



Effects of a protracted induction of parturition on the incidence of retained placenta and assessment of uterine artery blood flow as a measure of placental maturation in cattle

Hartmann, D ; Honnens, A ; Piechotta, M ; Lüttgenau, J ; Niemann, H ; Rath, D ; Bollwein, H

Abstract: The objectives of the present study were to compare the effects of a protracted and a conventional induction of parturition on the incidence of retained placenta, and to evaluate the suitability of transrectal Doppler sonography of the uterine arteries as a noninvasive method for the assessment of placental maturation. Protracted induction of labor (PIP) was precipitated in 13 cows by the administration of 1.3 mg dexamethasone im twice daily between Days 268 and 273 of gestation, and 40 mg dexamethasone im on Day 274 of gestation. For conventional induction of labor (SIP), 10 cows received 40 mg dexamethasone on Day 274 of gestation. A third group was not treated and served as control (SPON; N = 11). Blood flow volume (BFV) and resistance index in the uterine arteries were measured with Doppler sonography once a day from Day 268 of gestation until labor. After each ultrasonographic examination, blood samples for determination of steroid hormones were taken. Incidence of retained placenta was lower ($P < 0.05$) in group SPON (9%) compared with groups PIP (54%) and SIP (70%). In the last 7 days before parturition uterine BFV and resistance index did not change ($P > 0.05$) and did not differ between groups SPON, PIP, and SIP ($P > 0.05$). Resistance index was higher ($P < 0.001$) in cows with retained placenta compared with cows with released placenta, and BFV did not differ ($P > 0.05$) between them. Total estrogen concentrations increased by 283% ($P < 0.001$) in group PIP and by 60% ($P < 0.05$) in group SPON between Days -7 and -1 before parturition. They stayed constant ($P > 0.05$) until Day -2 in group SIP, but increased ($P < 0.05$) after the high dosage of dexamethasone within 1 day by 140%. Total estrogen levels were higher ($P < 0.05$) in cows with released placenta than in cows with retained placenta. In conclusion, a protracted compared with a short induction of labor results in higher estrogen levels before term, but does not affect incidence of placental retention. Neither alterations in placental maturation nor changes in steroid hormones influenced uterine blood supply. Therefore, Doppler sonography of uterine arteries is unsuitable to investigate the process of placental maturation induced by glucocorticoids in cows. Nevertheless, disturbances in the placental maturation process in cows with retained fetal membranes after parturition can be detected before parturition by a higher uterine blood flow resistance in the uterine arteries.

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5
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20
21 **Abstract**

22
23 The objectives of the present study were to compare the effects of a protracted and a
24 conventional induction of parturition on the incidence of retained placenta, and to evaluate
25 the suitability of transrectal Doppler sonography of the uterine arteries as a non-invasive

26 method for the assessment of placental maturation. Protracted induction of labor (PIP) was
27 precipitated in 13 cows by the administration of 1.3 mg dexamethasone intramuscular
28 (i.m.) twice daily between Days 268 and 273 of gestation, and 40 mg dexamethasone i.m.
29 on Day 274 of gestation. For conventional induction of labor (SIP), 10 cows received 40
30 mg dexamethasone on Day 274 of gestation. A third group was not treated and served as
31 control (SPON, n = 11). Blood flow volume (BFV) and resistance index (RI) in the uterine
32 arteries were measured with Doppler sonography once a day from Day 268 of gestation
33 until labor. After each ultrasonographic examination, blood samples for determination of
34 steroid hormones were taken. Incidence of retained placenta was lower ($P < 0.05$) in group
35 SPON (9 %) compared to group PIP (54 %) and SIP (70 %). In the last seven days before
36 parturition uterine BFV and RI did not change ($P > 0.05$) and did not differ between groups
37 SPON, PIP and SIP ($P > 0.05$). Resistance index was higher ($P < 0.001$) in cows with
38 retained placenta (RET) compared to cows with released placenta (REL), whereas BFV did
39 not differ ($P > 0.05$) between them. Total estrogen (E_{tot}) concentrations increased by 283 %
40 ($P < 0.001$) in group PIP and by 60 % ($P < 0.05$) in group SPON between Days -7 and -1
41 before parturition. They stayed constant ($P > 0.05$) until Day -2 in group SIP, but increased
42 ($P < 0.05$) after the high dosage of dexamethasone within one day by 140 %. Total
43 estrogen levels were higher ($P < 0.05$) in REL than in RET cows. In conclusion, a
44 protracted compared to a short induction of labor results in higher estrogen levels before
45 term, but does not affect incidence of placental retention. Neither alterations in placental
46 maturation nor changes in steroid hormones influenced uterine blood supply. Therefore,
47 Doppler sonography of uterine arteries is unsuitable to investigate the process of placental
48 maturation induced by glucocorticoids in cows. Nevertheless, disturbances in the placental
49 maturation process in cows with retained fetal membranes after parturition can be detected
50 before parturition by a higher uterine blood flow resistance in the uterine arteries.

51

52 **Keywords:** Placental retention; Placental maturation; Induction of parturition; Dexa-
53 methasone; Cattle

54

55 **1. Introduction**

56

57 On large dairy farms, there is an increasing incidence of stillbirths due to difficulties with
58 calving management [1,2]. It has been shown that stagnation in parturition was the main
59 reason for stillbirth in cows besides of specific dystocia, such as malposition and uterine
60 torsion [2]. One method to reduce this problem is to terminate labor via hormonal
61 induction of parturition for a better supervision in calving animals, especially when
62 difficulties are expected. Conventionally used methods for the induction of parturition are
63 single treatments with corticosteroids and prostaglandins, respectively, to mimic the
64 naturally occurring endocrine events that trigger the onset of parturition in cattle [3,4].
65 Spontaneous parturition is induced by the release of cortisol from the fetus. Cortisol
66 stimulates the enzyme 17α -hydroxylase in the fetal membranes to catalyze the conversion
67 of progesterone (P_4) to estrogens. The increasing concentrations of estrogens lead to a
68 higher expression of oxytocin receptors, followed by a release of prostaglandins, which in
69 turn induce luteolysis and parturition [3,5]. It is also well documented that sexual steroid
70 hormones play an important role in placental development [5-9]. The maturation process of
71 the placentomes is very important for normal placental separation, and it is suggested that a
72 disturbance of the placental maturation is caused by a multifactorial event including
73 morphological, functional and endocrinological processes [10].

74 Exogenous induction of parturition by using a single treatment with either dexamethasone
75 or prostaglandin causes a high incidence of retained fetal membranes [11-13], which relies
76 on the failure to raise estrogens to concentrations similar to those measured during

77 spontaneously occurring parturitions in cows [14]. This perinatal imbalance or deficiency
78 of hormones results in an incomplete placental maturation [9,15,16].
79 Several attempts to modify the induction schedule achieved no effect on placental
80 maturation [14,17-19]. The first auspicious results in reducing the incidence of retained
81 fetal membranes in cows were observed in New Zealand [20]. It was demonstrated that a
82 pretreatment with long-acting corticosteroids had a positive effect on placental release. By
83 using this method, a lower incidence of retained fetal membranes was observed [4,17,19-
84 21]. Treatment with long-acting corticosteroids gained wide acceptance in New Zealand,
85 where dairy farming is highly seasonal and lactation needs to coincide with the maximum
86 availability of pasture [22]. In Germany and other European countries, this procedure is not
87 popular because, according to European law, the exogenous application of long - acting
88 corticosteroids is not allowed in food animals. An alternative in these countries is the
89 treatment with low doses of a corticosteroid like dexamethasone two times per day to
90 maintain consistently elevated levels of plasma cortisol, followed by a single treatment
91 with a high dose of this hormone [23].
92 However, in previous studies it was noticed that the repeated application of corticosteroids
93 during late pregnancy decreased ovine uterine and umbilical blood flow and consequently
94 placental and fetal growth [24,25]. Although there were some studies measuring uterine
95 blood flow in the last period of pregnancy in cattle [26-28], until now there are no data
96 about uterine blood flow in the last few days of pregnancy. It has been shown that the large
97 increase in transplacental exchange during the second half of gestation depends primarily
98 on uterine blood flow [29,30]. Placental maturation in the last term of pregnancy is
99 characterised by the formation of new vessels via angiogenesis [31] mainly by new fetal
100 villous trees in the centre of the placentomes [30].
101 Administration of corticosteroids for several days in late pregnancy of the cow might result
102 in a better hormonal preparation for parturition and therefore in a reduced incidence of

103 retained placenta. But uterine blood flow might be influenced through the repeated doses
104 of corticosteroids. Therefore, the objectives of the present study were to examine the
105 effects of a short and a protracted induction of parturition with exogenous corticosteroids
106 during the end of pregnancy on the release of the placenta and on uterine blood supply.

107

108 **2. Materials and Methods**

109

110 *2.1. Cattle*

111

112 Thirty-four primi- and pluriparous (n = 17 each), clinically healthy Holstein Friesian
113 (n = 24), German Black Pied (n = 8), Simmenthal (n = 1), and Red Holstein (n = 1) cows
114 with known breeding dates were examined at a research farm in Lower Saxony, Germany,
115 between June 2007 and December 2008. These cows were 3.2 ± 1.2 years old (range, 2 to
116 8), with a parity of 1.7 ± 1.0 (range, 1 to 5). Twelve days before their expected calving
117 date, cows were brought into stables with deep-straw bedding and fed a mixed ration (corn,
118 grass silage, ground corn, vitamins and minerals), with *ad libitum* access to water.

119

120 *2.2. Study design*

121

122 Cows were randomly allocated into three groups with spontaneously occurring parturition
123 (SPON, n=11), serving as control group, or short (SIP, n=10) and protracted (PIP, n=13)
124 inductions of parturition, respectively. Cows in group SIP received a single treatment with
125 40 mg dexamethasone (Dexamethason-Lösung®, cp-pharma, Burgdorf, Germany) on Day
126 274 post insemination (p.insem.). Because plasma cortisol starts to decrease after 2 to 4
127 hours after administration of dexamethasone [32], cows in PIP received 1.3 mg

128 dexamethasone twice daily on Days 268 to 273 p.insem., followed by a single treatment
129 with 40 mg dexamethasone on Day 274 p.insem. (all treatments were given i.m.; Fig. 1).
130 In group SPON, ultrasonographic examinations were performed every second day from
131 Days 268 to 276 p.insem., and starting on Day 276, once daily until the day of parturition.
132 Cows of groups SIP and PIP were examined once daily between Day 268 p.insem. and
133 parturition.
134 All cows were controlled every 4 h for signs of an imminent parturition. If cows did not
135 deliver the fetus within 2 h after the first visible signs of labor, the position and size of the
136 fetus was examined by transvaginal manual exploration of the birth canal. If indicated due
137 to the obstetric findings, assistance of parturition was provided. Calves were judged as
138 vital if they were able to stand and drink within the first 2 h after parturition. Birth weight
139 of 23 calves were determined (SPON, n = 5; PIP, n = 10; SIP, n = 8).
140 Depending on if cows expelled the fetal membranes within the first 12 h after calving or
141 not, they were defined as cows with released (REL) and retained placenta (RET),
142 respectively. During the first 5 d, the latter were treated once daily with 1.0 mg Ceftiofur
143 per kg body weight subcutaneous (Excenel® RTU, Pfizer AG, Zürich, Swiss) and were
144 examined once daily to record the time of placental separation.

145

146 *2.3. Measurement of uterine blood flow*

147

148 Ten minutes before each ultrasonographic examination, cows were treated epidurally with
149 70 mg procaine hydrochloride (Procasel 2%®; Selectavet, Weyarn-Holzolling, Germany)
150 to reduce rectal contractions. Transrectal ultrasonographic examinations of blood flow in
151 the main uterine arteries ipsi- and contralateral to the localization of the fetus were
152 performed using an ultrasound device (Toshiba SSH 370A, Toshiba Co., Tokyo, Japan),
153 equipped with a 7.5 MHz microconvex transducer. All examinations lasted approximately

154 30 min per cow and were performed always by the same person (DH) during the same
155 interval of the day (between 8 and 11 a.m.).
156 Uterine blood flow was investigated as described earlier [33]. All blood flow velocity
157 waveforms were obtained at an interrogation angle between Doppler ultrasonic beam and
158 blood flow direction of 20 to 60 degrees (Fig. 2). The observations were displayed on-line
159 and recorded on a DVD recorder (DV-RW260S; Sharp Electronics, Hamburg, Germany).
160 To study the intraobserver reproducibility both uterine arteries were examined in the first
161 three cows in 42 examinations for three times. The interval between each measurement in
162 the same vessel lasted approximately 1 to 15 min. For the off-line evaluation of blood flow
163 parameters an image analysis software (Pixelflux; Chameleon-Software, Leipzig,
164 Germany) was used. Two uniform consecutive waveforms with a maximum ratio between
165 diastolic and systolic frequency shift were selected for each investigation. Immediately
166 after the Doppler measurements the vessel diameters were calculated as the mean of three
167 diameters measured on frozen two-dimensional grey scale images. Blood flow volume
168 (BFV) was calculated by using the time-averaged maximum velocity over the cardiac cycle
169 (TAMV) and the vessel diameter (D), according to the following equation: $\text{BFV (mL /$
170 $\text{min) = TAMV (cm / min) \times (D / 2 (cm))^2 \times \pi$. The resistance index (RI) was calculated as
171 the ratio of the difference between peak systolic frequency shift (PSF) and end-diastolic
172 frequency shift (EDF) to PSF: $\text{RI} = (\text{PSF} - \text{EDF}) / \text{PSF}$ (Fig. 2).

173

174 *2.4. Determination of steroid hormones*

175

176 Blood samples were collected from the coccygeal blood vessels into tubes containing
177 potassium-EDTA (S-Monovette®; Sarstedt, Nümbrecht, Germany). Plasma was separated
178 by centrifugation (4000 x g, 10 min) of blood samples within 20 min after collection.
179 Samples were stored frozen at -20 °C until analyses of endocrine parameters. All hormone

180 analyses were performed in duplicates and a difference < 10 % between the results were
181 considered to be acceptable and the mean value was used for further calculations.

182 Plasma progesterone concentrations were measured using a sequential competitive
183 chemiluminescence enzyme immunoassay (IMMULITE® 1000; Siemens, Los Angeles,
184 USA), with a lower detection limit of 0.6 nmol/L. The intra- and interassay coefficients of
185 variation (CV) were 16.0%, 8.1%, and 6.3% for control sera with low (<1 ng/mL), medium
186 (4 ng/mL), and high (8 ng/mL) progesterone levels.

187 Total estrogens (E_{tot}) were measured after extraction from plasma (300 μ l) with ether by a
188 direct enzyme-immunoassay (EIA) on microtiter plates using a secondary antibody coating
189 technique and horseradish peroxidase as the enzyme label. The EIA was previously
190 validated and described [34,35]. For analysis an antibody (antigen: estradiol-17²-
191 hemisuccinate bovine serum albumin) reacting with estradiol-17² (100 %), estrone
192 (100 %) and estradiol-17 \pm (66 %), was combined with estradiol-17²-hemisuccinate
193 horseradish peroxidase, used as steroid-enzyme conjugate. The EIA method was validated
194 in the Endocrinology Laboratory of the Clinic for Cattle, University of Veterinary
195 Medicine, Hannover for bovine plasma by analyzing plasma samples of cows spiked with
196 known amounts of 20 and 40 pg/ml 17²-estradiol. The intra-assay and inter-assay CV%
197 was calculated by repeated measurements of twenty bovine plasma samples within one test
198 routine and within different days. The minimal detectable concentration was 8 pg/ml. The
199 recovery was 84.6 and 96.2 %, the intra-assay CV% was 11.0 % and the inter-assay
200 19.6 %.

201 Plasma cortisol concentrations were measured using a competitive chemiluminescent
202 enzyme immunoassay (IMMULITE® 1000 Cortisol, Siemens, Los Angeles, USA) with a
203 lower detection limit of 5.5 nmol/L and intra- and interassay CVs of < 8.8 % and < 10 %,
204 respectively. According to the information of the manufacturer, there is no cross - reaction
205 between plasma cortisol and dexamethasone.

206

207 2.5. Statistical Analysis

208

209 All statistical analyses were done with the Statistical Analysis System V9.1 (SAS Institute
210 Inc., Cary, NC, USA) and SPSS 15.0 (SPSS, Chicago, IL). Since data of BFV, RI,
211 progesterone, estrogens and cortisol were normally distributed (Shapiro-Wilk test), they
212 were presented as means \pm SD. Blood flow volume, RI, progesterone, estrogens and
213 cortisol as well as changes in time-interval of progesterone were compared between groups
214 and days and between RET and REL cows using the Student's *t*-test. Also differences in
215 BFV and RI in uterine arteries ipsi- and contralateral to the fetus and between cows with
216 retained and released fetal membranes, as well as differences between parity of the cows
217 were evaluated by Student's *t*-test. Effects of breed in BFV and RI in uterine arteries could
218 not be determined, because the number of animals of some breeds was too small.
219 Furthermore, the relationships between BFV and RI, BFV and birth weight of the calves,
220 as well as RI and birth weight were investigated by calculating Pearson's correlation
221 coefficients (*r*). Results with positive or negative correlation coefficients of ≤ 0.20 were
222 interpreted as low or no correlation, between 0.21 and 0.50 as weak correlations, between
223 0.51 and 0.80 as moderate correlations and ≥ 0.81 as good correlations. The variability of
224 plasma progesterone and cortisol concentrations between groups was expressed as the
225 coefficient of variation (CV). One-way ANOVA for repeated measurements with a
226 saturated model of the fixed factor group and RET and REL was used to evaluate trends
227 overtime for Progesterone, Estrogens and Cortisol. Incidence of retained placenta was
228 compared between groups using Chi-square distribution. Differences and relationships
229 with $P \leq 0.05$ were considered significant. Intraobserver reproducibility of Doppler
230 measurements results were expressed as coefficient of variation (CV) and intra-
231 classcorrelation coefficients (ICC) as described earlier [36].

232

233

234 **3. Results**

235

236 *3.1. Clinical findings*

237

238 Gestation length in cows of group SPON was 282 ± 4.1 d (range 278 to 289 d, n = 11). In
239 group SIP, eight cows calved on Day 276 and two cows on Day 277 p. insemin. (30 to 70
240 hours after treatment with 40 mg dexamethasone). In group PIP, nine cows calved on Day
241 275 (24 to 36 hours after treatment with 40 mg dexamethasone), three cows between Days
242 272 and 274, and one cow on Day 276 p. insemination.

243 Parturition of all cows in group PIP that calved on Day 275 was during daytime (6 a.m. to
244 8 p.m.), whereas cows in groups SPON and SIP calved during daytime (n = 9) or nighttime
245 (8 p.m. to 6 a.m.; n = 12).

246 Obstetrical assistance was required in two cows of groups SPON, SIP, and PIP,
247 respectively. Four cows (SPON: 1, SIP: 2, PIP: 1) needed slight (traction force of one
248 person) and one cow (SPON) tight assistance (traction force of two people). In one cow
249 (PIP), the position of the calf with the head tucked back had to be corrected.

250 Retained fetal membranes were observed in 1 of 11 (9 %) cows of group SPON, 7 of 10
251 (70 %) of group SIP and 7 of 13 (54 %) of group PIP. Incidence of retained placenta was
252 lower ($P < 0.05$) in group SPON compared with group PIP and SIP. No differences
253 ($P > 0.05$) were found between group PIP and SIP. The abruption of placenta occurred in
254 all cows with RET 3 to 8 d after parturition. All cows with RET showed a metritis of grade
255 I according to SHELDON et al. [37] within two days after parturition.

256 In group SPON two calves died, one during the calving process because of a prolonged and
257 difficult labor (traction force of two people for more than 30 minutes) and one was already

258 dead, when the cow was examined to check the presentation of the calf in the birth canal.
259 In groups SIP and PIP no calf died, but two and one, respectively, needed nursing
260 assistance.
261 At birth, ten of the weighted calves were male (m) and 13 female (f). The average birth
262 weight was 42.5 ± 3.9 kg. The male calves were heavier than females (range 36 to 52 kg;
263 m: 44.5 ± 3.8 , f: 41.1 ± 3.4 , $P < 0.05$). Birth weight of calves in group SPON (39.1 ± 1.0 ;
264 m = 1, f = 4) was lower ($P < 0.05$) compared with calves in groups SIP (42.7 ± 3.3 ; m = 6,
265 f = 2) and PIP (44.2 ± 4.3 ; m = 3, f = 7), respectively. No effects ($P > 0.05$) of birth weight
266 of the calves on the time of release of the placenta could be found. Calves from cows with
267 RET had an average birth weight of 42.8 ± 4.3 kg (n = 12), calves from cows with REL
268 weighed 42.3 ± 3.6 kg (n = 11).

269

270 3.2. Uterine blood flow

271

272 CV and intra-class correlation coefficient values concerning the intraobserver repeatability
273 of BFV and RI measurements were 1% and 0.97, respectively. Values for blood flow
274 volume and RI did not change ($P > 0.05$) during the last seven days before parturition
275 within cows, neither the values in the ipsi- and contralateral side nor the sum values for
276 BFV or mean values of RI of both sides (Tab. 1 and 2).

277 In all groups, BFV was lower ($P < 0.001$) and RI was higher ($P < 0.003$) in the contra-
278 compared to the ipsilateral uterine arteries. There were no differences ($P > 0.05$) in BFV
279 and RI between groups SPON, SIP, and PIP.

280 Resistance index was higher ($P < 0.05$) in RET compared to REL cows, whereas BFV did
281 not differ ($P > 0.05$) between RET and REL cows (Tab. 3).

282 There were moderate negative correlations between BFV and RI (r e -0.54; $P < 0.001$)
283 between Days -7 and -1. No correlation ($P > 0.05$) was observed between BFV and the

284 birth weight of the calves (Fig. 3a), but there was a weak positive correlation ($r = 0.46$, $P <$
285 0.05) between RI and birth weight (Fig. 3b). No effects ($P > 0.05$) of parity of cows on
286 BFV- and RI values were found.

287

288 3.3. Steroid hormones

289

290 3.3.1. Progesterone

291

292 Plasma P_4 concentrations decreased between Days -7 and -1 before parturition ($P < 0.05$)
293 in cows of groups SPON, SIP, and PIP by 46, 20 and 59 %, respectively (Fig. 4). The
294 relative changes between Days -7 and -1 did not differ ($P > 0.05$) between groups. The P_4
295 concentrations were higher ($P < 0.05$) in PIP than in SPON and SIP. Between groups the
296 CV for concentrations ranged between Days -7 and -1 from 17 to 64 %. An effect of time
297 ($P < 0.05$) on P_4 concentrations were found in REL- and RET cows, but no differences
298 ($P > 0.05$) between both groups of cows (Figure 7).

299

300 3.3.2. Total estrogens

301

302 Concentrations of E_{tot} in group SPON increased ($P < 0.05$) between Days -7 and -1 by
303 60 %. In group SIP, E_{tot} did not change ($P > 0.05$) between Days -7 and -2, but increased
304 ($P < 0.05$) after treatment with dexamethasone by 140 % between Days -2 and -1. In group
305 PIP, E_{tot} increased ($P < 0.001$) continuously between Days -7 and -1 by 283 % (Figure 5).
306 Between Days -4 and -2, E_{tot} was higher ($P < 0.05$) in SPON than in SIP cows.
307 Concentrations of E_{tot} in PIP were higher ($P < 0.05$) than in SIP between Days -3 and -1
308 and higher ($P < 0.05$) than in SPON on Day -1. On Days -7 to -5 E_{tot} concentrations were
309 higher ($P < 0.05$) in REL than in RET cows (Figure 8). Estrogen levels showed changes in

310 REL as well as in RET cows ($P < 0.001$). In tendency ($P = 0.069$) E_{tot} concentrations were
311 higher in REL- than in RET cows.

312

313 3.3.3. Cortisol

314

315 There were high variabilities of cortisol concentrations between groups ranging from 7 to
316 83 % between Days -7 and -1. Plasma cortisol concentrations in cows of group SIP
317 decreased ($P < 0.05$) between Days -2 and -1 (following treatment with dexamethasone) by
318 22 %. In cows of group PIP they decreased ($P < 0.05$) by 21 % between Days -7 and -6 and
319 stayed on a low level during dexamethasone treatment (Figure 6). Between Days -6 and -1
320 cortisol concentrations were lower ($P < 0.05$) in PIP cows compared to SPON and SIP
321 cows. On Day -1, cortisol was lower ($P < 0.05$) in SIP than in SPON cows. No time-
322 dependent changes ($P > 0.05$) and no differences ($P > 0.05$) in plasma cortisol
323 concentrations were found within and between REL and RET cows, respectively
324 (Figure 9).

325

326 4. Discussion

327

328 In group PIP, 70 % of cows calved 24 to 36 h after the last treatment with dexamethasone
329 on daytime between 6 am and 8 pm. Similarly, in a previous study, the use of a long-acting
330 corticosteroid 4 to 6 days prior to induction of parturition with dexamethasone resulted in a
331 more predictable calving time compared to the induction of parturition by a single
332 treatment using one shot of a high dosage of a glucocorticoid [4]. Therefore, a protracted
333 induction of parturition allows a better calving management and may therefore lead to a
334 lower stillbirth rate of calves.

335 In the control group, the incidence of stillbirth was 5.8 %, being within the normal range in
336 dairy cows [2]. Furthermore, the average birth weight of the calves in the present study
337 was consistent with results in untreated cows [2], probably due to the temporal coincidence
338 of the day of birth induction (Day 274 of parturition) and to the normal ending of the
339 gestation period.

340 In the present study, 54 % of cows in group PIP had a retained placenta compared to 70 %
341 in group SIP. Previous studies found that a conventional induction of parturition with a
342 single application of corticosteroids or prostaglandin resulted in a high incidence of
343 retained placenta up to 93 % [13-15,38], which has detrimental effects on postpartum
344 fertility [4,39] and milk yield [40]. Therefore, subsequent studies aimed to reduce the high
345 incidence of retained placenta in induced animals. It was found that in late pregnancy the
346 application of a long acting corticosteroid formulation followed by the administration of
347 short acting corticosteroid several days later resulted in a lower incidence of retained fetal
348 membranes [4,17-20]. The decisive factor for placental separation seems to be the variable
349 interval from application of a long acting corticosteroid and the subsequently administered
350 short acting corticosteroid. Some studies have shown that a minimum pre-treatment period
351 of six days with corticosteroids is necessary to obtain a significant effect on placental
352 maturation and therefore on placental release [4,18,20,22]. In this period of time the
353 placenta required exposure to exogenous corticosteroids to ensure the physiological
354 maturation process that would allow induction of parturition without retention of the fetal
355 membranes [17]. Therefore, a pretreatment interval of six days was chosen in the present
356 study.

357 The blood flow volumes and RI values did not change in the last seven days of pregnancy.
358 In previous studies, significant increases in blood flow of both uterine arteries throughout
359 gestation [27,41,42], steeping mainly during the last two-thirds of pregnancy [27], as well
360 as no differences in uterine blood flow during the last third of pregnancy [28] were

361 observed. The large increases in uterine blood flow during the last half of gestation were
362 explained by the continuously increasing demands of the fetus [42]. We hypothesize that
363 the constant uterine blood flow during the last days of pregnancy in the present study was
364 due to a maximum blood flow capacity of uterine arteries. Therefore, it seems that the
365 considerable increase in transplacental exchange at the end of pregnancy is not maintained
366 by an increase in uterine blood flow, but by an increase in placental function associated
367 with a vast growth of placental vascularity [29,42]. In addition, a limitation of blood flow
368 capacity and therefore of the fetal supply could be a possible stress factor that may be
369 jointly responsible for the induction of birth.

370 Mean BFV values in the last days before parturition were consistently higher and RI values
371 lower in the uterine artery located ipsilateral to the pregnant uterus horn compared to
372 values measured in the uterine artery contralateral to the fetus. These results are in
373 agreement with findings of previous studies [27,28,43]. They may be associated with the
374 increasing demands of the fetus during the last two-thirds of pregnancy [42]. Another study
375 attributed these observations to the fact that the pregnant horn contains more and larger
376 placentomes than the non-pregnant horn [44].

377 Resistance index was significantly higher in the last days of pregnancy in RET compared
378 to REL cows. This is probably due to the fact that the physiological ablation process of the
379 fetomaternal adherence in cows with retained placenta failed. Physiologically, this loss of
380 adherence occurs only after the placentome has undergone a process of maturation [10,45].
381 During this maturation process, vasculo-syncytial configurations are formed [10], which
382 may result in a lower resistance index, and consequentially lead to a reduced incidence of
383 retained fetal membranes.

384 In a previous study, a good correlation between BFV and birth weight of the calves was
385 noticed in the last third of pregnancy [46]. In the present study, however, no correlation
386 between BFV and birth weight, which is probably due to the fact that there was no increase

387 in uterine blood flow in the last seven days of gestation. Surprisingly, a positive correlation
388 was detected between RI and birth weight in the last days before parturition. In contrast,
389 studies in women found a high negative relationship between resistance index in the
390 uterine arteries and birth weight of babies during the first trimester and during 19 to 23
391 weeks of pregnancy, respectively [47,48]. This finding may be associated with the size of
392 the uterus in the last stage of pregnancy; a heavier and therefore larger calf may lead to
393 stretching of uterine vessels and thus create a higher resistance to blood flow.

394 In the present study, progesterone levels in group PIP declined during the glucocorticoid
395 treatment by 59 % until parturition. The fact, that progesterone concentrations between
396 Days -7 and -1 were higher in PIP than in SPON and SIP could not be clarified. A possible
397 explanation might be the high inter-individual variability between animals. Nevertheless,
398 the relative changes in this time interval did not differ between groups.

399 Total estrogen concentrations in group SPON increased by 60 % between Days -7 and -1.
400 Physiologically, estrogen concentrations in the maternal peripheral circulation start to
401 increase in the last few days before parturition and decline rapidly to zero level post
402 partum [5]. Total estrogens in group PIP increased by 283 % between Days -7 and -1,
403 whereas E_{tot} in group SIP increased by 140 % within one day (Day -2 to -1). It was noticed
404 that estrogens play an important role in the maturation of placentomes [5,8,16,49]. In
405 agreement with previous studies we found that estrogen concentrations were lower in RET
406 compared to REL cows [8,49].

407 Plasma cortisol concentrations showed a high variability in group SPON and SIP, which
408 may be due to handling stress, since cortisol is recognized as a stress hormone [5]. In group
409 PIP plasma cortisol concentrations decreased after the first application of dexamethasone
410 and remained on a low level during dexamethasone treatment. This phenomenon is based
411 on the negative feedback on hypothalamo-pituitary-adrenal function [50]. Moreover,
412 maternal exposure to exogenous glucocorticoids can lead to permanent modification of

413 fetal hypothalamo-pituitary-adrenal function [50]. Other studies have shown that the
414 exogenous administration of glucocorticoids has been associated with increased
415 susceptibility to infectious diseases in cattle [51,52]. However, the immunosuppressive
416 effect is dependent upon the dose of dexamethasone administered. Thus, the authors found
417 little variations in haematological parameters when a dose of 0.3 mg/kg for three days was
418 applied [53]. In the present study 0.004 mg/kg over six days followed by a single dose of
419 0.07 mg/g was given. Further investigations are necessary to evaluate the effects of a
420 protracted administration of glucocorticoids on the immune system and on the
421 hypothalamo-pituitary-adrenal function in cattle.

422

423 *Conclusions*

424

425 In conclusion, a protracted induction of parturition with the use of repeated treatments with
426 low doses of corticosteroids for six days followed by one single treatment with a high dose
427 of this hormone will result in higher estrogen levels before term, but does not affect uterine
428 blood flow volume and the incidence of retained placentas. Nevertheless, the resistance
429 index was higher in RET compared to REL cows, therefore disturbances in the placental
430 maturation process in cows with retained fetal membranes after parturition can already be
431 detected before parturition.

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433

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435

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438

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List of figures

Figure 1: Treatment schedule of cows with spontaneous parturition (SPON, n = 11), as well as short (SIP, n = 10) and protracted (PIP, n = 13) induction of parturition: Cows in group SIP received a single treatment with 40 mg dexamethasone on Day 274 post insemination (p.insem.), cows in PIP received 1.3 mg dexamethasone twice daily on Days 268 to 273 p.insem., followed by a single treatment with 40 mg dexamethasone on Day 274 p.insem. Ultrasonographic examinations were performed in group SPON every second day from Days 268 to 276 p.insem., and starting on Day 276, once daily until the day of parturition. Cows of groups SIP and PIP were examined once daily between Day 268 p.insem. and parturition.

Figure 2a and b: Doppler flow mapping of blood flow in the uterine artery ipsilateral to the conceptus in a cow with protracted induction of parturition (Fig.2a) and spontaneous parturition (Fig.2b) on Day 272 of pregnancy; left side of both pictures: spectral Mode showing pulse waves; right side of both pictures: blood flow shown in colour Mode.

Figure 3a: Relationship between birth weight of calves (n = 23) and blood flow volume (BFV in L/min) of uterine arteries in cows with spontaneous parturition (SPON, n = 5), short (SIP, n = 8) and protracted (PIP, n = 10) induction of parturition. The summation (sum) of BFV values of the uterine arteries ipsi- and contralateral to the conceptus are used.

26 *Figure 3b:* Relationship between birth weight of calves (n = 23) and resistance index (RI) of
27 uterine blood flow in cows with spontaneous parturition (SPON, n = 5), short (SIP, n = 8) and
28 protracted (PIP, n = 10) induction of parturition. Mean RI values of the uterine arteries ipsi- and
29 contralateral to the conceptus are used.

30

31 *Figure 4:* Plasma progesterone (P_4) concentrations in cows with spontaneous parturition
32 (SPON), as well as short (SIP) and protracted (PIP) induction of parturition. Between Days -7
33 and -1 before parturition, P_4 concentrations were higher ($P < 0.05$) in PIP than in SPON and
34 SIP. There was an effect of time ($P < 0.001$) and group ($P < 0.05$).

35 * Difference between group PIP ($P < 0.05$) and SPON and SIP.

36

37 *Figure 5:* Differences in plasma concentrations of total estrogens in cows with spontaneous
38 parturition (SPON), as well as short (SIP) and protracted (PIP) induction of parturition. There
39 was an effect of time ($P < 0.001$) and group ($P < 0.05$).

40 * Differences between group PIP ($P < 0.05$) and SPON (Day -1) and SIP (Day -3 to -1) on the
41 day indicated.

42 # Differences between group SPON ($P < 0.05$) and SIP on the day indicated.

43 a, b Differences between days ($P < 0.05$) in group SPON and PIP (a) and SIP (b)

44

45 *Figure 6:* Plasma cortisol concentrations in cows with spontaneous parturition (SPON), as
46 well as short (SIP) and protracted (PIP) induction of parturition. There was an effect of time
47 ($P < 0.05$) and group ($P < 0.05$).

48 * Differences between group PIP ($P < 0.05$) compared with SPON (Day -6 to -1) and SIP
49 (Day -6 to -2) on the day indicated.

50 # Differences between group SIP ($P < 0.05$) and SPON on the day indicated

51 a, b Differences between days ($P < 0.05$) in group SPON and PIP (a) and SIP (b)

52

53 *Figure 7:* Plasma progesterone concentrations in cows with released (REL) and retained
54 placenta (RET). There was an effect of time ($P < 0.05$), but no effect of group ($P > 0.05$).

55

56 *Figure 8:* Plasma concentrations of total estrogens in cows with released (REL) and retained
57 placenta (RET). There was an effect of time ($P < 0.05$) and in tendency ($P = 0.069$) higher
58 total estrogen concentrations in cows of REL compared to cows of group REL.

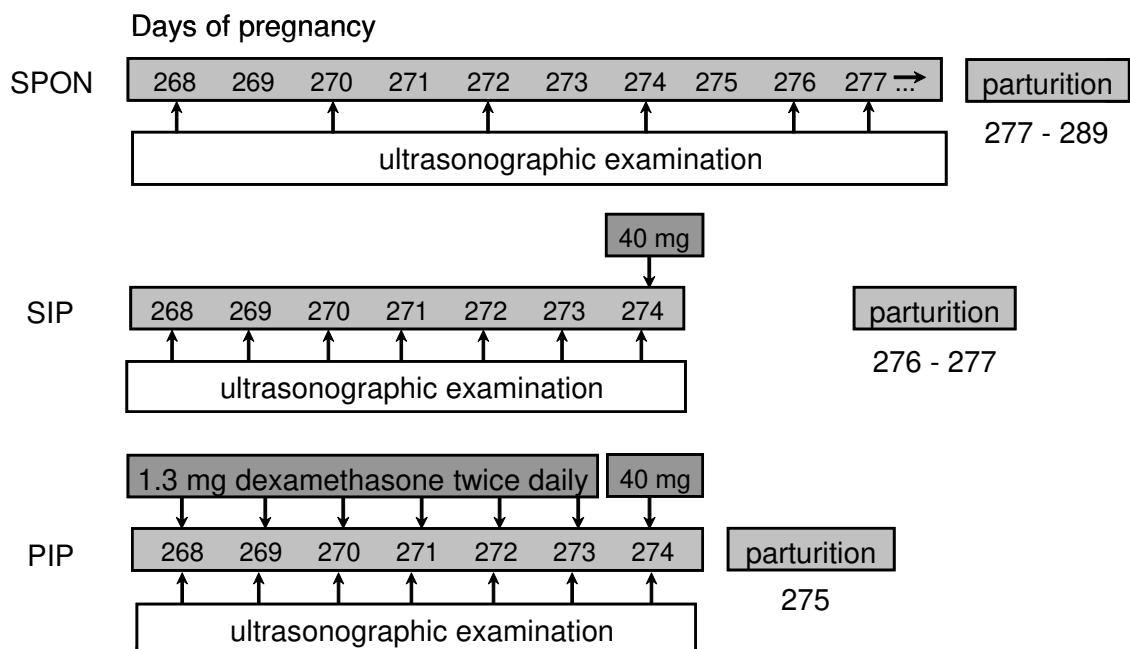
59 * Differences between REL ($P < 0.05$) and RET (Day -7 to -5) on the day indicated.

60

61 *Figure 9:* Plasma cortisol concentrations in cows with released (REL) and retained placenta
62 (RET). There was neither an effect of time ($P > 0.05$), nor an effect of group ($P > 0.05$).

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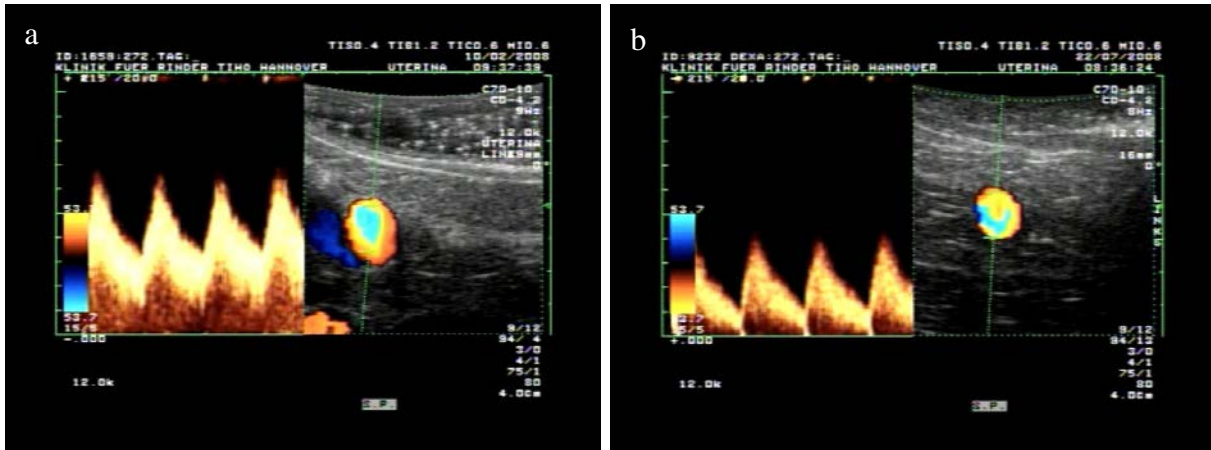
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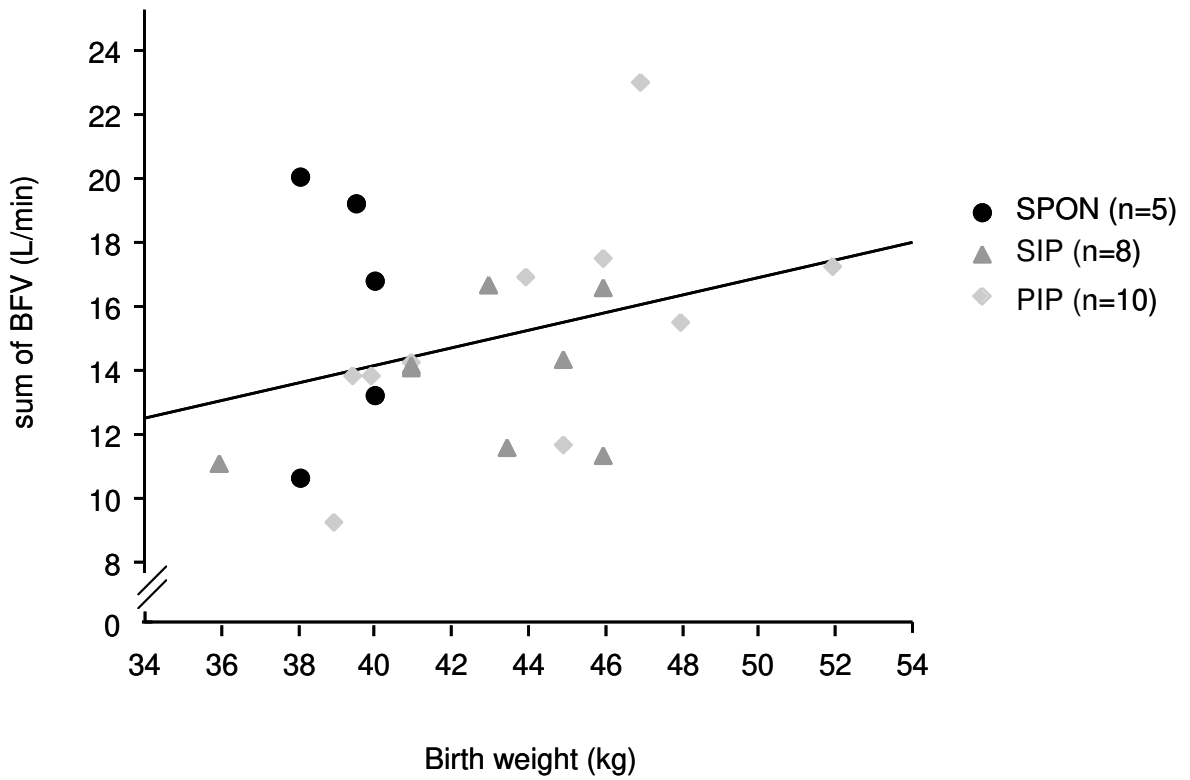
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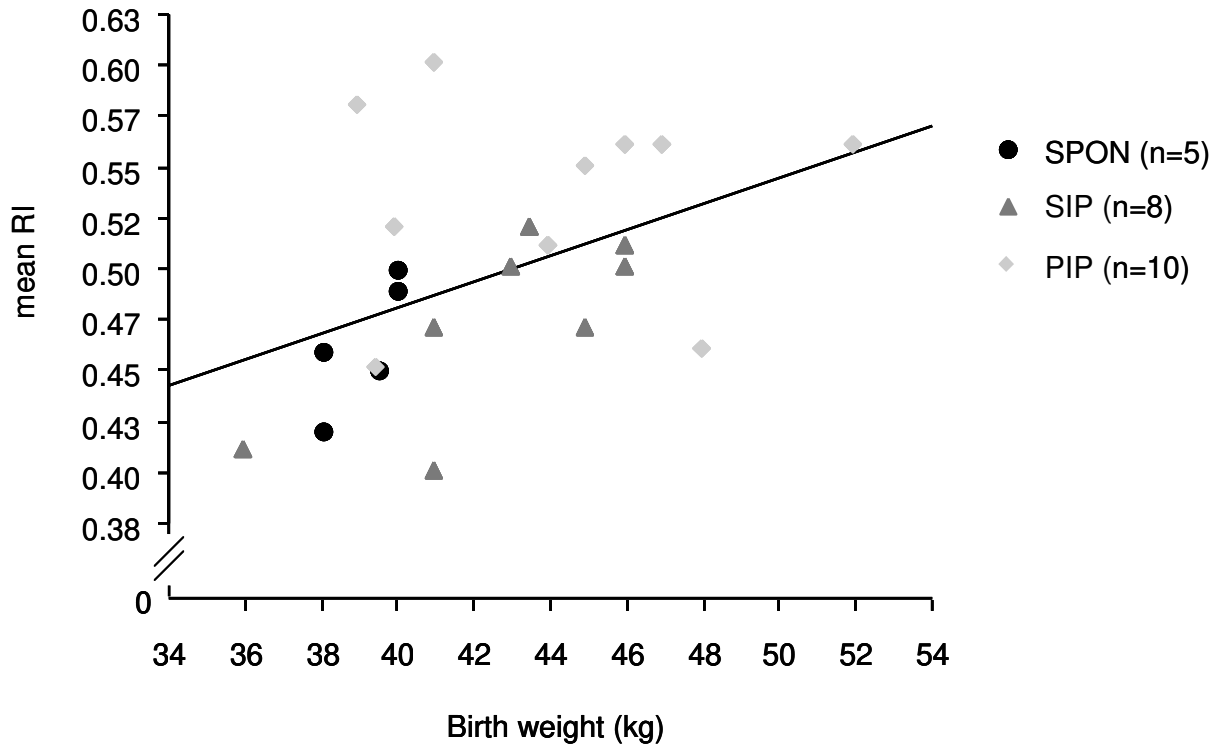


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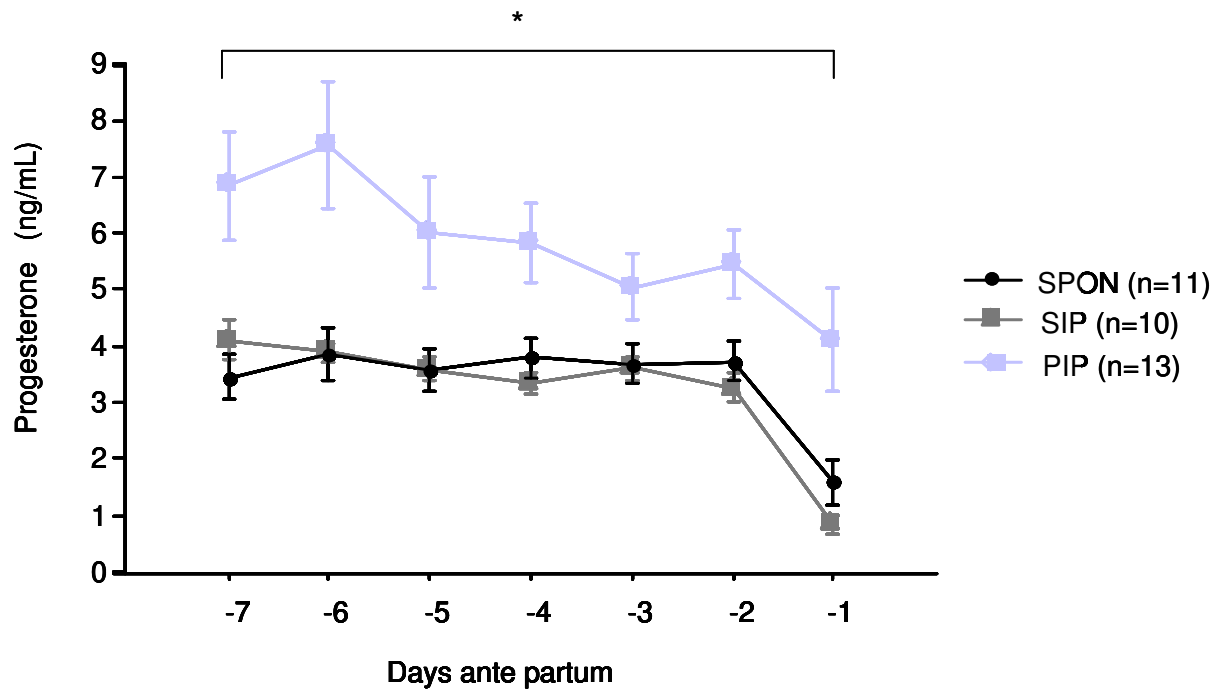
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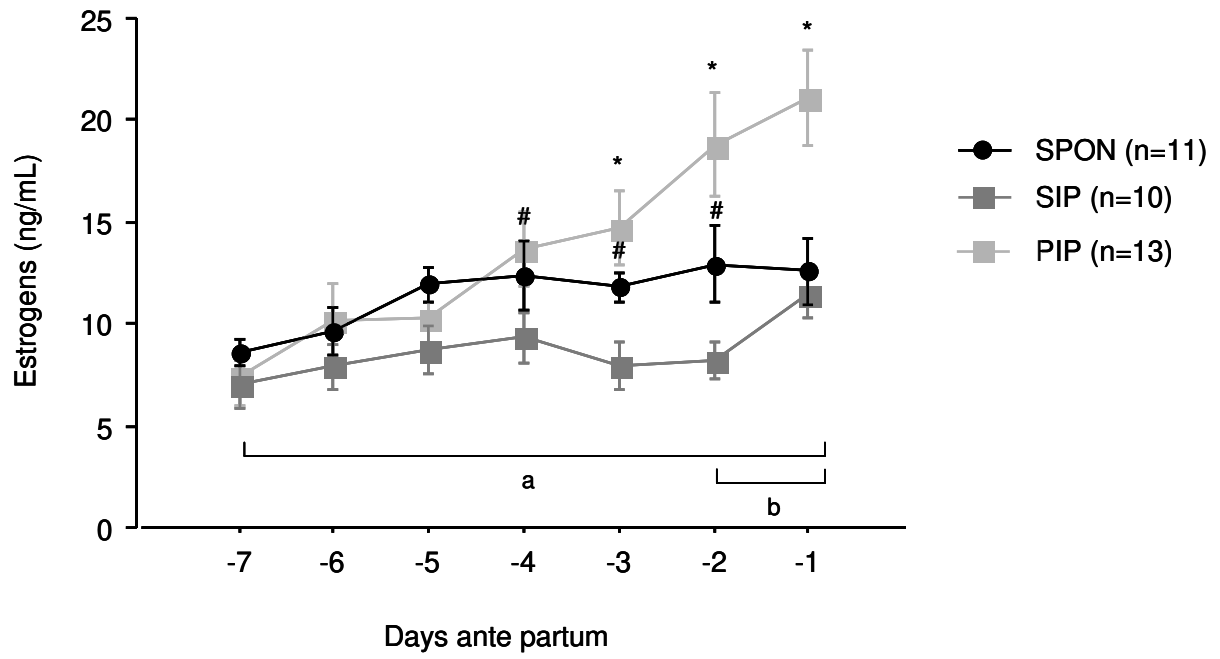
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Figure 3b

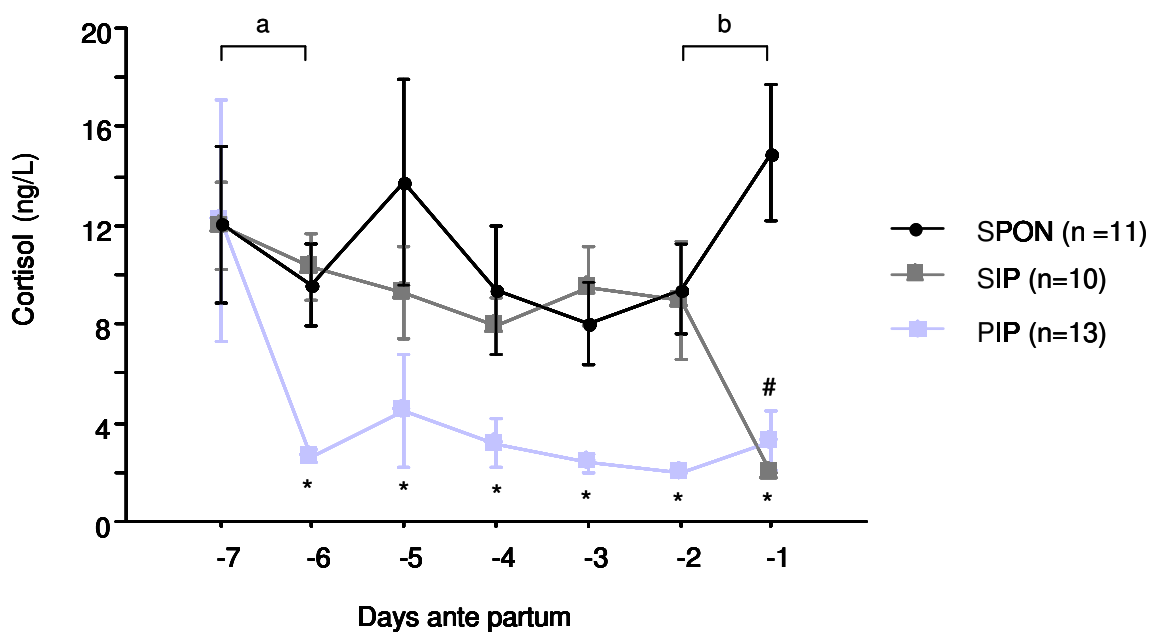


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Figure 4

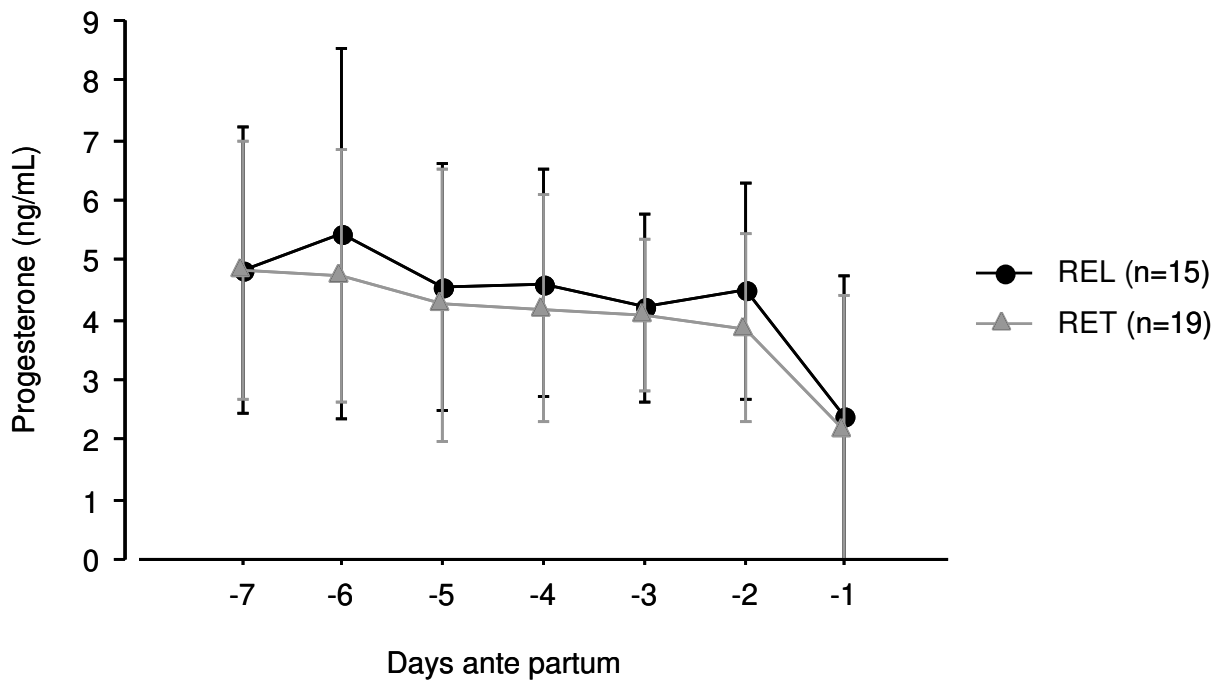


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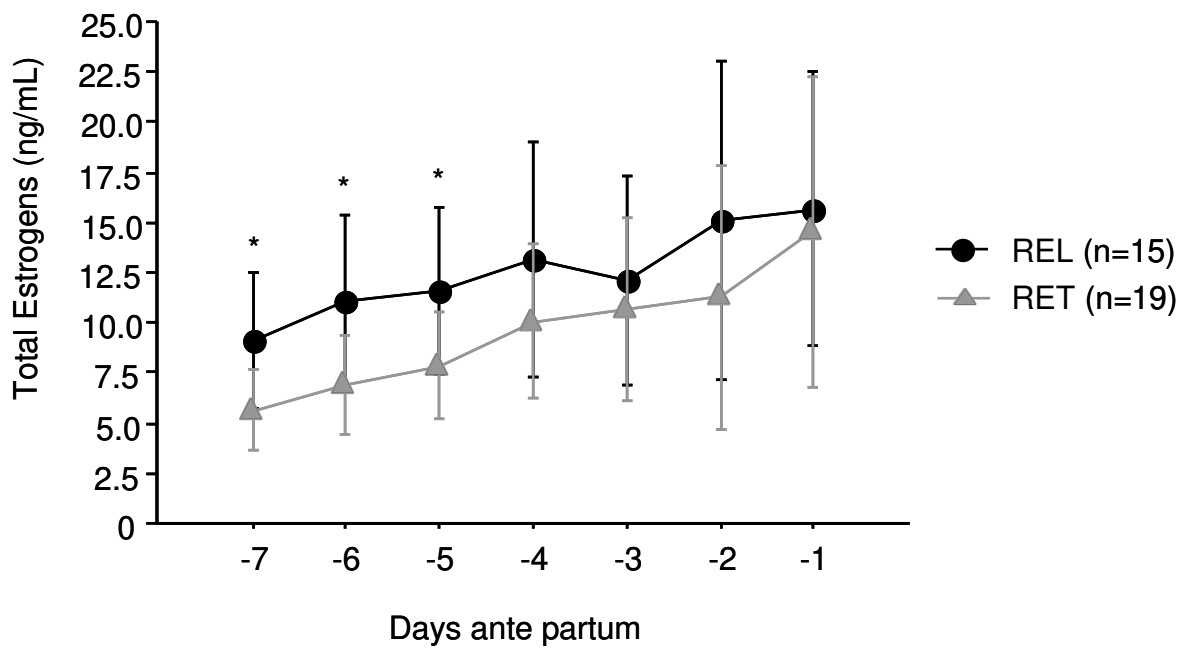


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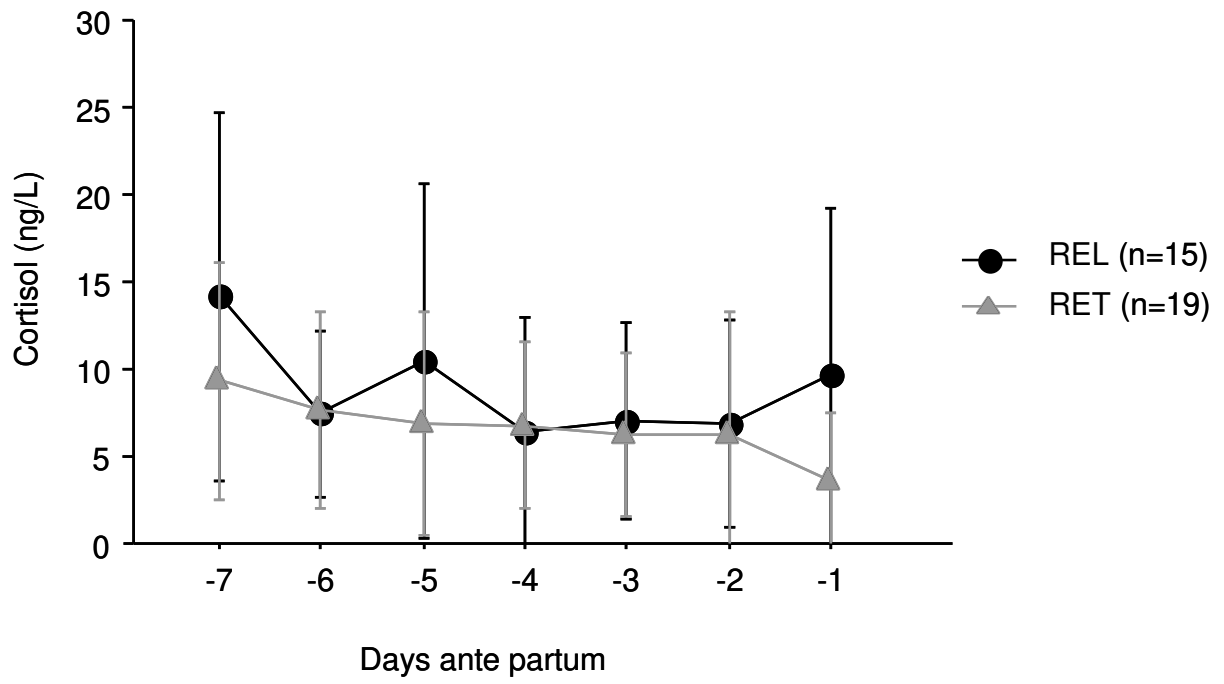
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99 Figure 8

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102 Figure 9