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#### **ABSTRACT**

**Objective:** The aim of this study was to evaluate and compare the microtensile bond strengths of four current adhesive materials that contain different monomers at deep and superficial dentin.

Material and Methods: Forty non-carious human third molars (n=5) were used in the study. Specimens were divided into two main groups according to dentin thickness as superficial and deep dentin. Groups were further divided into four subgroups in terms of the adhesive systems used: Nova Compo B Plus (NCBP), Nova Compo B (NCB), Futurabond M (FB) and Clearfil S3 Bond Plus (CS3). All specimens were bonded to resin composite and stored in 37 °C water for 9-months. Teeth were sectioned into 3 x 3 mm thick beams. Microtensile bond strength test was carried out by using a universal testing device (1 mm/min). After fracture, failure types were observed using an optical microscope and the fractured dentin surfaces were observed by a scanning electron microscopy (SEM). One-way ANOVA and Tukey tests were used to compare the adhesive system in each dentin group. An unpaired *T*-test was used to compare the dentin thickness in each adhesive material.

Results: As compared to deep dentin, superficial dentin showed higher μTBS values in groups NCBP, FB and CS, as opposed to group NCB. Only NCB revealed higher bond strength at deep dentin layers when compared to superficial dentin. In the superficial dentin group, NCBP showed the highest bond strength value, while NCB showed the lowest bond strength. In the deep dentin group, while NCB showed the highest bond strength value, NCBP revealed the lowest bond strength value after 9-months storage. While 4-META and 10-MDP monomer combination (NCBP) resulted in the highest bond strength value among the adhesive systems in the superficial dentin group, the GPDMA and 4-META monomer combination (NCB) resulted in the highest bond strength in deep dentin group.

# **Conclusions:**

Microtensile bond strength performance are affected by both the type of monomer in the adhesive combination and the depth of the dentin.

**KEYWORDS:** Adhesive system; dentin thickness; hydrophobic monomer; microtensile bond strength; scanning electron microscopy.

#### INTRODUCTION

With dentin bonding, the final goal is the achievement of a long-lasting and durable interface with resin bonds which will ultimately protect the restoration from secondary caries [1,2]. It is micromechanical hybridization that causes adhesion to dentin substrate and this is a process that involves the infiltration of adhesive monomers that are polymerized in-situ within the microporous collagen framework, which has been stripped of minerals [1,3,4].

It is known that single-step -self-etching- adhesives are very hydrophilic even after polymerization. This means that self-etching adhesives can absorb water quickly, which leads to increased solubility as compared to conventional multiple step adhesives [5,6,7]. Hydrophilic resin polymers suffer decreased mechanical properties when they absorb water as opposed to dry examples [5,8-11]. This is because water absorption causes polymers to swell up and plasticize and can lead to the three-dimensional polymer chain network being weakened [10,11].

These single-step, self-etching adhesives behave like permeable membranes and allow water to move through them even after polymerization because of their highly hydrophilic nature [12]. When water gets into the adhesive resin it causes the polymers to hydrolyse, which in turn causes their mechanical properties to deteriorate. The excess of water form water blisters inside the adhesive, and phase separation at the adhesive/dentin interface has appeared as new types of bond defects [13-15].

Long-term exposure to water may cause further deterioration in the mechanical properties of adhesive polymers. This could have a detrimental effect on the ability of self-etching adhesives to bond to dentin structure, resulting in increased cohesive failures seen in adhesive resins [16,17]. Furthermore, there is a hydrophilic monomer called HEMA, which has a positive effect on adhesion to dentin and whose hydrophobic and hydrophilic ingredients in the adhesive mix are quite miscible. HEMA is added to single-step, self-etching adhesives in various concentrations. A downside is that HEMA does attract water after polymerization [10], meaning that the long-term stability of the resin to dentin interface could be weaken by high concentration of HEMA.

Another typical phosphate ester functional monomer in the composition is MDP (10-methacryloyloxyolecyl dihydrogen phosphate). It has been reported that the phosphate group of MDP can potentially interact with hydroxyapatite, resulting in the dentin-resin bond being more durable in the long-term [18,19].

It has been reported that the dentin bond strengths of single-step, self-etching adhesives are weakened by long-term water storage [16,17,20]. This is accompanied by an increase in the instances of cohesive failures in the adhesive resin [17]. Most single-step, self-etching adhesives are available as single bottles containing all the relevant components: ionic resin monomers, acidic phosphate or carboxylic functional groups, hydrophilic and hydrophobic monomers, water plus organization solvents [21,22]. It has also been demonstrated that these adhesive polymers behave like semi-permeable membranes, thus allowing water to cross the adhesive layer even after polymerization [11], with an associated deterioration in mechanical properties [8,11,23]. Long-term water storage may cause a negative effect between the single-step self-etching adhesive and dentin, leading to rapid deterioration [24].

The composition of dentin changes with depth; thus, the effectiveness of adhesives also changes even when the same materials are used in different dentin depth. The other properties of dentin such as being naturally wet combined with positive pulpal pressure also have an adverse effect on how

strongly adhesives bond. In addition, they can also lead to unfinished polymerization as well as leaks around the edges and/or phase separation [25,26].

The purpose of this study was to evaluate and compare the microtensile bond strengths of four current adhesive materials that contain different functional monomers to superficial and deep dentin. The null hypothesis was that different adhesive systems containing different monomers and dentin thickness would not affect microtensile bond strength between resin composite and dentin after long-term water storage.

#### **MATERIALS AND METHODS**

Specimen preparation

The types, brands, chemical formulations and the manufacturer's instructions for the adhesive materials used in the present study are listed in Table 1.

Forty non-carious human third molars (n=5) were collected. The teeth were cleansed of debris and tissue remnants with a scaler and stored in a saline solution, and used within two months of extraction. All teeth used in the present study were extracted for reasons unrelated to this project. Written informed consent for research purpose of the extracted teeth was obtained by all donors prior to extraction according to the directives set by the National Federal Council. Ethical guidelines were strictly followed and irreversible anonymization was performed in accordance with State and Federal Law (World Medical Association, Declaration of Helsinki, 2013; Human Research Act, 2015).

The apical parts of the teeth were embedded in a silicon mold up to the level of the cemento-enamel junction using auto-polymerizing acrylic resin (Imicryl, Konya, Turkey). The teeth were randomly divided into 8 groups according to adhesive materials and dentin thickness.

The specimens were divided into two main groups (n=20 per group) according to dentin thickness, initially: 1) Superficial dentin group: The occlusal enamel of the teeth was removed by cutting with a

cooled diamond disc in order to create a flat surface in the superficial dentin. 2) Deep dentin group: The coronal section was removed by a cooled diamond disc below the level of the mid-coronal dentin so as to create a flat surface in the deep dentin. Subsequently, the specimens were divided into 4 subgroups (n=5per group) to be conditioned with one of the following one-step self-etch adhesive materials:Group NCBP (Nova Compo B Plus, Imicryl Inc., Konya, Turkey), Group NCB (Nova Compo B,Imicryl), Group FB (Futurabond M, Voco, GmbH, Cuxhaven, Germany) Group CS3 (Clearfil S3 Bond Plus, Kuraray, Noritake Dental Inc., Kurashiki, Japan).

The exposed dentin surfaces in each dentin group were polished with wet 600-grit paper so as to obtain a standardized surface. In deep dentin group, the remaining dentin thickness was also measured after obtaining test sticks to make sure about the getting the deep dentin surface. After rinsing and gently air drying, the specimens the adhesive materials were applied to the dentin surfaces according to manufacturer's instructions. The adhesive materials were light cured for 10 seconds with a LED light curing unit (Bluephase, Ivoclar Vivadent, Schaan, Liechtenstein). The resin composite (Charisma smart, Shade:A2, Heraeus Kulzer, Germany) measuring 5 mm in thickness was placed incrementally in two stages using a matrix band system (Hahnenkratt, GmbH, Königsbach-Stein, Germany). Each composite layer was light cured for 40 seconds using a LED light curing unit (Bluephase, Ivoclar Vivadent, Schaan, Liechtenstein)

Microtensile bond strength (µTBS) testing

After being stored in distilled water at 37 °C in an incubator (Nüve Laboratory Systems, Ankara, Turkey) for nine months the resin-bonded specimens were sectioned perpendicularly with a diamond blade (Isomet, Low Speed Saw, Buehler lake Bluff, IL USA) in order to create serial resin-dentin slabs. Each slab was sectioned into 3 mm x 3 mm resin-dentin sticks. An average of two sticks were taken from every tooth. In this study, researchers obtained pure dentin sticks without any deformities from each tooth. Therefore, one stick for each tooth, a total of five resin-dentin sticks per group, was tested in each adhesive resin group. Dentin thickness was also measured prior to testing. In this

regard, to categorize the deep dentin group, a manual caliper was used to measure the remaining dentin thickness. Deep dentin groups were categorized while the measurement was below 2 mm from the top layer of the tooth to the pulp chamber. The stickers were then attached to jigs with cyanoacrylate glue (Pattex Instant Glue, Henkel, Germany) and the μTBS testing was carried out at a crosshead speed of 1 mm/min using a universal testing device with a 200 N compact force gauge (Microtensile Tester, Compact Gauge, 200N, Bisco, Inc, Schaumburg, USA). The μTBS test results were calculated in MegaPascals (Mpa) by dividing the force at the time of fracture by the size of the bonded area.

# Failure mode and SEM analysis

Failure types at the fracture sites were observed using an optical microscope (Leica Microsystems, Danaher Corporation, USA). Then the failure modes were classified as follows: Type I: Adhesive failure between the adhesive resin and dentin; Type II: Mixed failure between adhesive resin and dentin with an adhesive remnant on the dentin surface; Type III: Cohesive failure in the resin composite. Table 3 indicates the fracture modes of four one-step adhesive materials.

Afterwards, the fractured dentin surfaces of the specimen sticks were mounted on aluminum stubs and gold-sputter coated with an 18 nm thick layer of gold (80%) / palladium (20%) then observed using a scanning electron microscopy (SEM) (QUANTA 400F Field Emission SEM, Hillsboro, USA) at 1.2 nm resolution in the central laboratory of METU (Middle East Technical University). Images were made at 0.2-30 kV at a magnification of x1000.

## Statistical analysis

Data were analysed using statistical software (SPSS Version 20.0; SPSS Inc., Chicago, IL, USA) program. Statistical significance was determined as p<0.05. Interactions between the dentin groups and the adhesive materials and the effect of dentin thickness and the type of adhesive material on the µTBS testing data were analysed using a two-way analysis of variance (ANOVA). One-way

ANOVA and Tukey pairing comparisons were used to compare the adhesive system in each dentin group. An unpaired *T*-test was used to compare the dentin groups in each adhesive material.

## **RESULTS**

The results for the microtensile bond strength test in MPa are presented in Table 2. The mean µTBS values showed significant differences between the adhesive materials (p<0.05).

With respect to dentin thickness, when compared to deep dentin superficial dentin showed higher µTBS values in groups NCBP, FB and CS, as opposed to group NCB. Only NCB revealed higher bond strengths at deep dentin layers when compared to superficial dentin.

In the superficial dentin group Nova Compo B Plus showed the highest bond strength values, which were statistically different from Nova Compo B but similar to Clearfil S3 Bond Plus and Futurabond M. In the deep dentin group Nova Compo B showed the highest bond strength value, which was statistically different from Nova Compo B Plus and Futurabond M, but similar to Clearfil S3 Bond Plus.

SEM findings indicate that different surface topographies exist at the fracture sites of the specimens in the various dentin and adhesive material groups. While the SEM findings of NCBP in superficial dentin (Fig. 1a) support the fact that there are strong ionic bonds between adhesive resin and dentin structure, the SEM findings of the NCBP that demonstrated the lowest bond strength with deep dentin surfaces indicate the presence of a thin hybrid layer with concentrated gaps (Fig. 2a). In the NCB that demonstrated the lowest bond strength with superficial dentin some gaps at the resin-dentin interface can be seen (Fig. 1b). However, in the NCB that demonstrated the highest bond strength in the deep dentin group, a firmly polymerized hybrid layer can be observed at the fracture site (Fig. 2b).

#### **DISCUSSION**

In this study, both dentin thickness and different adhesive systems containing different functional monomers were found to have effects on µTBS between resin composite and dentin. The null hypothesis was rejected in this study as the µTBS values were affected by the both type of the adhesive systems and dentin thickness after nine months of water storage.

In the present study, one dentin sticks from each tooth, five sticks per group, were studied. As suggested by Roulet et al,[27] sticks that failed prior to microtensile testing were excluded from statistical analysis.[28]

One major issue on debate in the current literature is the number of the micro specimens which prepared from required number of individual teeth to be statistically sound. A proper method to handle this problem is to use each tooth in its own control group. It would be the best way to know which micro specimen comes from which tooth.[29] It is generally accepted that using a minimum of 5 teeth would be reasonable. According to Loguercio et al,[30] intratooth variability is higher than intertooth variability. Therefore, to reduce the variability, since sticks from the same tooth cannot be considered as an experimental unit,[30] microtensile bond strength was calculated for sticks produced from different teeth in this study.

All adhesive systems used in this study are one-step self-etching adhesive materials containing various different monomers and solvents. Some researchers reported that HEMA is an adhesion-promoting monomer due to its low viscosity and high hydrophilicity.[31,32] HEMA assists 10-MDP and Bis-GMA monomers to enter the demineralized dentin and helps these monomers to form a durable bond strength .[33] All the adhesives in the present study contain HEMA as a common monomer. Furthermore, with HEMA, according to Goracci et al,[34] microtensile bond strength decreased when the specimen thickness increased, as had already been noted in some previous research. According to earlier reports.[35-38], since internal defects induce stress generation, smaller specimens produce higher bond strength as they have fewer internal defects allowing a more homogenous stress distribution during microtensile testing. In the present study, the dimension

of the specimens was 3 mm x 3mm. Therefore, lower µTBS values have been reported for adhesive systems obtained in the present study after nine months water storage, possibly because of the specimens' large dimensions. Furthermore, static water storage is a common procedure to prevent degradation in bonding mechanisms during in vitro research, although it is a time demanding strategy.[2,21] Moreover, literature about microtensile bond strength between adhesive material and dentin is limited and does not include long periods of water storage. Therefore, nine months of water storage was used to age the specimens in this study.

Nova Compo B Plus (NCBP) is a novel adhesive system containing 10-MDP and 4-META as monomers and it is also ethanol based. In the present study, NCBP showed the highest bond strength in superficial dentin surfaces but the lowest in deep dentin. NCBP is described by the manufacturer as a highly hydrophilic material before curing and during application for optimum wetting of the tooth structure. Thus, high hydrophilicity of this system may result in increased µTBS in superficial dentin layers. Nevertheless, 4-META and 10-MDP are highly acidic monomers which are able to create strong ionic bonds with dentin's calcium content. Since the mineral content decreases with the increased dentin depth, the ionic bond formation of monomers with calcium increase.[33], which could explain the reduced bond strength of NCBP in deep dentin surfaces obtained in the current study. Therefore, it could be stated that although the hydrophilicity of NCBP is important in superficial dentin, the acidic monomer composition of NCBP is a critical factor for µTBS in deep dentin layers.

Nova Compo B (NCB) is an adhesive system containing GPDMA and 4-META hydrophobic monomers. NCB showed the lowest bond strength in superficial dentin surfaces, while the highest in deep dentin surfaces. In deep dentin surfaces, it was found that glycerol dimethacrylate (GDMA) priming could compensate for the disadvantage of lower calcium content in deep dentin surfaces.[39] In contrast to NCBP, NCB showed the highest µTBS in deep dentin surfaces. Since NCB includes a glycerol phosphate dimethacrylate (GPDMA) monomer which has low viscosity and water

solubility,[40] it can be speculated that the phosphate group in the bonding agent plays an important role between dentin and resin materials, as was also reported by Asmussen and Munksgaard.[41] Nevertheless, NCB showed lower µTBS in superficial dentin surfaces when compared to deep dentin. The possible reason for reduced bond strength could be that the phosphate monomer of NCB in hydrophilic superficial dentin might be prevent oxygen diffusion, resulting in incomplete polymerization in superficial dentin.

It has been known that ethanol is less volatile than acetone and helps to provide a stable consistent viscosity. Ethanol-based adhesive systems have higher viscosity than acetone-based adhesive systems. Furthermore, the decreased viscosity of adhesive resin in deep dentin layers inhibits polymerization by oxygen [33,42]. Futurabond M is a one-step self-etching adhesive containing HEMA, acidic monomers and organic acid and acetone. [33]. Therefore, a possible explanation of decreased bond strength is that increased acetone content might result in thinner adhesive layer in deeper dentin sites. [43] Another possible explanation of decreased bond strength might result from intrinsic wetness of dentin, since the deep dentin layer is more wet than the superficial dentin [33]. Moreover, residual water and acetone content should be carefully removed from the deep dentin channels before resin polymerization. The application time for Futurabond M could be insufficient to remove the residual water and acetone. This could also another reason for the low  $\mu$ TBS values. Furthermore, due to its low pH, Futurabond M might show lower  $\mu$ TBS values in deep dentin layers than superficial dentin.

Because NCBP have more acidic monomers like 10-MDP and META, it may result in decreased µTBS in deep dentin layers by forming strong bonds with dentin's mineral content. MDP has been rated as the most favorable monomer in dentin structure by forming strong chemical bonds with the calcium content of the tooth compared with the carboxylic-acid monomer 4-META.[44,45] The unique chemical structure of 10-MDP has been proven to play a key role in both the initial bonding performance as well as the durability of the adhesive interface. Yoshihara et al [46,47] reported that

self-etch adhesive systems containing 10-MDP produce long-term clinical results by creating nanolayer at the adhesive-dentin interface.[48-50].

Clearfil S3 Bond Plus contains monomers and hydrophobic acrylate, all dissolved in ethanol. Its hydrophobic characteristics as high viscosity levels may reduce the inhibition of polymerization, which would result in higher µTBS in both superficial and deep dentin layers.[51] In the present study, the results obtained for both superficial and deep dentin layers are relative for CS3. 10-MDP exists as a functional acidic monomer in NCBP and CS3 systems. Moreover, two acidic monomer combination which are 10-MDP and 4-META could make NCBP more acidic material than CS3 which contains only one acidic monomer as 10-MDP. Thus, MDP allows CS3 to demonstrate similar bond strengths in both superficial and deep dentin layers as opposed to NCBP which is more acidic material. Given the results of this study, it could be stated that MDP solely is efficient by itself in the bonding mechanisms for both superficial and deep dentinal structures, while MDP and 4-META combination is efficient only in superficial dentin.

One of the limitations of this study is that the remaining dentin thicknesses were not measured by using a digital caliper or a microscope. The measurements were done by the researchers by using a manual caliper and the remaining dentin thickness which was below 2 mm was categorized as deep dentin according to Inoue et al [52]. Therefore, the exact measurements could be made by using a digital device and the accurate results could be drawn thereafter.

## CONCLUSION

Given the results of this study the following conclusions may be drawn: The null hypothesis was that different adhesive systems containing different monomers and dentin thickness would not affect microtensile bond strength between resin composite and dentin after long-term water storage.

1. The experimental hypothesis was rejected in the present study. Adhesive systems used in the present study have different effects on the microtensile test results of dentin specimens after 9-

months water storage. In this regard, the 4-META and 10-MDP monomer combination resulted in the highest bond strength value of all the adhesive systems in the superficial dentin group. Moreover, the GPDMA and 4-META monomer combination resulted in the highest bond strength in deep dentin surfaces. It could be stated that a glycerol phosphate dimethacrylate (GPDMA) monomer might have positive effect on adhesion in deeper dentin surface while 10-MDP in superficial dentin surface.

2. Bonding to different regions of the tooth might be affected by different functional monomers, methacrylate monomers, solvents, pH of the adhesive systems along with the dentin thickness.

Given the limitations of this study, the following conclusions may be drawn:

- 1. Microtensile bond strength are affected by the depth of dentin and the type of monomer in the adhesive combination.
- 2.While NCBP which is the combination of 4-META and 10-MDP monomer systems could be applied to superficial dentin to obtain higher bond strength. In addition, NCB which is the combination of GPDMA and 4-META monomer systems could be applied to deep dentin surface.
- 3. Adhesive systems used in the present study have different effects on the microtensile bond strength between composite resin and superficial or deep dentin specimens.

## **Conflict of interest**

The authors state that they have no conflicts of interest.

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# **Captions to tables and figures:**

# Tables:

**Table 1.** One-step adhesive materials used in the study.

**Table 2.** Microtensile bond strength values (MPa) of four adhesive material bonded to different dentin thickness.

**Table 3.** Fracture modes of four one-step adhesive materials (%).

# Figures:

**Figures 1a-d** SEM image of **a)** NCBP, **b)** NCB, **c)** FB, **d)** CS3 at superficial dentin after failure at 1000x magnification.

**Figures 2a-d** SEM image of **a)** NCBP, **b)** NCB, **c)** FB, **d)** CS3 at deep dentin after failure at 1000x magnification.

# Tables:

**Table 2.** One-step adhesive materials used in the study.

Material	Composition	Manufacturer	Manufacturer's Instructions
Nova Compo B Plus (NCBP) (One-step)	bis-GMA, 2-HEMA, ethanol, (MDP), 4-META, silanated nano silica, dl-Campherquinone, accelerators, initiators, water	Imicryl Inc., Konya, Turkey	Apply bond for 20 s. Apply two separate coats of Nova Compo B Plus +, scrubbing the preparation with a microbrush for 15 seconds per coat. Do not light cure between coats.  Disperse the bond with dry air. Light cure for 10 s.
Nova Compo B (NCB) (One-step)	bis-GMA, 2-HEMA, ethanol, GPDMA, 4- META, silanated high dispersed silica, dl- Campherquinone, accelerators, initiators, water	Imicryl Inc., Konya, Turkey	Apply bond for 20 s. Disperse the bond with dry air. Light cure for 10 s.
Futurabond M (FB) (One-step, one bottle)	2-hydoxymethacrylate, (UDMA), HEMA, catalyst, acetone, nano-sized silica fillers	Voco, GmbH, Cuxhaven, Germany	Apply bond for 20 s, dry adhesive layer for 5s, polymerise with blue light for 10 s.
Clearfil S3 Bond Plus (CS3) (One-step)	10-MDP, Bis-GMA, HEMA, hydrophobic and hydrophilic aliphatic dimethacrylate, Sodium fluoride dl- camphorquinone, silanated colloidal silica, ethanol and water	Kuraray, Noritake Dental Inc., Kurashiki, Japan	Apply bond for 10 s; mild air for 5 s, light- cure for 10 s

Note: Bis-GMA: 2,2-bis(4-(2-hydroxy-3-methacryloylpropoxy))-phenylpropane; HEMA: 2-hydroxyethylmethacrylate; 3PDMA: Glycerol phosphate dimethacrylate; 10-MDP: 10-methacryloyloxydecyl dihydrogenphosphate; 4-META: 4-nethacryloxyethyltrimellitate; UDMA: Urethane dimethacrylate

Table 2. Microtensile bond strength values (MPa) of four adhesive material bonded to different dentin thickness.

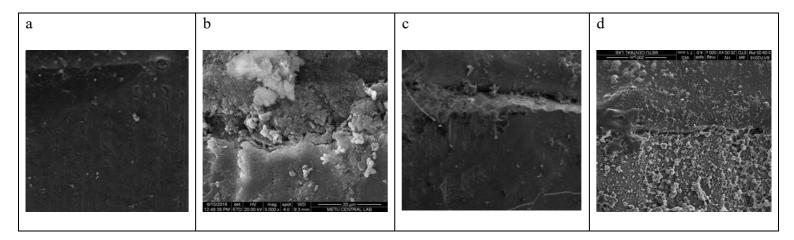
	Superficial dentin			Deep dentin					
Bonding agent	Mean	Std. Deviation	Min.	Max.	Mean	Std. Deviation	Min.	Max.	TEST #
Nova plus	4.5 b	1.7	2.5	6.7	0.8 a	0.4	0.3	1.6	t=4.500 p=0.011
Nova	2.2 a	0.8	1.3	3.5	4.1 °	2.4	1.9	8.4	t=-1.633 p=0.173
Futurabond M	3.8 <sup>ab</sup>	1.1	2.4	4.9	1.4 <sup>ab</sup>	0.9	0.2	2.4	t=3.718 p=0.621
CS3 Plus	3.2 <sup>ab</sup>	1.4	1.9	4.4	3.8 <sup>cb</sup>	0.6	3.2	5.0	t=-1.200 p=0.500
TEST	F=3.241. p=0.050*				F=7.228. p=0.030*				

**Table 3.** Fracture modes of four one-step adhesive materials (%).

Adhesive	Type I	Type II	Type III
material			
	80	20	0
NCBP			
	0	40	60
NCB			
	60	40	0
FB			
	0	60	40
CS3			

# Figures:

Figures 1a-d SEM image of a) NCBP, b) NCB, c) FB, d) CS3 at superficial dentin after failure at 1000x magnification.



Figures 2a-d SEM image of a) NCBP, b) NCB, c) FB, d) CS3 at deep dentin after failure at 1000x magnification.

