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High-pitch dual-source CT coronary angiography: systolic data acquisition at high heart rates

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Abstract: **OBJECTIVE:** To assess the effect of systolic data acquisition for electrocardiography (ECG)-triggered high-pitch computed tomography (CT) on motion artefacts of coronary arteries in patients with high heart rates (HRs). **METHODS:** Eighty consecutive patients (15 women, age 67 +/- 14 years) with HR >=70 bpm underwent CT angiography of the thoracic aorta (CTA) on 128-slice dual-source CT in ECG-triggered high-pitch acquisition mode (pitch = 3.2) set at 60% (group A, n = 40) or 30% (group B, n = 40) of the RR interval. Two blinded readers graded coronary artery image quality on a three-point scale. Radiation doses were calculated. **RESULTS:** Inter-observer agreement in grading image quality of the 1,154 coronary segments was good (kappa = 0.62). HRs were similar in groups A and B (85 +/- 13 bpm vs 85 +/- 14 bpm, p not significant). Significantly fewer coronary segments with non-diagnostic image quality occurred (i.e. score 3) in group B than in group A [2.8% (16/579) vs 8.3% (48/575), p < 0.001]. Seventeen patients (42.5%) of group A and 12 patients (30.0%) of group B had at least one non-diagnostic segment. Effective radiation doses were 2.3 +/- 0.3 mSv for chest CTA. **CONCLUSION:** A systolic acquisition window for high-pitch dual-source CTA in patients with high HRs (>=70 bpm) significantly improves coronary artery image quality at a low radiation dose.

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Abstract *Objective* To assess the effect of systolic data acquisition for electrocardiography (ECG)-triggered high-pitch computed tomography (CT) on motion artefacts of coronary arteries in patients with high heart rates (HRs). *Methods* Eighty consecutive patients (15 women, age 67 ± 14 years) with $HR \geq 70$ bpm underwent CT angiography of the thoracic aorta (CTA) on 128-slice dual-source CT in ECG-triggered high-pitch acquisition mode (pitch=3.2) set at 60% (group A, $n=40$) or 30% (group B, $n=40$) of the RR interval. Two blinded readers graded coronary artery image quality on a three-point scale. Radiation doses were calculated. *Results* Inter-observer agreement in grading image quality of the 1,154 coronary segments was good ($\kappa=0.62$). HRs were similar in groups A and B (85 ± 13 bpm vs 85 ± 14 bpm, p not significant). Significantly fewer coronary

segments with non-diagnostic image quality occurred (i.e. score 3) in group B than in group A [2.8% (16/579) vs 8.3% (48/575), $p < 0.001$]. Seventeen patients (42.5%) of group A and 12 patients (30.0%) of group B had at least one non-diagnostic segment. Effective radiation doses were 2.3 ± 0.3 mSv for chest CTA. *Conclusion* A systolic acquisition window for high-pitch dual-source CTA in patients with high HRs (≥ 70 bpm) significantly improves coronary artery image quality at a low radiation dose.

Keywords High-pitch · Computed tomography · Systolic reconstruction · Coronary arteries · Heart rate · Radiation dose

Introduction

Electrocardiography (ECG)-synchronised CT coronary angiography (CTCA) is a non-invasive tool for with a high diagnostic accuracy for the detection of coronary arterial stenoses [1–6]. However, at high heart rates (HRs), motion artefacts are still a limiting factor for the conclusive assessment of the coronary arteries at CTCA [5, 7, 8]. In order to minimise motion artefacts, it is essential to time CTCA data acquisition to take place in a phase of the cardiac cycle with relatively slow coronary artery motion. Periods of lowest relative coronary artery motion were shown to be at end-systolic and mid- to end-diastolic phases at 45–50% and at 80–85% of the RR

interval of the cardiac cycle, respectively [9]. The optimal timing of image acquisition to minimise coronary arterial motion artefacts—especially of the mid to distal right coronary artery (RCA)—may shift to systolic intervals in patients with high HRs as diastolic diastasis shortens and eventually disappears with increasing HRs [9, 10]. It has been demonstrated with 16- and 64-detector single-source as well as dual-source CT that the best results regarding coronary artery image quality are achieved at mid-diastolic intervals in patients with low HRs and at systolic intervals in patients with high HRs [11–18].

The recently introduced second generation of dual-source CT (DSCT) systems combines two X-ray tubes and corresponding detector systems with 64 detector rows,

each simultaneously acquiring 128 slices by means of a z-flying focal spot [19]. With this system, data acquisition for gapless image reconstruction at pitch values of up to 3.2 has become possible by filling the gaps of the first detector with the data acquired by the second detector [19]. A gantry rotation time of 0.28 s enables a temporal resolution of 75 ms. Owing to the increased detector width in second-generation dual-source CT systems, high-pitch imaging allows the acquisition of all axial planes that comprise the heart (12 cm) in approximately 280 ms, hence capturing the heart during a fraction of a single cardiac cycle. High-pitch CTCA with the cranial-most slice acquired at 60% of the RR interval enables coronary artery assessment with high diagnostic accuracy in patients with HRs equal to or below 60 bpm at doses <1 mSv [6].

To our knowledge, it has not yet been investigated whether a systolic acquisition window in high-pitch dual-source CTA yields improved coronary image quality at higher HRs. The purpose of our study, therefore, was to assess the influence of diastolic and systolic acquisition windows on motion artefacts of the coronary arteries in prospectively ECG-triggered high-pitch CTA of the chest in patients with HRs of ≥ 70 bpm.

Materials and methods

Patient population

Eighty consecutive patients [65 men, 15 women, age 67 ± 14 years (mean \pm standard deviation), BMI 24.7 ± 2.9 kg/m² (range, 16.4–29.9 kg/m²)] with mean HR ≥ 70 beats per minute (bpm) who were referred to our institution for clinically indicated chest CTA were prospectively included in this study. Patients with previous coronary artery interventions, i.e. stenting and/or coronary artery bypass grafts, as well as patients with HRs <70 bpm or a body mass index (BMI) ≥ 30 kg/m² were not included. General exclusion criteria for contrast-enhanced CT were nephropathy with a serum creatinine level above 150 μ mol/l, known hypersensitivity to iodine-containing contrast media, untreated hyperthyroidism and pregnancy. Institutional review board (IRB) approval was obtained. The written informed consent requirement was waived by the IRB because all CT studies were clinically indicated and the patients had the direct benefit of the low radiation exposure associated with the high-pitch protocol.

The CTA of the chest was performed for postoperative follow-up after vascular surgery ($n=52$), preoperative evaluation before vascular or aortic valve surgery ($n=16$), follow-up evaluation of conservatively treated ascending aorta aneurysm ($n=5$) and suspected aortic dissection ($n=7$).

CT data acquisition

All examinations were performed with a second-generation dual-source CT system (Somatom Definition Flash,

Siemens Healthcare, Forchheim, Germany). As intravenous contrast material, 100 ml iopromide (Ultravist 300, 300 mg/ml; Bayer Schering Pharma, Berlin, Germany) was injected at a flow rate of 5 ml/s followed by 60 ml saline solution. Contrast material application was controlled by bolus tracking in the ascending aorta with a signal attenuation threshold set at 100 HU with the formal CT data acquisition beginning with a delay of 9 s after this threshold was reached. CT parameters were: detector collimation $2 \times 64 \times 0.6$ mm with a resulting slice collimation of $2 \times 128 \times 0.6$ mm by means of a z-flying focal spot [19]; gantry rotation time 280 ms; pitch 3.2; reference tube current-time product set at 320 mAs per rotation with attenuation-based tube current modulation; and a tube potential of 100 kV, because all patients had a BMI <30 kg/m². CT data acquisition was cranio-caudal. The level 2 cm below the tracheal carina was manually set as the target for image acquisition at 60% of the RR interval for the first 40 patients (group A) and at 30% of the RR interval for the following 40 patients (group B). The start time of CT acquisition at the most cranial position of the chest was then automatically calculated by the CT software in accordance with the electrocardiogram (ECG), in order to time the data acquisition to arrive at the indicated level (i.e. 2 cm below the carina) at 60% or 30% of the RR interval.

Images were reconstructed with a slice thickness of 0.75 mm and an increment of 0.5 mm, using a medium smooth tissue convolution kernel (B26f) and a sharp tissue convolution kernel (B46f). One radiologist not involved in the subsequent analyses noted the average, minimum and maximum HR during ten heartbeats before the start of CTA data acquisition. All images were anonymised and transferred to an external workstation (Multi-Modality Workplace, Siemens Healthcare, Forchheim, Germany).

Assessment of coronary artery motion artefacts

For the assessment of coronary artery motion artefacts, two experienced readers (with 2 and 5 years' experience in cardiovascular imaging), blinded to each other as well as to the HR and acquisition window, evaluated all coronary artery segments on cross-sectional source images and multiplanar reformations applying a semi-quantitative three-point scale: score 1 (excellent image quality, no motion artefacts), score 2 (moderate, however diagnostic image quality with minor blurring of the vessel wall) and score 3 (non-diagnostic image quality due to severe blurring or doubling of the vessel wall). For the assessment of the individual segments, the coronary tree was subdivided according to the modified 16-segment model proposed by the American Heart Association (AHA) [20]. Segments missing because of normal anatomical variants as well as segments with a diameter of less than 1 mm at their origin, as measured with an electronic calliper tool, were excluded from analysis. For any disagreement on image quality scores 1 and 2, a consensus reading was performed by the two radiologists after 1 week. Segments rated with a score of 3 by any reader were defined as non-

diagnostic for further analysis, independent of the rating of the other reader.

Measurement of image noise and contrast-to-noise ratio (CNR)

As an objective parameter of image quality, image noise was measured and CNR was calculated by one independent radiologist, who was blinded to the results of the qualitative image analysis. Vessel contrast of the proximal right coronary artery (RCA) and the left main artery (LM) was defined as the difference in mean attenuation (in HU) between the contrast-enhanced lumen of the vessel and the perivascular tissue. Attenuations were measured by manually placing a region of interest (ROI) in the proximal segment of the RCA and in the LM avoiding calcifications, plaques and stenoses. Image noise was defined as the standard deviation of the attenuation value in a ROI placed in the ascending aorta. The contrast-to-noise ratio (CNR) was defined as the ratio of vessel contrast and image noise.

Estimation of radiation dose

The effective radiation dose delivered at chest CT was calculated by applying a method proposed by the European Working Group for Guidelines on Quality Criteria for CT [21] using the dose-length product (DLP) and a conversion coefficient of 0.017 mSv/(mGy × cm) [22]. The DLP was obtained from the patient protocol, which summarised the individual radiation exposure parameters of each CT.

Statistical analyses

Continuous variables were expressed as means ± standard deviations and categorical variables were expressed as frequencies or percentages. A *p* value below 0.05 was considered statistically significant. All statistical analyses were performed with commercially available software (SPSS, release 17; SPSS, Chicago, Ill., USA).

The sample size of the two groups of 40 patients with 600 coronary artery segments was determined by power analysis. It was calculated for a power level of greater than 80% for detecting a difference of 5% using the pessimistic assumption of 15% non-evaluable segments and an alpha error level of 0.05.

HR variability (HRV) was defined, as previously described [23], as the difference between minimum and maximum HR in ten heartbeats before image acquisition divided by ten. Differences in the average HR and HRV were compared between the two protocol groups with the unpaired *t*-test.

Inter-observer agreement regarding the presence and severity of motion artefacts in coronary artery segments was evaluated using Cohen's kappa statistics ($\kappa > 0.81$: excellent agreement; $\kappa = 0.61$ – 0.80 : good agreement; $\kappa = 0.41$ – 0.60 : moderate agreement; $\kappa = 0.21$ – 0.40 : fair agreement; $\kappa < 0.20$: poor agreement).

Differences in image quality regarding motion artefacts between the two protocol groups were assessed with the Mann-Whitney *U*-test. Differences in the proportions of non-diagnostic segments between the two protocol groups were evaluated with the χ^2 test. Image noise and CNR were compared between the two protocol groups with the unpaired *t*-test. Differences of image quality between patients with HR ranges of 70–89 bpm and ≥ 90 bpm in each group were assessed with the Mann-Whitney *U*-test.

Results

The average HR was 85 ± 14 bpm (range, 70–140 bpm) and the average HRV before the scan was 3.1 ± 3.7 bpm (range, 0.1–14.5 bpm). There were no significant differences in HR and HRV between the two groups (*p* not significant). Table 1 provides an overview of the results for the two patient groups.

Motion artefacts

Inter-observer agreement for image quality grading of the total of 1,154 coronary artery segments (group A: 575 segments, group B: 579 segments) was good (group A: $\kappa = 0.62$, group B: $\kappa = 0.67$).

Image quality was rated as being excellent (score 1) in 62.1% (357/575) in group A and 73.7% (427/579) in group B, moderate in 29.6% (170/575) in group A and 23.5% (136/579) in group B, and non-diagnostic in 8.3% (48/575) in group A and 2.8% (16/579) in group B. Non-diagnostic image quality occurred in 17 patients (42.5%) of group A and in 12 patients (30.0%) of group B. Image examples of the different scores are displayed in Fig. 1. Non-diagnostic image quality was most often found in the RCA in both groups (Fig. 2). Tables 2 and 3 summarise the image quality scoring results in both groups.

Image quality regarding motion artefacts was significantly lower in group A than in group B (1.46 ± 0.65 vs 1.29 ± 0.52 , $p < 0.001$), and the proportion of non-diagnostic segments was significantly higher in group A than in group B (48/575 vs 16/579, $p < 0.001$). Image quality was slightly lower in patients with HR ≥ 90 bpm than in those with HR 70–89 in both groups; however, this was not significant [group A: 1.60 ± 0.48 ($n = 10$) vs 1.43 ± 0.41 ($n = 40$), $p = 0.36$; group B: 1.32 ± 0.26 ($n = 11$) vs 1.28 ± 0.24 ($n = 29$), $p = 0.68$].

Image noise and CNR

The average image noise and CNR were 32.0 ± 7.4 HU (range 23–60 HU) and 13.7 ± 3.7 (range 7.1–23.2) in group A and 31.7 ± 8.1 HU (range 21–55 HU) and 15.0 ± 5.2 (range 6.5–29.4) in group B. There were no significant differences in image noise and CNR between the two groups (Table 1).

Radiation dose estimates

The effective radiation dose of CT angiography of the entire chest was 2.3 ± 0.3 mSv (range, 1.7–3.1 mSv).

Table 1 Characteristics of patients in groups A and B (*BMI* body mass index, *HR* heart rate, *HRV* heart rate variability, defined as the difference between minimum and maximum HR in ten heartbeats before image acquisition divided by ten, *Image noise* standard deviation of attenuation measured in the ascending aorta, *CNR* contrast-to-noise ratio)

	Group A (n=40)	Group B (n=40)	p value
Beginning of cardiac image acquisition (percent of RR interval)	60%	30%	–
Women	8	7	–
Age	66±14 years (range 30–89 years)	68±13 years (range 36–86 years)	0.67
BMI	25.1±2.7 kg/m ² (range 18.4–29.8 kg/m ²)	24.3±3.1 kg/m ² (range: 19.1–29.9 kg/m ²)	0.26
HR	85.2±13.1 bpm (range 71–140 bpm)	85.2±14.4 bpm (range: 70–135 bpm)	0.94
HRV	2.8±3.9 bpm (range 0.2–14.5 bpm)	3.5±3.5 bpm (range 0.1–12.8)	0.49
Image noise	32.0±7.4 HU (range 23–60 HU)	31.7±8.1 HU (range 21–55 HU)	0.74
CNR	13.3±3.7 (range 7.1–23.24)	15.0±5.2 (range 6.5–29.4)	0.15
Non-diagnostic coronary artery segments (% , n/n)	8.3% (48/575)	2.8% (16/579)	<0.001

Discussion

Our results demonstrate that motion artefacts of the coronary arteries at high-pitch CTA of the chest are significantly lower in patients with high HRs (≥ 70 bpm) when cardiac image acquisition begins at 30% of the RR interval rather than at 60%.

Influence of the HR on coronary artery image quality

Leschka et al. [6] recently found 99% evaluable coronary segments in CTCA performed in the dual-source high-pitch acquisition mode in patients with $HR \leq 60$ bpm when triggering the initiation of the imaging at 60% of the RR interval and a sensitivity of 94% and a specificity of 96%

for the detection of significant coronary artery stenoses. Similarly, Achenbach et al. [24] reported only 0.5% non-evaluable coronary artery segments in patients with $HR \leq 60$ bpm. In patients undergoing dual-source high-pitch CTA for the evaluation of atypical chest pain, with acquisition of the heart beginning at 50–60% of the RR interval, Lell et al. [25] found diagnostic image quality of all coronary artery segments in patients with $HR \leq 70$ bpm. At higher HRs, however, motion artefacts leading to non-diagnostic image quality occurred, predominantly affecting the mid RCA. The optimal timing of image acquisition to minimise coronary arterial motion artefacts—especially of the mid to distal RCA—may shift to systolic intervals in patients with high HRs as diastolic diastasis shortens and eventually disappears with increasing HRs [9, 10]. In

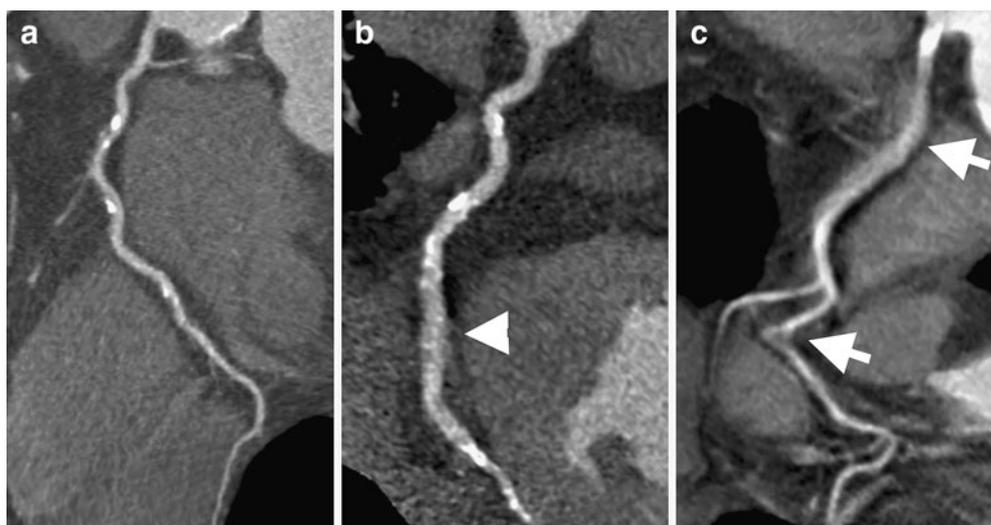


Fig. 1 Imaging examples of the different image quality scores. Curved multiplanar reformations of the right coronary arteries of (a) a 63-year-old man from group B (HR 74 bpm) showing no motion artefacts (score 1), (b) an 85-year-old man from group A (HR 76 bpm)

with slight motion artefacts of the distal segment of the RCA (score 2, *white arrowhead*) and (c) a 66-year-old woman from group A (HR 75 bpm) with non-diagnostic image quality of all segments due to severe motion artefacts (score 3, *white arrows*)

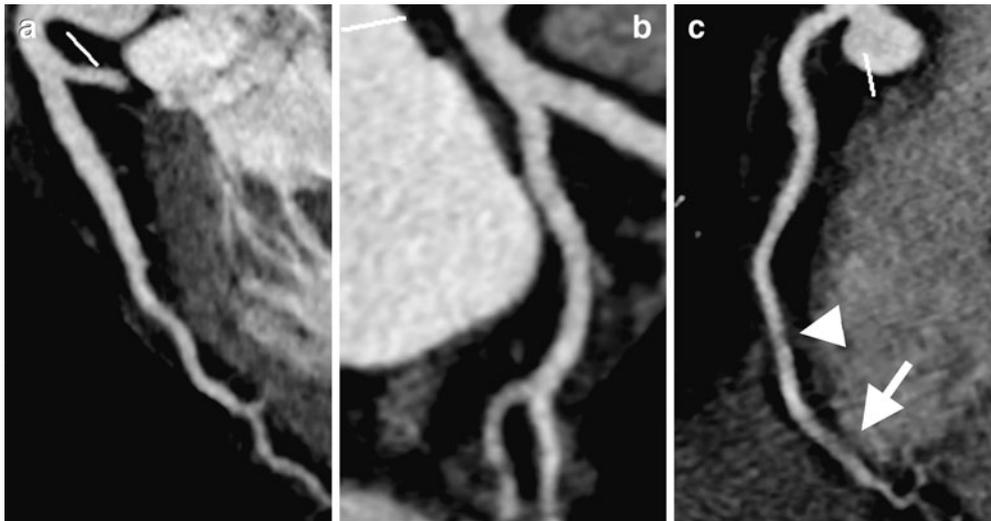


Fig. 2 Imaging example of a 42-year-old man (HR 73 bpm) referred for suspected aortic dissection. Cardiac image acquisition was triggered at 30% of the RR interval (group B). The left anterior descending (a) and circumflex (b) arteries show excellent image

quality. However the right coronary artery (c) shows slight blurring in the mid segment (score 2, white arrowhead) and non-diagnostic image quality of the distal segment (score 3, white arrow)

retrospectively ECG-gated 16-detector CTCA, Herzog et al. [11] found the optimal reconstruction window for the mid RCA to be at 59.4% of the RR interval at HR < 67 bpm and at 28.3% of the RR interval at HR > 67 bpm. Similarly, a shift of optimal image quality from diastolic to systolic reconstruction intervals in patients with high HRs is reported for 64-detector single-source as well as 64-detector dual-source retrospectively ECG-gated CTCA [12–18]. Using retrospectively ECG-gated DSCT, Adler et al. [17] found the optimal systolic phase of image reconstruction to be between 35% and 50% of the RR interval in patients with HR > 65 bpm and Araoz et al. [16] reported that optimal image sharpness of the coronary arteries is achieved at 65–70% of the RR interval in patients with HR ≤ 70 bpm and at 35–40% of the RR interval in patients with HR > 70 bpm.

For systolic image acquisition, we chose the 30% interval for initiation of imaging of the cranial-most slices of the heart, in order to achieve data acquisition of the mid to distal RCA—the segments most affected by motion artefacts [13]—within a range of 35–50% of the RR interval. Similarly, for diastolic image acquisition, initiation of CT data acquisition of the heart was chosen to begin at 60% of the RR interval.

Despite the fact that diagnostic image quality can be achieved in 97.2% of coronary segments by determining the beginning of cardiac data acquisition at 30% of the RR interval, a note of caution must be made. We found at least one non-diagnostic coronary segment due to motion artefacts in a relatively high percentage (30%) of patients. Thus, we recommend the following strategies in patients with higher HRs. When the primary indication of the CT study is the evaluation of coronary arteries, beta-blockers should be given to lower the HR, and the start of data acquisition should be set at 60% of the RR interval, as previously shown [6, 26]. When the coronary arteries are

not the primary purpose of the study in patients with high HRs, or when the administration of beta blockers is contraindicated or if the patient does not respond to beta blockers, then a start of data acquisition in systole at 30% of the RR interval would be a valuable option.

Radiation dose estimates

The minimised overlapping data acquisition at a high pitch value of 3.2 leads to a low radiation dose exposure of 2.3 mSv for a complete chest CTA. This radiation exposure is considerably lower than that obtained in routine non-ECG-gated chest CT of about 5–7 mSv [27, 28]. Furthermore, radiation exposure with high-pitch ECG-triggered CT is substantially lower than that with conventional 64-slice ECG-gated CT of the entire chest with reported values up to 17.8 mSv [29, 30].

Limitations

First, we applied a protocol with a tube voltage of 100 kV for all patients, and patients with a BMI of >30 kg/m² were excluded from the study. Obese patients may require adjustments in tube voltage or current in order to reduce image noise and obtain diagnostic image quality. Second, the semi-quantitative image quality scoring system may be influenced by subjectivity bias. However, image quality was evaluated by two independent readers, segments were defined as non-diagnostic regardless of opposing readings and the kappa values of 0.62 and 0.67 for groups A and B correspond to a good inter-observer agreement. Third, only motion artefacts as qualitative factors of impaired image quality were assessed. Blooming artefacts of calcifications may also lead to non-diagnostic image quality; however, the presence of calcifications is not attributable to the acquisition window, and this study was

Table 2 Coronary artery image quality of high-pitch CTA in group A (i.e. start of image acquisition at 60% of the RR interval). *RCA* right coronary artery, *LM* left main artery, *LAD* left anterior descending artery, *CX* circumflex artery, *IA* intermediate artery

Segment	RCA				LM	LAD				CX				IA		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Evaluated segments	40	40	40	39	40	40	40	40	40	40	39	37	38	34	23	5
Score 1	55%	30%	42.5%	69.3%	87.5%	75%	60%	62.5%	67.5%	60%	59%	51.4%	55.3%	79.4%	87%	80%
Score 2	25%	30%	27.5%	17.9%	10%	25%	40%	37.5%	32.5%	40%	35.9%	43.2%	39.4%	20.6%	13%	20%
Score 3	20%	40%	30%	12.8%	2.5%	-	-	-	-	-	5.1%	5.4%	5.3%	-	-	-

Table 3 Coronary artery image quality of high-pitch CTA in group B (i.e. start of image acquisition at 30% of the RR interval)

Segment	RCA				LM	LAD				CX				IA		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Evaluated segments	40	39	38	38	40	40	40	40	40	39	40	37	39	38	26	5
Score 1	77.5%	51.3%	57.9%	78.9%	100%	90%	60%	70%	67.5%	82.1%	62.5%	75.7%	76.9%	84.2%	73.1%	60%
Score 2	20%	33.3%	26.3%	21.1%	-	10%	40%	30%	32.5%	17.9%	32.5%	24.3%	20.5%	15.8%	26.9%	40%
Score 3	2.5%	15.4%	15.8%	-	-	-	-	-	-	-	5%	-	2.6%	-	-	-

aimed at the assessment of differences between two data acquisition windows. Finally, we did not assess diagnostic performance for the detection of coronary artery stenoses, as no cardiac catheterisation studies were available for comparison. Therefore, only differences in the presence and severity of motion artefacts between the two protocols could be evaluated and we cannot prove the accuracy of our scoring threshold of diagnostic image quality.

Conclusion

Our results suggest that a systolic window for data acquisition for high-pitch dual-source CTA in patients with high HRs (≥ 70 bpm) significantly improves the quality of coronary artery imaging. The radiation dose using the high-pitch acquisition mode is low at 2.3 mSv for CTA of the entire chest.

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