well as the antibiotic class were deviating from the guidelines, the case was categorized as JS-3

Table 4: Characteristics of cats with aURTD, FLUTD and abscesses presented to university hospitals or private practices

Parameter		aURTD ^a			FLUTD ^o			Abscesses
		University hospitals	Private practices	p-value	University hospitals	Private practices	p-value	Private practices
Total number of cases		n=43	n=184		n=130	n=203		n=216
Sex	Female	17 (40%)	82 (45%)	n.s.	43 (33%)	97 (48%)	0.006	64 (30%)
	Male	24 (55%)	97 (53%)		87 (67%)	104 (51%)		148 (68%)
	Unknown	2 (5%)	5 (1%)		0 (0%)	2 (1%)		4 (2%)
Age (years)	Median (range; CI)	5 (0.042–16; 2, 9)	2 (0.06–19; 1, 4)	n.s.	7, (1–21; 7, 9)	8 (0.17–20; 6, 9)	n.s.	7 (1–18; 6, 8)
Breed	Purebred	11 (26%)	33 (18%)	n.s.	36 (28%)	33 (16%)	0.026	14 (6%)
	Mixed breed	29 (67%)	143 (78%)		90 (69%)	157 (77%)		190 (88%)
	Unknown	3 (7%)	8 (4%)		4 (3%)	13 (7%)		12 (6%)
Vaccinated	Yes	14 (33%)	28 (15%)	n.s.	n.a. ^c	n.a. ^c	n.a. ^c	n.a. ^c

No	17 (39%)	50 (27%)	n.a. ^c	n.a. ^c	n.a. ^c
Unknown	12 (28%)	106 (58%)	n.a. ^c	n.a. ^c	n.a. ^c

^aaURTD, acute upper respiratory tract disease; ^bFLUTD, feline lower urinary tract disease; ^cNot applicable

Table 5: Diagnostic work-up and antibiotic prescription in aURTD^a cases presented to university hospitals or private practices

Parameter		University hospitals	Private practices	<i>p</i> -value
Total number of cases		n=43	n=184	
Diagnostic work-up with PCR ^b	Yes ^c	25 (58%)	2 (1%)	<0.001
At least one symptom listed in the guidelines ^d	Yes ^c	29 (68%)	37 (21%)	<0.001
	Unknown	1 (3%)	42 (23%)	
Hospitalization	Yes ^c	31 (72%)	5 (3%)	<0.001
Pre-treated with antibiotics	Yes ^c	13 (30%)	8 (4%)	<0.001
	Unknown	2 (5%)	4 (2%)	
Antibiotic therapy	Yes ^c	31 (72%)	144 (78%)	n.s.
Antibiotic classes	Potentiated aminopenicillins	28 (90%)	42 (29%)	<0.001
	Third generation cephalosporins	2 (6%)	47 (33%)	0.002
	Aminopenicillins	1 (3%)	40 (28%)	0.002

	Tetracyclines	2 (6%)	26 (18%)	n.s.
	Fluoroquinolones	1 (3%)	6 (4%)	n.s.
	Amphenicols	0 (0%)	3 (2%)	n.s.
	Macrolides	0 (0%)	3 (2%)	n.s.
	First generation cephalosporins	0 (0%)	1 (1%)	n.s.
	Penicillins	0 (0%)	1 (1%)	n.s.
Combination or serial therapy ^e	Yes ^c	4 (13%)	21 (15%)	n.s.
Critically important antibiotic ^e	Yes ^c	3 (10%)	55 (38%)	0.001
Duration of therapy (days)	Median (range)	12 (4 – 27)	10 (4 – 37)	n.s.
Justification score ^e	1	12 (28%)	37 (20%)	n.s.
	2	1 (2%)	3 (2%)	n.s.
	3	26 (61%)	22 (12%)	<0.001
	4	3 (7%)	80 (43%)	<0.001
	Judgement not possible	1 (2%)	42 (23%)	0.001

^aaURTD, acute upper respiratory tract disease; ^bPCR, polymerase chain reaction; ^cValues for the category “no” are not shown since it is the reference group; ^dPoor general condition, fever, lethargy and/ or anorexia; ^eAs defined in methods

Table 6: Diagnostic work-up and antibiotic prescription in FLUTD^a cases presented to university hospitals or private practices

Parameter		University hospital	Private practice	<i>p</i> -value
Total number of cases		n=130	n=203	
Urine analysis performed	Yes ^b	119 (92%)	55 (27%)	<0.001
Sediment analysis	Yes ^b	93 (72%)	50 (25%)	<0.001
Bacterial culture	Yes ^b	113 (87%)	20 (10%)	<0.001
Confirmed bacterial etiology ^c	Yes ^b	45 (35%)	16 (8%)	<0.001
Hospitalization	Yes ^b	90 (69%)	30 (15%)	<0.001
Pre-treated with antibiotics	Yes ^b	23 (18%)	4 (2%)	<0.001
	Unknown	5 (4%)	3 (2%)	
Antibiotic therapy	Yes ^b	85 (65%)	115 (57%)	n.s.
Antibiotic classes	Potentiated aminopenicillins	71 (84%)	50 (57%)	<0.001
	Third generation cephalosporins	7 (8%)	44 (38%)	<0.001

	Fluoroquinolones	5 (6%)	20 (17%)	0.017
	Aminopenicillins	1 (1%)	22 (19%)	<0.001
	First generation cephalosporins	5 (6%)	1 (1%)	n.s
	Amphenicols	1 (1%)	0 (0%)	n.s
	Tetracyclines	1 (1%)	0 (0%)	n.s
Combination or serial therapy ^d	Yes ^b	6 (7%)	20 (17%)	n.s.
Critically important antibiotic ^d	Yes ^b	12 (14%)	62 (54%)	<0.001
Duration of therapy (days)	Median (range)	13 (1 – 56)	9 (1 – 42)	0.012
Justification score ^d	1	57 (44%)	24 (12%)	<0.001
	2	1 (1%)	0 (0%)	n.s.
	3	22 (17%)	9 (4%)	<0.001
	4	39 (30%)	11 (6%)	<0.001
	Judgement not possible	11 (8%)	159 (78%)	<0.001

^aFLUTD, feline lower urinary tract disease; ^bValues for the category “no” are not shown since it is the reference group;

^cDefined as either positive urine sediment analysis or positive bacterial culture; ^dAs defined in methods

Table 7: Clinical signs, wound treatment and antibiotic prescription in cases with abscesses presented to private practices

Parameter		Private practice
Total number of cases		n=216
At least one symptom listed in the guidelines ^a	Yes ^b	65 (30%)
	Unknown	85 (39%)
Local wound treatment	Yes ^b	156 (72%)
	Unknown	12 (6%)
Drain placement	Yes ^b	33 (15%)
Antibiotic therapy	Yes ^b	207 (96%)
Antibiotic classes	Potentiated aminopenicillins	132 (64%)
	Third generation cephalosporins	52 (25%)
	Aminopenicillins	50 (24%)
	First generation cephalosporins	12 (6%)

	Fluoroquinolones	5 (3%)
	Lincosamides	4 (2%)
	Penicillins	1 (1%)
Combination or serial therapy ^c	Yes ^b	48 (24%)
Critically important antibiotic ^c	Yes ^b	57 (28%)
Duration of therapy (days)		7 (1 – 24)
Justification score ^c	1	36 (17%)
	2	16 (7%)
	3	14 (7%)
	4	65 (30%)
	Judgement not possible	85 (39%)

^aSigns of generalization, poor general condition, severely contaminated wounds, and/ or proximity to delicate tissues;

^bValues for the category “no” are not shown since it is the reference group; ^cAs defined in methods

Curriculum Vitae

Vorname Name	Kira Schmitt
Geburtsdatum	18.03.1992
Geburtsort	Offenbach, Deutschland
Nationalität	Deutsch
01/2004 – 06/2010	Privatschule (Aloha College, Marbella, Spanien)
09/2001 – 12/2003	Privatschule (Deutsche Schule, Malaga, Spanien)
09/1998 – 06/2001	Grundschule (Erich-Simdorn Schule Neuberg, Deutschland)
03.08.2010	International Baccalaureate (Aloha College, Marbella, Spanien)
09/2011 – 04/2017	Studium der Veterinärmedizin (Veterinärmedizinische Universität, Wien, Österreich)
11.01.2017	Abschlussprüfung vet. med. (Veterinärmedizinische Universität, Wien, Österreich)
06/2017 – 11/2018	Anfertigung der Dissertation unter Leitung von PD Dr. Barbara Willi an der Klinik für Kleintiermedizin der Vetsuisse-Fakultät Universität Zürich Direktorin: Prof. Dr. Claudia Reusch und am Institut für Veterinärpharmakologie und -toxikologie der Universität Zürich Direktor: Prof. Dr. Hanspeter Nägeli
11/2018 – heute	Nachtdienste, Tierspital, Vetsuisse Fakultät Zürich, Schweiz